

Samba — Figure Descriptions

Basic Movement - Natural, Reverse, Side, Alternative

NATURAL BASIC MOVEMENT

Start: RF fwd (Close Opp.; Normal Hold)

Finish: LF in place (Close Opp.; Normal Hold)

//Timing: SaS SaS //

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE -Timing: If used as a link between Natural and Reverse Roll, alternative timing of SQQ may be used with no bounce action.

REVERSE BASIC MOVEMENT

Start: LF fwd (Close Opp.; Normal Hold)

Finish: RF in place (Close Opp.; Normal Hold)

//Timing: SaS SaS //

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE -Timing: If used as a link between Natural and Reverse Roll, alternative timing of SQQ may be used

SIDE BASIC MOVEMENT TO L

Start: LF to side (Close Opp.; Normal Hold)

Finish: LF in place (Close Opp.; Normal Hold)

//Timing: SaS //

SIDE BASIC MOVEMENT TO R

Start: RF to side (Close Opp.; Normal Hold)

Finish: RF in place (Close Opp.; Normal Hold)

//Timing: SaS //

Overview

Basic movement commonly taught to beginners

Starting Position	Closed Position
Starting Alignment	As in previous figure
Turn	No turn or up to $\frac{1}{4}$ right over steps 1 - 4
Lead/Hold	Weight changes, retain tone in arms throughout
Footwork	Ball flat throughout
Rhythm	Basic Bounce
Ending Position	Closed Position

Duration	Four steps over 2 bars
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Leader

Step	Foot Position	Count
1	RF forward	1
2	Close LF to RF with pressure without weight	2
3	LF back	1
4	Close RF to LF with pressure without weight	2

Follower

Step	Foot Position	Count
1	LF back	1
2	Close RF to LF with pressure without weight	2
3	RF forward	1
4	Close LF to RF with pressure without weight	2

Overview

Basic movement commonly used for Medal routines and social dancing

Starting Position	Closed Position
Starting Alignment	As for previous figure
Turn	No turn or up to $\frac{1}{4}$ right over steps 1 - 6
Lead/Hold	Weight changes, retain tone in arms throughout
Rhythm	Alternative Bounce
Ending Position	Closed Position
Duration	Six steps over 2 bars

Leader

Step	Foot Position	Footwork	Count
1	RF forward	BF	1
2	Close LF to RF	B of LF, R heel slightly raised	a
3	Replace weight to RF	BF, L heel lowers	2
4	LF back	BF	1
5	Close LF to RF	B of RF, L heel slightly raised	a
6	Replace weight to RF	BF, R heel lowers	2

Follower

Step	Foot Position	Footwork	Count
1	LF back	BF	1
2	Close RF to LF Replace weight to LF	B of RF, L heel slightly raised BF, R heel lowers	a 2
3	RF forward	BF or HF	1
4	Close LF to RF	B of LF, R heel slightly raised	a

Step	Foot Position	Footwork	Count
6	Replace weight to RF	BF, L heel lowers	2

Overview

Basic movement commenced on the opposite foot to Natural Basic

Starting Position	Closed Position
Starting Alignment	As for previous figure
Turn	No turn or up to $\frac{1}{4}$ right over steps 1 - 4
Lead/Hold	Weight changes, retain tone in arms throughout
Footwork	Ball flat throughout
Rhythm	Basic Bounce
Ending Position	Closed Position
Duration	Four steps over 2 bars

Leader

Step	Foot Position	Count
1	LF forward	1
2	Close RF to LF with pressure without weight	2
3	RF back	1
4	Close LF to RF with pressure without weight	2

Follower

Step	Foot Position	Count
1	RF back	1
2	Close LF to RF with pressure without weight	2
3	LF forward	3
4	Close RF to LF with pressure without weight	4

Overview

Basic movement commenced on the opposite foot to Natural Basic

Starting Position	Closed Position
Starting Alignment	As for previous figure
Turn	No turn or up to $\frac{1}{4}$ right over steps 1 - 6
Lead/Hold	Weight changes, retain tone in arms throughout
Rhythm	Alternative Bounce
Ending Position	Closed Position
Duration	Six steps over 2 bars

Leader

Step	Foot Position	Footwork	Count
1	LF forward	BF	1
2	Close RF to LF	B RF, L heel slightly raised	a
3	Replace weight to LF	BF, R heel lowers	2
4	RF back	BF	1
5	Close LF to RF	B LF, R heel slightly raised	a
6	Replace weight to RF	BF	2

Follower

Step	Foot Position	Footwork	Count
1	RF back	BF	1
2	Close LF to RF	B LF, R heel slightly raised	a
3	Replace weight to RF	BF, L heel lowers	2
4	LF forward	BF	1
5	Close RF to LF	B RF, L heel slightly raised	a
6	Replace weight to LF	BF, R heel lowers	2

Whisks to Left, to Right

SAMBA WHISK TO LEFT

Start: LF to side (Close Opp.; Normal Hold)

Finish: LF in place (Close Opp.; Normal Hold)

//Timing: SaS //

SAMBA WHISK TO RIGHT

Start: RF to side (Close Opp.; Normal Hold)

Finish: RF in place (Close Opp.; Normal Hold)

//Timing: SaS //

NOTE - Couple Position: May end in PP

Overview

Starting Position	Closed Position. Figure may be danced to left or right
Starting Alignment	Man facing Wall Lady backing Wall
Turn	No turn
Lead/Hold	Weight changes, increased D285tone in arms throughout
Rhythm	Alternative Bounce
Ending Position	Closed Position
Duration	Three steps over 1 bar

Whisk Left

Leader

Step	Foot Position	Footwork	Count
1	LF side	BF	1
2	RF behind LF	R toe, L heel slightly raised	a
3	Replace weight to LF	BF after weight applied to RF	2

Follower

Step	Foot Position	Footwork	Count
1	RF side	BF	1
2	LF behind RF	L toe, R heel slightly raised	a
3	Replace weight to RF	BF after weight applied to LF	2

Samba Walks - Promenade, Side, Stationary

PROMENADE SAMBA WALKS

Start: LF fwd (R Side Same; Promenade Hold)

Finish: LF slipped bwd (R Side Same; Promenade Hold)

//Timing: SaS SaS //

NOTE - General: Steps 1-3 or 4-6 only may be used.

SIDE SAMBA WALK

Start: RF fwd (R Side Same; Promenade Hold)

Finish: RF slipped leftwards (R Side Same; Promenade Hold)

//Timing: SaS //

NOTE - General: Man can start with LF and dance the Lady's steps and the Lady starts with RF and dances the Man's steps when starting from L Side Same Pos.

NOTE - Quantity of Turn and Couple Position: $\frac{1}{4}$ to R (Lady L) can be made to finish in Open Opposing Position or $\frac{1}{8}$ to R (Lady L) to end in Open Promenade position. The hold will change according to the next figure

STATIONARY SAMBA WALKS

Start: Instep of LF to T of RF (Open Opp.; LH to RH and RH to LH Hold)

Finish: RF slipped slightly bwd (Open Opp.; LH to RH and RH to LH Hold, LH to RH Hold)

//Timing: SaS SaS //

NOTE - General: Steps 1-3 or 4-6 only may be used. When dancing a Stationary Samba Walk Man may lead Lady to turn (Spot Volta making a complete turn) under raised arm.

NOTE - Hold: Normal Hold can be used through this figure.

