Samba — Figure Descriptions

Basic Movement - Natural, Reverse, Side, Alternative

Start:
Finish:
//Timing: //

Whisks to Left, to Right

Start:
Finish:
//Timing: //

Samba Walks - Promenade, Side, Stationary

Start:
Finish:
//Timing: //

BotaFogos –Travelling Forward, Back, Criss Cross (Shadow), Promenade Position to Counter Promenade Position, Contra

Start:
Finish:
//Timing: //

Volta Movements - Travelling Volta’s to Right, Left, Solo Spot, Criss Cross, Shadow Travelling, Maypole, Shadow Circular, Roundabout to R, to L.

Start:

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Finish:
//Timing: //

Rocks - Closed, Open, Back

Start:
Finish:
//Timing: //

Progressive Basic Movement

Start:
Finish:
//Timing: //

Reverse Turn

Start:
Finish:
//Timing: //

Natural Roll

Start:
Finish:
//Timing: //

Corta Jaca

Start:
Finish:
//Timing: //

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Foot Changes

Start:
Finish:
//Timing: //

Plait

Start:
Finish:
//Timing: //

Argentine Crosses

Start:
Finish:
//Timing: //

Samba Locks

Start:
Finish:
//Timing: //

Promenade to Counter Promenade Runs

Start:
Finish:
//Timing: //

Cruzado Walks and Locks

Start:
Finish:
//Timing: //

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Rolling Off The Arm

Start:
Finish:
//Timing: //

Three Step Turn

Start:
Finish:
//Timing: //

Rhythm Bounce on LF, on RF

Start:
Finish:
//Timing: //

Reverse Roll

Start:
Finish:
//Timing: //

Side Samba Chasse

(WDSF only)
Start:
Finish:
//Timing: //

Continuous Cruzados Locks

(WDSF only)
Start:

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Finish:
//Timing: //

Same Position Corta Jaca

(WDSF only)
Start:
Finish:
//Timing: //

Carioca Runs

(WDSF only)
Start:
Finish:
//Timing: //

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Last update: **2026/06/23 12:31**

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