

Restrictions on Competitor Dress

Introduction

Competitors dress restrictions are based on the following guiding principles:

- Dancesport has important artistic elements, which grooming and dress should enhance but not dominate.
- Adjudicators should not be distracted by unusual or outrageous grooming and dress, from assessing each couple's demonstration of their relative technical skill, artistry, and floorcraft.
- Further dress restrictions are imposed on juvenile competitors and lower grade couples so as to ensure that:
 - Entry into competition should be as accessible to as many people as possible.
 - The cost of entry should be as cheap as possible relative to the minimum standard of dress required for competition.
 - At the outset, the emphases for competitors should be on ability, not dress. As competitors move through the grades more emphasis is given to grooming and dress but never to the exclusion of ability.
 - During the formative period of their introduction to dancesport, new competitors and in particular juvenile competitors (as well as their parents and teachers), should have virtually no other consideration than to develop their technical ability.
 - The health of juvenile competitors does not suffer because of inappropriate footwear.

General Provisions

1. Couples who breach the competition dress rules while competing in an event are liable to disqualification from that event
2. Competitors in juvenile events must comply with all of the dress regulations set out in the 'Juvenile Dress Restriction', separate document.
3. The attention of parents of juvenile competitors is particularly drawn to these regulations, and to the fact that a breach of these rules is unfair to other competitors who have abided by the dress regulations.
4. Competitors in junior, youth, adult and masters events must comply with the "Dress Regulations" section for "**Junior**" and "**Youth – Adult – Masters**".

5. Competitors in all Recreational Division events must comply with the “Dress Regulations” section for **“Recreational Division Restricted Dress”**.
6. Formation teams have the following dress restrictions:
 - For Standard and New Vogue the men's attire must be midnight blue or black.
 - For Latin, the men's attire may include colours, but all of the men must have the same colour of attire. No props are allowed.

Application of this Policy

It is the responsibility of parents and coaches to ensure that competitors adhere to and understands these dress restriction requirements. During the conduct of any registered event, it is the responsibility of the promoter to remind competitors of their obligations to adhere to the dress restrictions. Adherence to the requirements during the course of an event is the responsibility of the Chairman of Adjudicators. Competitors who do not comply with the requirements must be informed, and will not be permitted to compete in the next round of competition if they are unable to meet the requirements.

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JUNIOR Grades B, C and A

LATIN - STANDARD - NEW VOGUE

GIRLS

DRESS

As per **Youth –Adult -Masters.**

LATIN

BOYS

ATTIRE

As per **Youth-Adult-Masters.**

STANDARD & NEW VOGUE

TROUSERS & SHIRT:

Black trousers with conventional black or white long sleeved shirt, tie, and black vest.
or.

Lounge suit Black or Dark Grey with conventional long sleeved shirt and tie.

Metallic tie clip is allowed.

Black trousers and jacket with white dress shirt and white bow tie.

No jackets with tails allowed.

DECORATION:

No decoration is allowed.

SHOES:

Black low heeled shoes.

HAIRSTYLES:

Short hair is preferred. If the hair is long it has to be worn in a ponytail.

UNDER 21 - ADULT – MASTERS Grades B, C, and A, & PROFESSIONAL

LATIN

LADIES

DRESS

Competition dress

The cut of the dress should be of a style and cut not to offend. No high cut panties, or tangas. When standing the skirt should cover the panties completely. It is preferable that the panties show as little as possible during dancing.

SHOES:

Ladies Latin sandal, soles, and heels should be in good repair and not cause any damage to the dance floor.

JEWELLERY:

The chairman can ask the competitor to remove an item of jewellery if it presents danger to the dancer or to other competitors.

MEN

ATTIRE

Black trousers preferred, with any colour shirt or top. No singlets allowed.

SHOES:

Men's Latin Shoes, heels, and soles should be in good repair and not cause any damage to the dance floor

HAIRSTYLE:

Short hairstyle is preferred. If the hair is long it has to be worn in a ponytail.

JEWELLERY:

The chairman can ask the competitor to remove an item of jewellery if it presents danger to the dancer or to other competitors.

STANDARD - NEW VOGUE:

LADIES

DRESS

Competition dress with decoration and of a cut and style not to offend

SHOES:

Ladies ballroom shoes/sandals, heels, and soles should be in good repair and not cause any damage to the dance floor.

JEWELLERY:

The chairman can ask the competitor to remove an item of jewellery if it presents danger to the dancer or to other competitors.

MEN

ATTIRE.

Tail suit black, Midnight Blue or Grey with all the accessories (dress shirt, bow tie, studs etc.) or.

Lounge or Dinner suit, Black, or Dark Grey with conventional Shirt and Tie, or.

Black trouser with conventional black or white long sleeved shirt, tie, and black vest.

SHOES:

Men's Ballroom Shoes, heels, and soles should be in good repair and not cause any damage to the dance floor

NOTE:

Competitors if competing in an WDSF Event, competitors must comply with the WDSF Dress Rule in force at that time

RESTRICTED DRESS FOR ALL RECREATIONAL DIVISION COMPETITOR'S

Youth, Adult and Masters

Note : *Juvenile Recreational Division competitors are required to wear either the Dress defined in this section OR that which is applicable to Juvenile Grades B, C and A competitors.*

MEN

ATTIRE (ALL STYLES)

To be classified as general daywear, eg trousers and shirt.

The wearing of Latin style trousers is allowed.

Not Allowed - T Shirts, singlets, Jeans and Baggies.

SHOES

Normal Day wear or Dance Shoes, heels and soles should be in good repair and not cause any damage to the dance floor

Not Allowed - Sneakers or Joggers.

LADIES

DRESS (ALL STYLES)

The wearing of competition attire is not allowed.

Not Allowed - Slacks and after five wear.

MATERIAL:

No metallic or diamonte sequin materials are allowed.

DECORATION:

No decoration allowed (rhinestones, sequins, feathers, fringe, lace applications, pearls etc.)

HAIRSTYLES AND GENERAL MAKE_UP:

Sensible choice of hairstyle to be used. No diamantes, or similar, to be used on hair, hairpiece, comb, clip or any other item in or on hair. No hat cap or hair covering. For the purpose of neatness, hair can be tied with a rubber band, elastic or with what is commonly recognised as a scrunchy.

JEWELLERY:

Earrings, if worn, must be plain gold or silver studs, no evening dress earrings to be worn.

No diamonte jewellery, bangles, necklaces to be worn.