Overview

Starting Position	Promenade Position
Starting Alignment	Facing LOD, feet pointing to LOD
Turn	No turn
Lead/Hold	Weight changes, increased tone in arms throughout
Rhythm	Slight Alternative Bounce
Ending Position	Promenade Position
Duration	Six steps over 2 bars

Leader

Step	Foot Position	Footwork	Count
1	LF forward	BF	1
2	RF back small step, part weight	B toe turned out	a
3	Draw LF slightly towards RF	F pressure on ball	2
4	RF forward	BF	1
5	LF back, small step, part weight	B toe turned out	a
6	Draw RF slightly towards LF	F pressure on ball	2

Follower

Step	Foot Position	Footwork	Count
1	RF forward	BF	1
2	LF back, small step, part weight	B toe turned out	a
3	Draw RF slightly towards LF	F pressure on ball	2
4	LF forward	BF	1
5	RF back small step, part weight	B toe turned out	a
6	Draw LF slightly towards RF	F pressure on ball	2

Overview

Starting Position	Promenade Position
Alignment Throughout	Feet pointing to Line of Dance
Turn	No turn
Rhythm	Slight Alternative Bounce
Ending Position	Promenade Position
Duration	Three steps over 1 bar

Leader

Step	Foot Position	Lead/Hold	Footwork	Count
1	RF forward	Weight change then slightly retract arms	BF	1
2	LF side, part weight	Increase tone in arms, slightly extend R arm to	I/E toe with pressure	a
3	Draw RF slightly towards LF	R side over steps 2 - 3	F pressure on ball	2

Follower

Step	Foot Position	Footwork	Count
1	LF forward	BF	1
2	RF side, part weight	I/E toe with pressure	a
3	Draw LF slightly towards RF	F pressure on ball	2

Overview

Starting Position	Closed Position
Alignment Throughout	Man facing Wall Lady facing Centre
Turn	No turn
Rhythm	Slight Alternative Bounce
Ending Position	Closed Position
Duration	Six steps over 2 bars

Leader

Step	Foot Position	Lead/Hold	Footwork	Count
1	Close LF to RF	Slightly retract arms	BF	1
2	RF back, part weight	Increase tone and slightly	B	a
3	Draw LF slightly towards RF	extend arms over steps 2 - 3	F pressure on ball	2
4	Close RF to LF slightly forward	Slightly retract arms	BF	1
5	LF back, part weight	Increase tone and slightly	B	a
6	Draw RF slightly towards LF	extend arms over steps 5 - 6	F pressure on ball	2

Follower

Step	Foot Position	Footwork	Count
1	Close RF to LF	BF	1
2	LF back, part weight	B	a
3	Draw RF slightly towards LF	F pressure on ball	2
4	Close LF to RF slightly forward	BF	1
5	RF back, part weight	B	a
6	Draw LF slightly towards RF	F pressure on ball	2

BotaFogos -Travelling Forward, Back, Criss Cross (Shadow), Promenade Position to Counter Promenade Position, Contra

TRAVELLING BOTAFOGO FORWARD

Start: LF fwd (Close Opp.; Normal Hold)

Finish: LF in place (R Diag Opp.; Normal Hold)

//Timing: SaS SaS SaS //

NOTE - General: Steps 1-3, 4-6 or 4-9 only may be used.

TRAVELLING BOTAFOGO BACKWARD TO PP

Start: RF bwd (Close Opp.; Normal Hold)

Finish: LF in place (R Side Same; Promenade Hold)

//Timing: SaS SaS SaS SaS //

NOTE - General: Steps 1-3 or 1-6 only may be used.

CRISS CROSS BOTAFOGOS (SHADOW BOTAFOGOS)

Start: LF fwd (Ex. Open Prom; LH to RH Hold)

Finish: RF in place (Ex Open Prom; LH to RH Hold)

//Timing: SaS SaS //

NOTE - General: Steps 1-3 or 4-6 only may be used.

PROMENADE TO COUNTER PROMENADE BOTAFOGOS

Start: LF fwd (Close Opp.; Normal Hold)

Finish: LF in place (R Side Same; Promenade Hold)

//Timing: SaS SaS SaS //

NOTE - General: Steps 1-3, 1-6, 4-6 or 4-9 only may be used.

NOTE - Quantity of turn: It is possible to dance steps 1-3 only, and in this case the Quantity of turn will be $\frac{1}{4}$ to L for Man and $\frac{1}{4}$ to R for Lady.

SAME FOOT BOTAFOGOS (CONTRA BOTAFOGOS)

Start: RF fwd OP on R side (R Diag Opp.; LH to RH and RH to LH Hold)

Finish: LF in place (R Diag Opp.; LH to RH and RH to LH Hold)

//Timing: SaS SaS //

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE - Hold: Normal Hold or RH to RH (LH to LH) Hold may be used.

Overview

Starting Position	Closed Position
Starting Alignment	Man facing Diagonal Centre Lady backing Diagonal Centre
Turn	Man and Lady turn $\frac{1}{4}$ right; $\frac{1}{4}$ left
Lead/Hold	Weight changes, increased tone in arms on steps 2 and 5
Rhythm	Alternative Bounce
Ending Position	Closed Position
Duration	Six steps over 2 bars

Travelling Bota Fogo Forward

Leader

Step	Foot Position	Alignment	Turn	Footwork	Count
1	RF forward OP	Facing DC		BF	1

Step	Foot Position	Alignment	Turn	Footwork	Count
2	LF side part weight	Facing LOD, toe points DC	Begin $\frac{1}{4}$ R	I/E toe with p a	
3	Replace weight to RF	Facing DW	End $\frac{1}{4}$ R	BF	2
4	LF forward OP on L side			BF	1
5	RF side part weight	Facing LOD, toe points DC	Begin $\frac{1}{4}$ L	I/E toe with p a	
6	Replace weight to LF	Facing DC	End $\frac{1}{4}$ L	BF	2

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
1	LF back in CBP	Backing DC		BF	1
2	RF side part weight	Backing DW	Begin $\frac{1}{4}$ R	I/E toe with p a	
3	Replace weight to LF	Backing DW	End $\frac{1}{4}$ R	BF	2
4	RF back in CBP			BF	1
5	LF side part weight	Backing DC (foot only)	Begin $\frac{1}{4}$ L	I/E toe with p a	
6	Replace weight to RF	Backing DC	End $\frac{1}{4}$ L	BF	2

Overview

Travelling Bota Fogo Back

Leader

Step	Foot Position	Alignment	Turn	Footwork	Count
1	LF back in CBP	Backing DC		BF	1
2	RF side part weight	Backing LOD foot backing DW	Begin $\frac{1}{4}$ R	I/E toe with p a	
3	Replace weight to LF	Backing DW	End $\frac{1}{4}$ R	BF	2
4	RF back in CBP			BF	1
5	LF side part weight	Backing C foot pointing DW	Begin $\frac{1}{4}$ L	I/E toe with p a	
6	Replace weight to RF	Backing DC against LOD	End $\frac{1}{4}$ L	BF	2

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
1	RF forward CBP OP	Facing DC		BF	1
2	LF side part weight	Facing LOD toe pointing DC	Begin $\frac{1}{4}$ R	I/E toe with p a	
3	Replace weight to RF	Facing DW	End $\frac{1}{4}$ R	BF	2
4	LF forward CBP OP on L side	Facing LOD	$\frac{1}{8}$ L	BF	1
5	RF side part weight	Facing DC against LOD	Begin $\frac{3}{8}$ L	I/E toe with p a	
6	Replace weight to LF	Facing against LOD	End $\frac{3}{8}$ L	BF	2

Overview

Bota Fogo to PP and CPP

Starting Position	Closed Position.
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Starting Alignment	Man facing Wall Lady backing Wall
Turn	Man turns $\frac{1}{8}$ left, $\frac{1}{4}$ right, $\frac{1}{4}$ left Lady turns $\frac{1}{8}$ right, $\frac{1}{4}$ left, $\frac{1}{4}$ right
Rhythm	Alternative Bounce
Duration	Nine steps over 3 bars
Ending Position	Promenade Position

