

CLOSED CHANGE ON RF

Start: RF fwd (Closed Position)

Finish: RF closes to LF (Closed Position)

Timing: 123

CLOSED CHANGE ON LF

Start: LF fwd (Closed Position)

Finish: LF closes to RF

Timing: 123

NATURAL TURN

Start: RF fwd (Closed Position)

Finish: LF closes to RF

Timing: 123 123

NOTE - General: Steps 1-3 or 4-6 only may be used

NOTE- Foot Placement/Couple Position: May start with RF fwd in CBMP in Outside Partner Position.

If steps 4-6 only are used, step 4 may start LF bwd in CBMP in Outside Partner Position.

REVERSE TURN

Start: LF fwd (Closed Position)

Finish: RF closes to LF

Timing: 123 123

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE- Foot Placement/Couple Position: May start with LF fwd in CBMP in Wing Position.

PROGRESSIVE CHASSE TO Right

Start: LF fwd and slightly to side (Closed Position)

Finish: RF to side and slightly bwd (Closed Position)

Timing: 12&3

NOTE- Foot Placement/Couple Position: May start with LF fwd in CBMP in Wing Position.

****WHISK ****

Start: LF fwd (Closed Position)

Finish: LF crosses behind RF (Promenade Position)

Timing: 123

NOTE - Quantity of Turn: may turn up to $\frac{1}{4}$ to L

NOTE - Foot Placement/Couple Position: may start LF fwd in Wing Position

BACK WHISK

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF crosses behind RF (Promenade Position)

Timing: 123

NOTE - Quantity of Turn: May be turned up to $\frac{3}{8}$ to R

NOTE-Foot Placement/Couple Position: may start LF bwd in Closed Position

OUTSIDE CHANGE

Start: LF bwd in CBMP (Outside Partner Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 123

NOTE - Foot Placement/Couple Position: may end in Promenade position. It may start LF Bwd in Closed Position.

BASIC WEAVE

Start: RF bwd (Closed Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 123 123

NOTE - General: steps 1-3 or 4-6 only may be used.

NOTE-Couple Position: may end in Promenade Position

CHASSE FROM PP

Start: RF fwd and across in CBMP (Promenade Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 12&3

BACKWARD LOCK

Start: LF bwd in CBMP (Outside Partner Position)

Finish: RF diag, bwd (Closed Position)

Timing: 12&3

NOTE - Foot Placement/Couple Position: may start LF bwd in Closed Position

OPEN NATURAL TURN

Start: RF fwd and across in CBMP (Promenade Position)

Finish: RF bwd R Side leading (Closed Position)

Timing: 123

NOTE - Foot Placement/Couple Position: may start RF fwd in CBMP in Outside Partner position

HESITATION CHANGE

Start: LF bwd and slightly to side (Closed Position)

Finish: LF closes to RF w/o weight-weight on RF (Closed Position)

Timing: 123

NOTE - Foot Placement/Couple Position: may start LF bwd in CBMP in Outside Partner Position

NATURAL SPIN TURN

Start: RF fwd (Closed Position)

Finish: LF bwd and slightly to side (Closed Position)

Timing: 123 123

NOTE - Foot Placement/Couple Position: it may start RF fwd in CBMP in Outside Partner Position

NOTE - Quantity of Turn: may be underturned to end backing DC against LOD or overturned to end almost backing Line of Dance

DOUBLE REVERSE SPIN

Start: LF fwd and slightly to side (Closed Position)

Finish: Weight on RF

Timing: 123 (12&3 Lady)

NOTE - Quantity of Turn: may turn between $\frac{3}{4}$ and 1 full turn to L

NOTE- Timing: alternative timing of 123& may be used for the Lady

CLOSED TELEMARK

Start: LF fwd and slightly to side (Closed Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 123

NOTE -Foot Placement/ Couple Position: it may start LF Fwd in CBMP in Wing Position

TELEMARK TO PP

Start: LF Fwd and slightly to side (Closed Position)

Finish: LF to side (Promenade Position)

Timing: 123

NOTE -Foot Placement/ Couple Position: it may start LF fwd in CBMP in Wing Position

WEAVE FROM PP

Start: RF fwd and across in CBMP (Promenade Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 123 123

NOTE - General: steps 1-3 or 4-6 only may be used

NOTE - Couple Position: may end in Promenade position

IMPETUS

Start: LF bwd and slightly to side (Closed Position)

Finish: LF to side and slightly Bwd (Closed Position)

Timing: 123

NOTE - Foot Placement/ Couple Position: it may start LF Bwd in CBMP in Outside Partner Position

IMPETUS TO PP

Start: LF Bwd and slightly to side (Closed Position)

Finish: LF diag Fwd L side leading (Promenade Position)

Timing: 123

NOTE - Foot Placement/ Couple Position: it may start LF Bwd in CBMP in Outside Partner Position

DRAW HESITATION

Start: LF Fwd and slightly to side (Closed Position)

Finish: LF closes to RF w/o weight, weight on RF (Closed Position)

Timing: 123

NOTE - Foot Placement/ Couple Position: may start LF Fwd in CBMP in Wing Position

OUTSIDE SPIN

Start: LF Bwd in CBMP (small step)

Finish: LF to side

Timing: 123

NOTE - Quantity of Turn: may be underturned (no Pivot on step3) in which case the exit is RF bwd into any suitable figure

NATURAL TURNING LOCK

Start: RF bwd with R side leading (Closed Position)

Finish: LF diag. fwd L side leading (Promenade Position)

Timing: 1&23

NOTE - Couple Position/ Foot Placement: may end in Closed Position, the following step is taken RF fwd in CBMP in Outside Partner Position.

