Rumba — Figure Descriptions

Basic Movements – Closed,Open, In Place, Alternative

Start:
Finish:
//Timing: //

Progressive Walks Forward or Back, Forward in Right Shadow (kiki), Forward in R or L Side Position

Start:
Finish:
//Timing: //

Spot Turns – to Left, Right

Start:
Finish:
//Timing: //

Switch Turns –to Right, Left

(ISTD only)
Start:
Finish:
//Timing: //

Under Arm Turns - Right, Left

Start:
Finish:
//Timing: //

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New York – to Left Side or Right Side Position

Start:
Finish:
//Timing: //

Hand to Hand – to Right Side, to Left Side

Start:
Finish:
//Timing: //

Alemana

Start:
Finish:
//Timing: //

Fan

Start:
Finish:
//Timing: //

Hockey Stick

Start:
Finish:
//Timing: //

Natural Top

Start:
Finish:
//Timing: //

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Natural Opening Movement

Start:
Finish:
//Timing: //

Side Step to Right or Left

Start:
Finish:
//Timing: //

Cucarachas RF or LF

Start:
Finish:
//Timing: //

Shoulder to Shoulder – Left Side or Right Side

Start:
Finish:
//Timing: //

Reverse Top Aida

Start:
Finish:
//Timing: //

Hip Twists – Closed, Open, Advanced

Start:
Finish:
//Timing: //

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Spiral

Start:
Finish:
//Timing: //

Cuban Rocks

Start:
Finish:
//Timing: //

Opening out to Right and Left

Start:
Finish:
//Timing: //

Curl

Start:
Finish:
//Timing: //

Opening out from Reverse Top

(ISTD only)
Start:
Finish:
//Timing: //

Sliding Doors

Start:
Finish:

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//Timing: //

Rope Spinning

Start:
Finish:
//Timing: //

Three Almena’s

Start:
Finish:
//Timing: //

Continuous Hip Twists

Start:
Finish:
//Timing: //

Circular Hip Twists

Start:
Finish:
//Timing: //

Fencing

Start:
Finish:
//Timing: //

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Three Threes

Start:
Finish:
//Timing: //

Syncopated Open Hip Twist

(WDSF only)
Start:
Finish:
//Timing: //

Advanced Sliding Doors

(WDSF only)
Start:
Finish:
//Timing: //

Swivels

(WDSF only)
Start:
Finish:
//Timing: //

Overturned Basic

(WDSF only)
Start:
Finish:
//Timing: //

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