Leader

Step	Foot Position	Alignment	Lead/Hold	Turn	Footwork	Count
1	LF forward	Facing W	Weight change		BF	1
2	RF side part weight	Facing W pointing DW against LOD	Retain tone in arms	Begin $\frac{1}{8}$ L	I/E toe with p pressure	a
3	Replace weight to LF in PP	Facing DW	Turn Lady to PP with R hand pressure	End $\frac{1}{8}$ L	BF	2
4	RF forward and across in PP and CBP	Facing DW along LOD	Weight change		BF	1
5	LF side part weight	Facing W pointing DW	Turn Lady L with R hand pressure	Begin $\frac{1}{4}$ R	I/E toe with p pressure	a
6	Replace weight to RF in CPP	Facing DW against LOD	Continue to turn Lady to CPP	End $\frac{1}{4}$ R	BF	2
7	LF forward and across in CPP and CBP	Facing DW against LOD against LOD	Weight change		BF	1
8	RF side part weight	Facing W pointing DW against LOD	Turn Lady R with R hand pressure	Begin $\frac{3}{8}$ L	I/E toe with p pressure	a
9	Replace weight to LF in PP	Facing LOD	Continue to turn Lady to PP	End $\frac{3}{8}$ L	BF	2

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
1	RF back	Backing W		BF	1
2	LF side part weight	Facing C pointing DC	Begin $\frac{1}{8}$ R	B	a
3	Replace weight to RF in PP	Facing DC	End $\frac{1}{8}$ R	BF	2
4	LF forward and across in PP and CBP	Facing DC along LOD		BF	1
5	RF side part weight	Facing C pointing DC	Begin $\frac{1}{4}$ L	B	a
6	Replace weight to LF in CPP	Facing DC against LOD	End $\frac{1}{4}$ L	BF	2
7	RF forward and across in CPP and CBP	Facing DC against LOD against LOD		BF	1
8	LF side part weight	Facing C pointing DC against LOD	Begin $\frac{3}{8}$ R	B	a
9	Replace weight to RF in PP	Facing LOD	End $\frac{3}{8}$ R	BF	2

Precedes and Follows listed on previous page

Overview

Starting Position	Open Promenade Position
Starting Alignment	Man facing Diagonal Wall Lady facing Diagonal Wall
Turn	Man turns $\frac{1}{4}$ left, $\frac{1}{4}$ right Lady turns $\frac{1}{4}$ right, $\frac{1}{4}$ left
Rhythm	Alternative Bounce
Duration	Nine steps over 3 bars
Ending Position	Closed Position

Leader

Step	Foot Position	Alignment	Lead/Hold	Turn	Footwork	Count
1	LF forward in CBP	Facing DW	Raise L arm move L move slightly L	Begin $\frac{1}{4}$ L	BF	1
2	RF side part weight				I/E toe with p	a
3	Replace weight to LF in Open CPP	Facing DC		End $\frac{1}{4}$ L	BF	2
4	RF forward in CBP		Move L arm R	Begin $\frac{1}{4}$ R	BF	1
5	LF side part weight				I/E toe with p	a
6	Replace weight to RF in Open PP	Facing DW		End $\frac{1}{4}$ R	BF	2
7 - 9	Samba Walk in place LF RF LF		Raise L arm and lead L to turn R under L arm		As for Samba Walk	1 a 2

Follower

Step	Foot Position	Alignment	Lead/Hold	Turn	Footwork	Count
1	RF forward in CBP	Facing DC	Pass in front of Man under raised arm	Begin $\frac{1}{4}$ R	BF	1
2	LF side part weight				I/E toe with p	a
3	Replace weight to RF in Open CPP	Facing DW		End $\frac{1}{4}$ R	BF	2
4	LF forward in CBP		Pass in front of Man under raised arm	Begin $\frac{1}{4}$ L	BF	1
5	RF side part weight				I/E toe with p	a
6	Replace weight to LF in Open PP	Facing DC		End $\frac{1}{4}$ L	BF	2
7 - 9	Volta Spot Turn steps 1 - 3 LRL	Backing DW		$\frac{3}{4}$ R		1 a 2

Overview

Starting Position	Right Contra Position
Starting Alignment	Man facing Diagonal Wall Lady facing Diagonal Centre against Line of Dance

Turn	Man turns $\frac{1}{4}$ left, $\frac{1}{4}$ right Lady turns $\frac{1}{4}$ right, $\frac{1}{4}$ left
Rhythm	Alternative Bounce
Ending Position	Right Contra Position
Duration	Six steps over 2 bars

Leader

Step	Foot Position	Alignment	Lead/Hold	Turn	Footwork	Count
1	RF forward to Lady's R side	Facing DW	Slight pressure with R hand to lead Lady forward	Begin $\frac{1}{4}$ R	BF	1
2	LF back and slightly side	Turning	Slightly extend hold over 2 - 3		IE of toe with p	a
3	Move RF slightly towards LF	Facing DW against LOD		End $\frac{1}{4}$ R	BF	2
4	LF forward to Lady's L side		Slight pressure with R hand to lead Lady forward returning arms to normal position	Begin $\frac{1}{4}$ L	BF	1
5	RF back and slightly side	Turning	Slightly extend hold over 5 - 6		IE of toe with p	a
6	Move LF slightly towards RF	Facing DW		End $\frac{1}{4}$ L	BF	2

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
1	RF forwards towards Man's R side	Facing DC against LOD	Begin $\frac{1}{4}$ R	BF	1
2	LF back and slightly side	Turning		IE of toe with p	a
3	Move RF slightly towards LF	Facing DC	End $\frac{1}{4}$ R	BF	2
4	LF forwards to Man's L side		Begin $\frac{1}{4}$ L	BF	1
5	RF back and slightly side	Turning		IE of toe with p	2
6	Move LF slightly towards RF	Facing DC against LOD	End $\frac{1}{4}$ L	BF	2

Volta Movements - Travelling Volta's to Right, Left, Solo Spot, Criss Cross, Shadow Travelling, Maypole, Shadow Circular, Roundabout to R, to L.

TRAVELLING VOLTA TO RIGHT

Start: LF crossed in front of RF (Open Opp.; Normal Hold)

Finish: LF crossed in front of RF (Open Opp.; Normal Hold)

//Timing: SaS //

NOTE - General: Steps 2-3 can be repeated. It may start from step 2. The last 2 steps of the Travelling

Volta may be danced as the last 2 steps of a Botafogo (Botafogo Ending) when followed by Travelling Volta to L.

NOTE - Hold: LH to RH Hold may be used.

TRAVELLING VOLTA TO LEFT

Start: RF crossed in front of LF (Open Opp.; Normal Hold)

Finish: RF crossed in front of LF (Open Opp.; Normal Hold)

//Timing: SaS //

NOTE - General: Steps 2-3 can be repeated. It may start from step 2. The last 2 steps of the Travelling Volta may be danced as the last 2 steps of a Botafogo (Botafogo ending) when followed by Travelling Volta to R.

NOTE - Hold: LH to RH Hold may be used.

SOLO SPOT VOLTA TURNING LEFT

Start:

Finish:

//Timing: //

SOLO SPOT VOLTA TURNING RIGTH

Start:

Finish:

//Timing: //

CRISS CROSS VOLTAS TO RIGHT

Start: LF crossed in front of RF (Ex Open Prom; LH to RH Hold)

Finish: Weight on L foot (Open Opp.; LH to RH Hold)

//Timing: SaSaSaS //

NOTE - General: The last 2 steps of the Criss Cross Volta may be danced as the last 2 steps of a Botafogo (Botafogo ending) when followed by Travelling Volta to L.

NOTE - Quantity of turn/Couple position: It can be turned only $\frac{1}{4}$ to L (Man) and $\frac{1}{4}$ to R (Lady) to end in Extended Open CPP.

NOTE - Couple Position: It may end in Close Opp. Position- Normal Hold

CRISS CROSS VOLTAS TO LEFT

Start: RF crossed in front of LF (Ex Open Cnt Prom; LH to RH Hold)

Finish: RF crossed in front of LF (Open Opp.; LH to RH Hold)

//Timing: SaSaSaS //

NOTE - General: The last 2 steps of the Criss Cross Volta may be danced as the last 2 steps of a Botafogo (Botafogo ending) when followed by Travelling Volta to R.