NOTE- Quantity of Turn/ Couple Position: may overturn to end backing DC in Closed position.

REVERSE TURNING LOCK

Start: RF bwd with R side leading (Closed Position) Finish: LF to side and slightly fwd (Closed Position)

Timing: 1&23

NOTE - Couple Position: may end in Promenade Position

WING

Start: RF fwd in CBMP (Outside Partner Position)

Finish: LF closes to RF w/o weight, weight on RF (Wing Position)

Timing: 1 (23)

WING FROM PP

Start: RF fwd and across in CBMP (Promenade Position)

Finish: LF closes to RF w/o weight, weight on RF (Wing Position)

Timing: 1 (23)

CROSS HESITATION FROM PP

Start: RF fwd in CBMP (Promenade Position)

Finish: Weight on RF

Timing: 1 (23)

NOTE - Quantity of Turn: may turn up to $\frac{1}{4}$ to L (Man)

REVERSE PIVOT

Start: RF diag, bwd outside Lady's LF (Closed Position)

Finish: weight on RF (Closed Position)

Timing: &

FALLAWAY NATURAL TURN

Start: RF fwd and across in CBMP (Promenade Position)

Finish: LF to side and slightly fwd (Closed Position)

Timing: 123 123

NOTE - Foot Placement/ Couple Position: may start RF fwd in CBMP in Outside Partner position. It may end in Promenade Position.

RUNNING WEAVE FROM PP

Start: RF fwd and across in CBMP (Promenade Position)

Finish: RF crosses behind LF (Closed Position)

Timing: 1&23 123

NOTE - General: steps 1-4 or 5-7 only may be used.

NOTE - Foot Placement/ Couple Position: May start RF fwd in CBMP in Outside Partner Position.

NOTE - Timing: alternative timing of 12&3 may be used on steps 1-4.

RUNNING SPIN TURN

Start: RF fwd (Closed Position)

Finish: RF bwd R side leading (Closed Position)

Timing: 123 1&23

NOTE - Timing: alternative timing of 123 112&3 may be used.

NOTE-Foot Placement/ Couple Position: May start RF fwd in CBMP in Outside Partner Position.

OVERTURNED RUNNING SPIN TURN Start: RF fwd (Closed Position) Finish: LF closes to RF w/o weight, weight on RF (Wing Position) Timing: 123 1&23 12&3 NOTE - Couple Position/ Timing: From step 8 (instead of quick Wing) both partners may dance two steps fwd in Promenade Position with timing 23. NOTE - Timing: alternative timing of 12&3 may be used on steps 4-7. NOTE-Foot Placement/ Couple Position: May start RF fwd in CBMP in Outside Partner Position

RUNNING CROSS CHASSE Start: RF fwd in CBMP (Outside Partner position) Finish: LF fwd L side leading (Closed Position) Timing: 1&23 NOTE - Couple Position: may start and end in promenade Position. NOTE - Timing: alternative timing of 12&3 may be used.

FALLAWAY REVERSE AND SLIP PIVOT Start: LF fwd and slightly to side (Closed position) Finish: RF bwd (Slip Pivot) weight on RF, LF held in position (Closed Position) Timing: 1&23 NOTE- Foot Placement/Couple Position: May start with LF fwd in CBMP in Wing Position. NOTE- Quantity of Turn: may be danced with less or no turn (when danced into a corner). NOTE - Timing: alternative timings of 12&3 or 123& may be used

HOVER CORTE Start: RF bwd and slightly to side (Closed Position) Finish: Transfer weight to RF (Closed Position) Timing: 123 NOTE - Timing: alternative timing using 2 bars of music may be used (123 123). NOTE - Couple Position: it may start in Promenade Position

CURVED FEATHER (SEE SLOW FOX) Start: RF fwd (Closed Position) Finish: RF fwd in CBMP (Outside Partner Position)

NOTE - Foot Placement/ Couple Position: step 1 may be danced RF fwd in CBMP in Outside Partner Position. May start in Promenade Position.

RUNNING FINISH (SEE QUICKSTEP)

Start: LF bwd in CBMP (Outside Partner Position) Finish: LF fwd L side leading (Closed Position) Timing: 123 NOTE - Couple Position: may end in Promenade Position

OUTSIDE SWIVEL (SEE SLOW FOX)

Start: LF back in CBMP (Outside Partner Position)

Finish: Weight on LF (Promenade position)

Timing: 1 (23)

PROGRESSIVE CHASSE TO L (SEE QUICKSTEP)

Start: RF bwd (Closed Position)

Finish: LF side and slightly fwd (Closed Position)

Timing: 12&3

NOTE - Quantity of Turn: may turn up to 3/8 to Left.

BOUNCE FALLAWAY WEAVE ENDING (SEE SLOW FOX)

Start: LF fwd and slightly to side (Closed Position)

Finish: LF side and slightly fwd (Closed Position)

Timing: 1&23 123

NOTE - General: dance steps 1-4 of bounce fallaway followed by steps 4-6 of weave from PP.

QUICK OPEN REVERSE (SEE SLOW FOX)

Start: RF fwd in CBMP (Outside Partner position)

Finish: LF bwd in CBMP (Outside Partner position)

Timing: 1&23

NOTE - General: dance steps 1-4 of Quick Open Reverse Turn.

NOTE - Couple Position: may start in promenade Position.

Figures pending description

Reverse Corte (ISTD only)

Description to be added.

Left Whisk (ISTD only)

Description to be added.

Contra Check (ISTD only)

Description to be added.

Fallaway Whisk (ISTD only)

Description to be added.

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