NOTE - Quantity of turn/Couple position: It can be turned only $\frac{1}{4}$ to R (Man) and $\frac{1}{4}$ to L (Lady) to end in Extended Open CPP.

NOTE - Couple Position: It may end in Close Opp. Position - Normal Hold

MAYPOLE - LADY TURNING RIGHT (CONTINUOUS VOLTA SPOT

Start: LF crossed in front of RF (Ex Open Prom; LH to RH Hold)

Finish: LF crossed in front of RF (Open Opp.; LH to RH Hold)

//Timing: SaSaSaS //

NOTE - General: The last 2 steps of the Maypole Lady Turning R may be danced as the last 2 steps of a Botafogo (Botafogo Ending) when followed by Travelling Volta to L or Maypole - Lady turning L

NOTE - Couple position: May end in Close Opp. position

MAYPOLE - LADY TURNING LEFT (CONTINUOUS VOLTA SPOT)

Start: RF crossed in front of LF (Ex Open Prom; LH to RH Hold)

Finish: Weight on R foot (Open Opp.; LH to RH Hold)

//Timing: SaSaSaS //

NOTE - General: The last 2 steps of the Maypole Lady Turning L may be danced as the last 2 steps of a Botafogo (Botafogo Ending) when followed by Travelling Volta to R or Maypole- Lady turning R

NOTE - Couple position: May finish in R Side Same Pos with Both Hand Hold. May end in Close Opp. position

CIRCULAR

Start: RF crossed in front of LF (R Diag Opp.; Normal Hold)

Finish: RF in place (L Diag Opp.; Normal Hold)

//Timing: SaSaSaS //

NOTE - General: During steps 1-5 Sway to L (Lady R) may be used. The Man may dance a Circular Volta Turning R and the Lady a Circular volta Turning L starting in Close Opp.Position making 1 full turn, in that case the figure is called SOLO CIRCULAR VOLTAS TURNING RIGHT (3.4.36)

CIRCULAR VOLTAS TURNING LEFT (ROUNABOUT TO LEFT)

Start: LF crossed in front of RF (L Diag Opp.; Normal Hold)

Finish: LF in place (R Diag Opp.; Normal Hold)

//Timing: SaSaSaS //

NOTE - General: During steps 1-5 Sway to R (Lady L) may be used. The Man may dance a Circular Volta Turning L and the Lady a Circular Volta Turning R starting in Close Opp.Position, making 1 full turn, in that case the figure is called SOLO CIRCULAR VOLTAS TURNING L (3.4.37)

SOLO CIRCULAR VOLTAS TURNING R

Start:

Finish:

//Timing: //

SOLO CIRCULAR VOLTAS TURNING L

Start:

Finish:

//Timing: //

Overview

There are three types of Volta Movements - Travelling Volta, Circular Volta and Spot Volta. The alignment, amount of turn and lead depend on the specific amalgamation of steps that include Voltas. The following charts represent the foot position and footwork for any Volta Movement.

Volta Right Foot

Step	Foot Position	Footwork	Count
1	RF in front of LF heel to toe, toe turned out	BF	1

Step	Foot Position	Footwork	Count
2	LF side and slightly back, toe turned out	IE toe with pressure	a
3	LF part weight, draw RF in front of LF, R toe turned out	BF	2
4 - 7	Repeat steps 2 and 3 twice		a 1 a 2

Volta Left Foot

Step	Foot Position	Footwork	Count
1	LF in front of RF heel to toe, toe turned out	BF	1
2	RF side and slightly back, toe turned out	IE toe with pressure	a
3	RF part weight, draw LF in front of RF, L toe turned out	BF	2
4 - 7	Repeat steps 2 and 3 twice		a 1 a 2

Travelling Volta Left Starting Position Closed Position **Starting Foot Position** Man commences on right foot **Lady** commences on left foot **Starting Alignment** Man facing Wall, along Line of Dance **Lady** backing Wall, along Line of Dance **Lead/Hold** Normal or left to right hand hold **Turn** None or curving up to $\frac{3}{8}$ left or right over 2 bars

Overview

Volta (continued)

Circular Volta Starting Foot Position Man and Lady start on the same foot - right to turn in a clockwise direction and left to turn in a counter-clockwise direction. The front foot travels around the circumference of a small circle **Turn** One complete turn left or right over 2 bars **Duration** Seven steps over 2 bars

Solo Spot Volta Left Starting Position Closed Position **Starting Alignment** Man facing Wall **Lady** facing Centre **Turn** Man turns 1 turn left **Lady** turns 1 turn right **Rhythm** Alternative Bounce **Duration** Three steps over 1 bar **Note** A slight inclination of the body right may occur when Volta commenced with RF or body left when commenced with LF

Leader

Step	Foot Position	Alignment	Lead/Hold	Turn	Footwork	Count
1	LF in front of RF	Facing C	Turn Lady L with L hand, release hold	$\frac{1}{2}$ L	BF	1
2	RF side and slightly back without weight	Turning		Begin $\frac{1}{2}$ L	I/E toe with p	a
3	Part weight to RF swivel on ball of LF in place. End LF in front of RF	Facing W	Regain hold at end of turn	End $\frac{1}{2}$ L	BF, heel lowers at end of turn	2

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
1	RF in front of LF	Facing W	$\frac{1}{2}$ R	BF	1

Step	Foot Position	Alignment	Turn	Footwork	Count
2	LF side and slightly back without weight	Turning	Begin $\frac{1}{2}$ R	I/E toe with p	a
3	Take part weight to LF and swivel on ball of RF in place. End RF in front of LF	Facing C	End $\frac{1}{2}$ R	BF, heel lowers at end of turn	2

Overview

Starting Position	Open Position
Starting Alignment	Man facing Diagonal Wall Lady backing Diagonal Wall
Starting Hold	Left to right hand hold
Turn	Man turns $\frac{1}{4}$ left, $\frac{3}{8}$ right Lady turns $\frac{1}{4}$ right, $\frac{3}{8}$ left
Rhythm	Alternative Bounce
Footwork	As for Volta
Duration	Fourteen steps over 4 bars
Ending Position	Closed Position

Leader

Step	Foot Position	Alignment	Lead/Hold	Turn	Count
1 - 7	Travelling Volta R curving L behind Lady's back to end in Open CPP LR LR LR L	Facing DW to end facing DC	Raise L arm, moving it L gradually, leading Lady to pass in front and to L side Lower arm slightly over steps 4 - 7	$\frac{1}{4}$ L over steps 1 - 7	1 a 2 a 1 a 2
8 - 14	Travelling Volta L curving R behind Lady's back to end in CP RL RL RL R	Facing DC to end facing DW	Raise L arm, moving it R gradually, leading Lady to pass in front and to R side Lower arm slightly over steps 12 - 14	$\frac{3}{8}$ R over steps 8 - 14	1 a 2 a 1 a 2

Follower

Step	Foot Position	Alignment	Turn	Count
1 - 7	Travelling Volta L curving R passing in front of Man to end in Open CPP RL RL RL R	Begin facing DC End facing DW	$\frac{1}{4}$ R over steps 1 - 7	1 a 2 a 1 a 2
8 - 14	Travelling Volta R curving L passing in front of Man to end in CP LR LR LR L	Begin facing DW End facing DC	$\frac{3}{8}$ L over steps 8 - 14	1 a 2 a 1 a 2

Overview

Circular Volta Left

Starting Position	Contra Counter Promenade Position
Turn	Man and Lady turn $1\frac{1}{4}$ left
Rhythm	Alternative Bounce
Ending Position	Contra Promenade Position
Duration	Seven steps over 2 bars

Leader and Follower

Step	Foot Position	Turn	Footwork	Count
1	Cross LF in front of RF	Begin 1¼ L	BF	1
2	RF side and slightly back, toe turned out		T	a
3	Cross LF in front of RF		BF	2
4	RF side and slightly back, toe turned out		T	a
5	Cross LF in front of RF		BF	1
6	RF side and slightly forward toe turned out		I/E toe	a
7	Replace weight to LF	End 1¼ L	BF	2

Overview

Starting Position	Open Promenade Position or Open Counter Promenade Position
Lead/Hold	Left to right hand hold
Rhythm	Alternative Bounce
Ending Position	With Whisk into Closed Position regaining normal hold
Duration	Variable number of bars
Count	Two bars 1 a 2 a 3 a 4 Three bars 1 a 2 a 3 a 4 a 5 a 6 Four bars 1 a 2 a 3 a 4 a 5 a 6 a 7 a 8

Maypole - Man Turning Left **Man** dances a Circular Volta commencing with LF and turning left, circling around Lady **Lady** dances a Spot Volta turning right under raised arms

Rocks - Closed, Open, Back

CLOSE ROCKS

Start: RF fwd (Close Opp.; Normal Hold)

Finish: LF crossed behind RF (L Diag Opp.; Normal Hold)

//Timing: SQQ SQQ //

NOTE - General: Steps 1-3 or 4-6 only may be used.

OPEN ROCKS

Start: RF Fwd (Close Opp.; Normal Hold)

Finish: RF crossed behind LF (R Diag R Angle; Release LH Hold)

//Timing: SQQ SQQ SQQ //

NOTE - General: Steps 1-3, 4-6 or 1-6 only may be used.

BACKWARD ROCKS

Start: RF bwd (Close Opp.; Normal Hold)

Finish: LF in Place (Close Opp.; Normal Hold)

//Timing: SQQ SQQ //

NOTE - General: Steps 1-3 or 4-6 only may be used.

Overview

Starting Position	Closed Position
Starting Alignment	Man facing Line of Dance Lady backing Line of Dance
Turn	Man no turn Lady turns $\frac{1}{8}$ right, $\frac{1}{4}$ left
Lead/Hold	Man weight changes throughout with increased tone in arms Lady upper body remains square to Man throughout
Rhythm	No bounce
Duration	Six steps over 2 bars
Ending Position	Closed Position

Leader

Step	Foot Position	Alignment	Turn	Footwork	Count
1	RF forward	Facing LOD	No turn	BF	1
2	LF forward			BF	2
3	Replace weight to RF			BF	and
4	LF forward			BF	1
5	RF forward			BF	2
6	Replace weight to LF			BF	and

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
1	LF back	Backing LOD		BF	1
2	RF back, small step toe turned out	Down LOD, RF backing DW	$\frac{1}{8}$ R on RF	B	2
3	Replace weight to LF	Facing against LOD		BF	and
4	RF back	Backing LOD	$\frac{1}{8}$ L on RF	BF	1
5	LF back, small step toe turned out	Down LOD, LF backing DC	$\frac{1}{8}$ L on LF	B	2
6	Replace weight to RF	Backing LOD		B	and

Overview

Starting Position	Closed Position
Starting Alignment	Man facing Line of Dance Lady backing Line of Dance
Turn	Man no turn Lady turns $\frac{1}{4}$ right, $\frac{3}{8}$ left. More turn may be made
Rhythm	No bounce
Duration	Six steps over 2 bars. Steps 1 - 3 or steps 1 - 6 may be repeated
Ending Position	Closed Position

Leader

Step	Foot Position	Lead/Hold	Footwork	Count
1	RF forward	Increase tone in arms and apply pressure through L hand to turn Lady R then release hold with L hand	BF	1
2	LF forward	Support Lady with R arm	BF	2
3	Replace weight to RF	Apply slight pressure through R hand to begin to turn Lady L	B	and
4	LF forward	Turn Lady L with R hand and place L hand on her back, then release hold with R hand	BF	1
5	RF forward	Support Lady with L arm	BF	2
6	Replace weight to LF	Apply slight pressure with L hand to begin to turn Lady R	B	and

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
Between preceding step and 1			Begin $\frac{1}{8}$ R		
1	LF back	Backing DW	End $\frac{1}{8}$ R	BF	1
2	RF back small step toe turned out	Backing W	$\frac{1}{8}$ R on RF	BF	2
3	Replace weight to LF	Facing DC against LOD	Begin $\frac{1}{4}$ L	B	and
4	RF back, slightly side	Backing DC	End $\frac{1}{4}$ L	BF	1
5	LF back small step toe turned out	Backing C	$\frac{1}{8}$ L on LF	BF	2
6	Replace weight to RF	Facing DW against LOD	If repeated begin $\frac{1}{4}$ R	B	and

Overview

Starting Position	Closed Position
Starting Alignment	Man backing Diagonal Wall Lady facing Diagonal Wall
Turn	Man and Lady turn $\frac{1}{4}$ left, $\frac{1}{4}$ right
Rhythm	Polka Bounce, slight pelvic action
Lead/Hold	Weight changes throughout
Footwork	Ball flat throughout
Duration	Six steps over 2 bars. Steps 1 - 3 or steps 1 - 6 may be repeated
Ending Position	Closed Position

Leader

Step	Foot Position	Alignment	Turn	Count
1	RF back	Backing LOD	Begin $\frac{1}{4}$ L	1
2	Rock LF forward and slightly L	Facing DW against LOD	End $\frac{1}{4}$ L	2
3	Rock back on RF	Backing DC		and

Step	Foot Position	Alignment	Turn	Count
4	LF back	Backing LOD	Begin ¼ R	1
5	Rock RF forward and slightly R	Facing DC against LOD	End ¼ R	2
6	Rock back onto LF	Backing DW		and

Follower

Step	Foot Position	Alignment	Turn	Count
1	LF forward	Facing LOD	Begin ¼ L	1
2	Rock RF back and slightly R	Backing DW against LOD	End ¼ L	2
3	Rock forward onto LF	Facing DC		and
4	RF forward	Facing LOD	Begin ¼ R	1
5	Rock LF back and slightly L	Backing DC against LOD	End ¼ R	2
6	Rock forward onto RF	Facing DW		and

Progressive Basic Movement

Start: RF fwd (Close Opp.; Normal Hold)

Finish: LF in place (Close Opp.; Normal Hold)

//Timing: SaS SaS //

NOTE - General: Steps 1-3 or 4-6 only may be used.

Overview

Basic movement variation	
Starting Position	Closed Position.
Alignment Throughout	Man facing Diagonal Wall Lady backing Diagonal Wall
Turn	No turn
Lead/Hold	Weight changes, retain tone in arms throughout
Footwork	Ball flat throughout or Man step 1 heel flat
Rhythm	Slight Basic Bounce
Ending Position	Closed Position
Duration	Four steps over 2 bars

Leader

Step	Foot Position	Count
1	RF forward	1
2	Close LF to RF with pressure without weight	2
3	LF side	1

Step	Foot Position	Count
5	Close RF to LF with pressure without weight	2

Follower

Step	Foot Position	Count
1	LF back	1
2	Close RF to LF with pressure without weight	2
4	RF side	1
5	Close LF to RF with pressure without weight	2

Reverse Turn

Start: RF fwd (Close Opp.; Normal Hold)

Finish: RF closed to LF (Close Opp.; Normal Hold)

//Timing: SaS SaS //

NOTE - General: Steps 1-3 or 4-6 may be used.

NOTE - Timing: Alternative timing SQQ SQQ may be used.

NOTE - Hip Design: The Lady may straighten her knees with pelvis tilted bwd at the end of step 3.

Overview

Starting Position	Closed Position
Starting Alignment	Man facing Line of Dance Lady backing Line of Dance
Turn	Man and Lady turn $\frac{7}{8}$ left
Lead/Hold	Weight changes, retain tone in arms throughout
Rhythm	Alternative Bounce
Note	There is a slight inclination of the body on steps 2 and 3, Man left, Lady right; and on steps 5 and 6, Man right, Lady left
Duration	Six steps over 2 bars
Ending Position	Closed Position

Leader

Step	Foot Position	Alignment	Turn	Footwork	Count
1	LF forward	Facing DC	Begin $\frac{3}{8}$ L	BF or HF	1
2	RF side and slightly back	Backing W		IE toe with p a	
3	Cross LF in front of RF toe turned out	Backing DW	End $\frac{3}{8}$ L	BF	2
4	RF back and slightly R	Backing DC	Begin $\frac{1}{2}$ L	BF	1
5	Close L heel to R heel no weight	Pointing DW		B with p a	
6	Close RF to LF	Facing DW	End $\frac{1}{2}$ L	BF	2

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
1	RF back	Backing DC	Begin $\frac{3}{8}$ L	BF	1
2	L heel close to R heel no weight	Pointing DW		B with p	a
3	Close RF to LF	Facing DW	End $\frac{3}{8}$ L	BF	2
4	LF forward	Facing LOD	Begin $\frac{1}{2}$ L	BF or HF	1
5	RF side and slightly back	Backing W		IE toe with p	a
6	Cross LF in front of RF toe turned out	Backing DW	End $\frac{1}{2}$ L	BF	2

Natural Roll

Start: RF diag fwd (Close Opp.; Normal Hold)

Finish: LF closes to RF (Close Opp.; Normal Hold)

//Timing: SQQ SQQ //

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE - Quantity of turn: Less turn can be made on steps 1-3 and 4-6.

NOTE - Couple Position: Bodies are in contact.

Overview

Starting Position	Contact Position
Starting Alignment	According to the previous figure and amount of turn used
Lead/Hold	Weight changes throughout
Turn	Up to one complete turn right
Rhythm	No Bounce
Duration	Six steps over 2 bars
Ending Position	Closed Position

Leader

Step	Foot Position	Turn	Footwork	Count
1	RF forward, leaning slightly back	Begin 1 turn R	HF	1
2	LF side leaning slightly R		BF	2
3	Close RF to LF preparing to lean forward		BF	and
4	LF back leaning slightly forward		BF	1
5	RF side, leaning slightly L		BF	2
6	Close LF to RF preparing to lean back	End 1 turn R	BF	and

Follower

Step	Foot Position	Turn	Footwork	Count
1	LF back leaning slightly forward	Begin 1 turn R	BF	1
2	RF side leaning slightly L		BF	2
3	Close LF to RF preparing to lean back		BF	and
4	RF forward leaning slightly back		HF	1
5	LF side, leaning slightly R		BF	2
6	Close RF to LF preparing to lean forward	End 1 turn R	BF	and

Corta Jaca

Start: RF fwd (Open Opp.; Normal Hold)

Finish: RF slipped rightwards (Open Opp.; Normal Hold)

//Timing: SQQ QQQQ //

NOTE - General: After step 7, Man may dance Lady's steps 1-7 (Lady dances Man's steps 1-7).

NOTE - Lead-Hold-Shaping: LH for Man and RH for Lady may be lowered

Overview

Starting Position	Closed Position
Starting Alignment	Man facing Wall throughout Lady backing Wall throughout
Turn	No turn
Lead/Hold	Man Strong step forward with arms slightly braced
Rhythm	No Bounce
Note	On steps 2 - 7 the left leg for Man and right leg for Lady remain slightly flexed while the opposite leg swings freely from the hip, the movement felt mainly in the knees.
Ending Position	Closed Position.
Duration	Seven steps over 2 bars. Steps 4 - 7 may be repeated

Leader

Step	Foot Position	Footwork	Count
1	RF forward	HF	1
2	LF forward and slightly side	H	2
3	RF slides leftwards	F with pressure on ball	and
4	LF back and slightly side	B	1
5	RF slides leftwards	F with pressure on ball	and
6	LF forward and slightly side	H	2
7	RF slides leftwards	F with pressure on ball	and

Follower

Step	Foot Position	Footwork	Count
1	LF back	BF	1
2	RF back and slightly side	B	2
3	LF slides rightways	F with pressure on ball	and
4	RF forward and slightly side	H	1
5	LF slides rightways	F with pressure on ball	and
6	RF back and slightly side	B	2
7	LF slides rightways	F with pressure on ball	and

Foot Changes

FOOT CHANGE METHOD 1 - LF FORWARD

Start: LF fwd (preceding figure)

Finish: RF closed to LF

//Timing: SS //

NOTE - General: Lady dances Volta Spot Turn to R or L, Botafogo on RF, Botafogo on LF or Three Step Turn to R or L.

NOTE - Quantity of turn: The Quantity of Turn may vary depending on the preceding and following figure.

FOOT CHANGE METHOD 2 - RF FORWARD

Start: RF fwd

Finish: LF closed to RF

//Timing: SS //

NOTE - General: General: Lady dances Volta Spot Turn to R or L, Botafogo on RF, Botafogo on LF or Three Step Turn to R or L.

NOTE - Quantity of turn: The Quantity of Turn may vary depending on the preceding and following figure.

FOOT CHANGE METHOD 3 - KICK BALL CHANGE

Start: RF kick fwd

Finish: LF in place

//Timing: SaS //

NOTE - General: General: Lady dances Volta Spot Turn to R or L, Botafogo on RF, Botafogo on LF or Three Step Turn to R or L. Man may replace Kick Ball Change action with a RF point fwd and point bwd.

NOTE - Quantity of turn: The Quantity of Turn may vary depending on the preceding and following figure.

Overview

To enable the dancing of certain figures in Contra or Right Shadow Positions Foot Changes are inserted between figures. These bring the Man and Lady onto the same foot and in the correct position. Usually the Man dances the Foot Change while the Lady dances three steps to the count 1 a 2

Foot Change from Closed Position to Right Shadow Position

Leader

Step	Foot Position	Lead/Hold	Count
1	Replace weight to RF Hold position with weight on RF	Lead lady to turn L and then release hold	1 a
2	LF diagonally forward small step	Take R Shadow hold at end of Lady's turn	2

Follower

Spot Volta steps 1 - 3 turning $\frac{1}{2}$ L

Overview

Foot Change from Right Shadow Position to Promenade Position

Leader

Step	Foot Position	Lead/Hold	Count
1	RF forward small step Hold position with weight on RF	Lead Lady to turn R and release hold	1 a
2	LF forward small step	Take normal hold in PP	2

Follower

Spot Volta turning R steps 1 - 2, RL. Continue turning R on LF, step 3 RF forward in PP completing one turn R

Overview

Foot Change from Right Contra Position to Open Counter Promenade Position

Leader

dances 2 Stationary Walks gradually turning $\frac{1}{4}$ L to face DC, raising L arm and leading Lady into Criss

Cross Voltas behind back to end in Open CPP

Follower

dances Criss Cross Voltas steps 1 - 7, passing behind Man's back to his L side and curving $\frac{1}{2}$ R to end in Open CPP

Plait

Start: LF bwd, small step, LK bent, RK straight) (Open Opp.; LH to RH Hold)

Finish: LF bwd, small step, LK bent, RK straight (Open Opp.; LH to RH Hold)

//Timing: SS QQS //

NOTE - General: Plait may start with RF (Man) and LF (Lady)

NOTE - Lead-Hold-Shaping: When Plait is preceded by a figure that ends in Normal hold, the change of Hand hold should happen on step 1.

Overview

Starting Position	Closed Position
Starting Alignment	Man backing Line of Dance Lady facing Diagonal Wall
Turn	Man no turn Lady turns $\frac{1}{8}$ left, $\frac{1}{4}$ right, $\frac{1}{4}$ left, $\frac{1}{4}$ right, $\frac{1}{4}$ left May be curved L around a corner
Lead/Hold	Weight changes, retain tone in arms throughout
Footwork	Man ball flat throughout Lady ball of foot throughout
Rhythm	No bounce. Use merengue hip action
Ending Position	Closed Position
Duration	Ten steps over 4 bars

Leader

Step	Foot Position	Alignment	Count
1	RF back small step	Backing LOD	1
2	LF back small step		2
3 - 10	Repeat steps 1 - 2 four times		1 and 2 1 2 1 and 2

Follower

Step	Foot Position	Alignment	Turn	Count
1	Swivel on RF, LF forward small step	Facing DC	$\frac{1}{8}$ L	1
2	Swivel on LF, RF forward small step brushing LF	Facing DW	$\frac{1}{4}$ R	2
3	Swivel on RF, LF forward small step brushing RF	Facing DC	$\frac{1}{4}$ L	1
4	Swivel on LF, RF forward small step brushing LF	Facing DW	$\frac{1}{4}$ R	and
5 - 10	Repeat steps 3 - 4 three times	Facing DC	$\frac{1}{4}$ L	2 1 2 1 and 2

Argentine Crosses

Start: RF crossed in front of LF (Close Opp.; Normal Hold)

Finish: LF to side (Close Opp.; Normal Hold)

//Timing: SaS SaS SaS SaS //

NOTE - General: May start from step 4. Steps 1-6, 1-9 or 4-9 only may be used.

Overview

Starting Position	Closed Position
Starting Alignment	Man facing Wall Lady facing Centre
Turn	Man turns $1\frac{1}{2}$ right Lady turns $2\frac{1}{2}$ right
Lead/Hold	Weight changes. On steps 1, 4, 6 and 10 Man leads Lady forward with right hand
Rhythm	Alternative Bounce
Ending Position	Closed Position
Duration	Fifteen steps over 5 bars

Leader

Step	Foot Position	Alignment	Turn	Footwork	Count
1	LF forward toe turned out	Facing W	Begin $\frac{1}{4}$ R	BF	1
2	RF behind LF	Facing DW against LOD		B	a
3	LF side and slightly forward	Facing against LOD	End $\frac{1}{4}$ R	BF	2
4	RF forward in line with LF small step toe turned out	Facing C	Begin $\frac{1}{2}$ R	BF	1
5	LF side and slightly back	Facing DC		B	a
6	As for step 4	Facing LOD	End $\frac{1}{2}$ R	BF	2
7	LF forward toe turned out		Begin $\frac{1}{4}$ R	BF	1
8	RF behind LF	Facing DW	End $\frac{1}{4}$ R	B	a
9	LF side and slightly forward	Facing W	Begin $\frac{1}{2}$ R	BF	2
10	As for step 4	Facing against LOD		BF	1

Step	Foot Position	Alignment	Turn	Footwork	Count
11	LF side and slightly back	Facing DC against LOD		B	a
12	As for step 4	Facing C	End ½ R	BF	2
13 - 15	Samba Walk in place LRL				1 a 2

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
1	RF forward in line with LF small step toe turned out	Facing C	Begin ¼ R	BF	1
2	LF side and slightly back	Facing DC		B	a
3	As for step 1	Facing LOD	End ¼ R	BF	2
4	LF forward toe turned out	Facing W	Begin ½ R	BF	1
5	RF behind LF	Facing DW against LOD		B	a
6	LF side and slightly forward	Facing against LOD	End ½ R	BF	2
7	As for step 1		Begin ¼ R	BF	1
8	LF side and slightly back	Facing DC against LOD		B	a
9	As for step 1 small step toe turned out	Facing C	End ¼ R	BF	2
10	LF forward toe turned out	Facing LOD	Begin ½ R	BF	1
11	RF behind LF	Facing DW		B	a
12	LF side and slightly back	Facing W	End ½ R	BF	2
13 - 15	Volta Spot Turn Right RLR		1 turn R		1 a 2

Samba Locks

SAMBA LOCKS LADY ON LEFT SIDE

Start: RF fwd (L Side Same; LH to RH Hold)

Finish: RF fwd (L Side Same; LH to RH Hold)

//Timing: QQS QQS QQS //

NOTE - General: Steps 1-3 or 1-6 only may be used.

SAMBA LOCKS LADY ON RIGHT SIDE

Start: LF fwd (R Side Same; RH to LH Hold)

Finish: LF fwd (R Side Same; RH to LH Hold)

//Timing: QQS QQS QQS //

NOTE - General: Steps 1-3 or 1-6 only may be used.

Overview

Starting Position	Open Counter Promenade Position
Starting Alignment	Man facing Diagonal Centre Lady facing Diagonal Wall

Turn	Turn in on the back foot towards the end of the previous beat of music Man turns $\frac{1}{8}$ right, $\frac{1}{8}$ left, $\frac{1}{8}$ right, $\frac{1}{8}$ left Lady turns $\frac{1}{8}$ left, $\frac{1}{8}$ right, $\frac{1}{8}$ left, $\frac{1}{8}$ right
Lead/Hold	Man extends joined arms forward down LOD, below shoulder level then continues to lead with weight changes while retaining arm position The free arms are extended to side, below shoulder level to match
Rhythm	No Bounce
Ending Position	Open Counter Promenade Position
Duration	Twelve steps over 4 bars

Leader

Step	Foot Position	Alignment	Turn	Footwork	Count
1	RF forward part weight toe turned out	Facing DW along LOD	$\frac{1}{8}$ R on LF, body turns more	BF	1
2	LF behind RF			T	a
3	RF forward small step toe turned out			BF	2
4	LF forward part weight toe turned out	Facing DC along LOD	$\frac{1}{8}$ L on RF, body turns more	BF	1
5	RF behind LF			T	a
6	LF forward small step toe turned out			BF	2
7 - 12	Repeat steps 1 - 6				

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
1	LF forward part weight toe turned out	Facing DC along LOD	$\frac{1}{8}$ L on RF, body turns more	BF	1
2	RF behind LF			T	a
3	LF forward small step toe turned out			BF	2
4	RF forward part weight toe turned out	Facing DW along LOD	$\frac{1}{8}$ R on LF, body turns more	BF	1
5	LF behind RF			T	a
6	RF forward small step toe turned out			BF	2
7 - 12	Repeat steps 1 - 6				

Promenade to Counter Promenade Runs

Start: RF fwd OP (R Diag Opp.; preceding figure; LH to RH Hold)

Finish: RF fwd and across body (R Side Same; Release LH Hold)

//Timing: 123 123 123 123 //

NOTE - Timing: Alternative Timing may be used (QQS QQS QQS or SaS SaS SaS)

NOTE - Foot Placement: Step 1 can be taken FWD between Lady's feet. When taken to side (RF Man, LF Lady) in Close Opp with LH to RH Hold, the alignment of this step for the Man will be Facing W (Lady Facing C).

NOTE - General Action: On steps 1 and 7 the Lady may finish in a Spiral Cross Position.

Overview

Starting Position	Closed Position
Starting Alignment	Man facing Wall Lady facing Centre
Turn	Man turns $\frac{1}{8}$ left, 1 turn right Lady turns $\frac{1}{8}$ right, 1 turn left
Rhythm	Running action with slight hover on steps 1, 4, 7
Ending Position	Promenade Position
Duration	Nine steps over 3 bars

Leader

Step	Foot Position	Alignment	Lead/Hold	Turn	Footwork	Count
1	RF side	Facing W	Lead lady to PP widen hold	$\frac{1}{8}$ L	B	1
2	LF side in PP	Facing DW			BF	2
3	RF forward and across in PP		Release Lady's R hand		BF	3
4	LF back and slightly side in CP	Backing LOD	Lead lady to CP	$\frac{3}{4}$ R	B	1
5	RF side in CPP	Facing DC along LOD	Lead lady to CPP		BF	2
6	LF forward and across in CPP	Pointing LOD	Release Lady's L hand		BF	3
7	RF forward in CP	Facing LOD	Lead lady to CP	$\frac{1}{4}$ R	B	1
8	LF side in PP	Facing DW along LOD	Lead lady to PP		BF	2
9	RF forward and across in PP		Release Lady's R hand		BF	3

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
1	LF side	Facing C	$\frac{1}{8}$ R	B	1
2	RF side in PP	Facing DC		BF	2
3	LF forward and across in PP	Pointing LOD		BF	3
4	RF forward	Facing LOD	$\frac{1}{4}$ R	B	1
5	LF side in CPP	Facing DW along LOD		BF	2

Step	Foot Position	Alignment	Turn	Footwork	Count
6	RF forward and across in CPP	Facing DW		BF	3
7	LF back and slightly side	Backing LOD	$\frac{3}{4}$ R	B	1
8	RF side in PP	Facing DC along LOD		BF	2
9	LF forward and across in PP			BF	3

Cruzado Walks and Locks

CRUZADOS WALKS

Start: LF fwd (R Diag Same; w/o Hold)

Finish: RF fwd (R Diag Same; w/o Hold)

//Timing: SS //

NOTE - General: It may start with the RF.

NOTE - General/ Timing: Cruzado Walk on RF may be followed by steps 3-7 of Continuous Cruzados Lock starting with LF, Cruzado Walk on LF may be followed by steps 3-7 of Continuous Cruzados Lock starting with RF Timing: SQQQQS

CRUZADOS LOCKS

Start: LF fwd (R Diag Same; w/o Hold)

Finish: RF fwd (R Diag Same; w/o Hold)

//Timing: QQS QQS //

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE - Couple Position: 1-3 of Cruzados Locks may be danced in R Side Same Position (Promenade Hold) on opposite foot.

NOTE - General/ Timing: May be danced as a CONTINUOUS CRUZADOS LOCKS (3.4.32) by repeating steps 1-2 three times - Timing QQQQQQS. If started on LF (Man) it may be danced in R Side Same Position (Promenade Hold) on opposite foot.

Overview

Starting Position	Right Shadow Position Man and Lady dance on same foot. Figure may start on either foot
Starting Alignment	Facing Line of Dance
Turn	None
Lead/Hold	Same hand hold throughout
Rhythm	Cruzados Action: Each forward step taken with shoulder lead. A slight bounce is achieved by pushing off the standing foot with a compressed knee
Ending Position	Facing Line of Dance
Duration	Typically ten steps over 4 bars

Leader and Follower

Step	Foot Position	Footwork	Count
1	LF forward	BF	1
2	RF forward	BF	2
3	LF forward	BF	1
4	RF behind LF	T	and
5	LF forward	BF	2
6	RF forward	BF	1
7	LF behind RF	T	and
8	RF forward	BF	2
9	LF forward	BF	1
10	RF forward	BF	2

Rolling Off The Arm

Start: LF to side (R Side Same; Shadow Hold)

Finish: RF in place (R Side Same; Shadow Hold)

//Timing: SaS SaS (S&aS S&aS Lady) //

NOTE - General: Man's steps 4-6 and Lady's 5-8 may be substituted with a foot change to end in R Diagonal Same Pos on LF.

NOTE - Foot Placement: After step 4, Lady can dance steps 5-6-7 diag. Fwd and make an additional ½ turn to L on step 7 ,to Follow with Reverse Turn.

Overview

Starting Position	Right Side Position
Starting Alignment	Facing Line of Dance
Turn	Man no turn Lady turns 1 complete turn right, 1 complete turn left
Rhythm	Alternative Bounce
Ending Position	Right Side Position
Duration	Six steps over 2 bars

Leader

Step	Foot Position	Alignment	Lead/Hold	Turn	Footwork	Count
1 - 3	Whisk L	Facing LOD	Release hold with L hand, lead Lady to turn R with R hand pressure	No turn	As for Whisk	1 a 2
4 - 6	Whisk R		Lead Lady to turn L with R hand pressure, then regain required hold at end step 6			1 a 2

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
1	RF forward	Facing W	$\frac{1}{4}$ R	BF	1
2	LF side	Backing LOD	$\frac{1}{4}$ R	BF	a
3	RF side with L knee veering inwards	Facing LOD	$\frac{1}{2}$ R	BF RF I/E ball LF	2
4	LF forward	Facing C	$\frac{1}{4}$ L	BF	1
5	RF side	Backing LOD	$\frac{1}{4}$ L	BF	a
6	LF side with R knee veering inwards	Facing LOD	$\frac{1}{2}$ L	BF LF I/E ball RF	2

Three Step Turn

Start: Instep of LF closed to T of RF (R Side Same; LH to RH Hold)

Finish: LF slipped slightly Bwd (L Side Same; LH to RH Hold)

//Timing: SaS (Lady QQS) //

Overview

Starting Position	Promenade Position
Starting Alignment	Facing Line of Dance
Turn	Man turns $\frac{1}{8}$ left Lady turns $1\frac{7}{8}$ left
Rhythm	Alternative Bounce
Ending Position	Open Counter Promenade Position
Duration	Three steps over 1 bar

Leader

Step	Foot Position	Alignment	Lead/Hold	Turn	Footwork	Count
1 - 3	Stationary Walk LRL	Facing DW	Turn Lady L taking L to R L to R hand hold. Turn Lady strongly under raised L arm, then lower	$\frac{1}{8}$ L	As for Stationary Walk	1 a 2

Follower

Step	Foot Position	Alignment	Turn	Footwork	Count
1	RF side	Facing against LOD	$\frac{1}{2}$ L	BF	1

Between 1 and 2 Spiral Facing DC $\frac{5}{8}$ L B RF T LF **2** LF forward Facing C $\frac{1}{8}$ L BF **2 3** RF side Facing against LOD $\frac{1}{4}$ L BF **3**

Between 3 and next figure Spiral Facing DW $\frac{3}{8}$ L B RF T LF

Rhythm Bounce on LF, on RF

Start:

Finish:

//Timing: //

NOTE - General: Kick Ball Change may be used in place of Rhythm Bounce by both Man and Lady

Reverse Roll

Start: LF diag fwd (Close Opp.; Normal Hold)

Finish: RF closed to LF (Close Opp.; Normal Hold)

//Timing: SQQ SQQ //

NOTE - General: Steps 1-3 or 4-6 only may be used.

NOTE - Couple Position: Bodies are in contact.

Side Samba Chasse

(WDSF only)

Start: LF to side (Close Opp.; Normal Hold)

Finish: RF closed to LF (Close Opp.; Normal Hold)

//Timing: QQQQ SS //

NOTE - General: Man may dance Lady's steps and vice versa.

NOTE - Quantity of turn: May turn up to $\frac{1}{4}$ to L or R.

NOTE - Couple position: Open Opp (LH to RH Hold or w/o Hold) may also be used.

Continuous Cruzados Locks

(WDSF only)

Start:

Finish:

//Timing: //

Same Position Corta Jaca

(WDSF only)

Start: LF fwd (LK straight) (R Side Same; RH of Man to Lady's R shoulder)

Finish: RF in place (R Side Same; RH of Man to Lady's R shoulder)

//Timing: QQQQ QQQQ QQQQ QQQQ //

NOTE - General: In this type of Corta Jaca it is possible to repeat steps 1-4.

Carioca Runs

(WDSF only)

Start: LF to side and slightly bwd (Open Opp.; w/o Hold)

Finish: LF fwd w/o weight, weight on R foot (Open Opp.; w/o Hold)

//Timing: QQQQ QQQQ //

NOTE - General: Man may dance the Lady's steps and vice versa. Steps 1-4 or 5-8 only may be danced

NOTE - Timing: Alternative timing aS aS may be used

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