Jive — Figure Descriptions

Basic in Place

Start: LF in place (Close Opp.; Normal Hold)
Finish: RF to side (Close Opp.; Normal Hold)
//Timing: QQ QaQ QaQ //
NOTE - General: May start from step 3.
NOTE - Couple position/Lead-Hold-Shaping: This figure may be danced in Open Opp. with LH to RH Hold, double hold or without hold.

Overview

Starting Position	Closed Position
Turn	No turn
Lead	Weight changes throughout
Ending Position	Closed Position
Duration	Eight steps over 1½ bars

Leader

Step	Foot Position	Count
1	Close LF to RF	Q
2	Replace weight to RF	Q
3 - 5	Side chasse LRL	Q a Q
6 - 8	Side chasse RLR	Q a Q

Follower

Step	Foot Position	Count
1	Close RF to LF	Q
2	Replace weight to LF	Q
3 - 5	Side chasse RLR	Q a Q
6 - 8	Side chasse LRL	Q a Q

Fallaway Rock

Start: LF bwd (Close Fallaway; Prom Hold)

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Finish: RF to side (Close Opp.; Normal Hold)
//Timing: QQ QaQ QaQ //
NOTE - General: May start from step 3.
NOTE - Couple position/Lead-Hold-Shaping: This figure may be danced in Open Opp with LH to RH Hold, double hold or without hold.

Overview

Starting Position	Closed Position
Turn	Man turns ⅛ left, ⅛ right Lady turns ¼ right, ¼ left On step 1, turn is commenced towards end of preceding beat of music
Ending Position	Closed Position
Duration	Eight steps over 1½ bars.

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back in Fallaway	Turn Lady R	⅛ L	Q
2	Replace weight to RF in PP	Begin to turn Lady L	Begin ⅛ R	Q
3 - 5	Side chasse LRL	Continue to turn Lady L	End ⅛ R	Q a Q
6 - 8	Side chasse RLR	Weight changes		Q a Q

Follower

Step	Foot Position	Turn	Count
1	RF back in Fallaway	¼ R	Q
2	Replace weight to LF in PP	Begin ⅛ L	Q
3 - 5	Side chasse RLR	End ¼ L	Q a Q
6 - 8	Side chasse LRL		Q a Q

Change of Place Right to Left

Start: LF bwd (Close Fallaway; Prom Hold)
Finish: RF Fwd and slightly to side (Close Opp.; LH to RH Hold)
//Timing: QQ QaQ QaQ //
NOTE - General: May start from step 3.

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Overview

Starting Position	Closed Position
Turn	Man turns ¼ left Lady turns ¼ right, ¼ left, ¾ right
Ending Position	Open Position
Duration	Eight steps over 1½ bars

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back in Fallaway	Turn Lady R	⅛ L	Q
2	Replace weight to RF in PP	Begin to turn Lady L		Q
Between 2 and 3		Turn Lady L		
3 - 5	LF diagonally forward to chasse LRL	Begin to turn Lady R on 5		Q a Q
Between 5 and 6			⅛ L	
6 - 8	Forward chasse RLR	Raise L arm, circle L hand clockwise releasing R hand hold. Lower L arm and lead Lady back at end of her turn		Q a Q

Follower

Step	Foot Position	Turn	Count
1	RF back in Fallaway	¼ R	Q
2	Replace weight to LF in PP	Begin ¼ L	Q
Between 2 and 3		End ¼ L	
3 - 5	Side chasse RLR	Begin ¾ R on 5	Q a Q
6 - 8	LF diagonally back to chasse LRL turning underarm to end LF back	End ¾ R	Q a Q

Change of Place Left to Right

Start: LF bwd (Open Opp.; LH to RH Hold)
Finish: RF fwd (Open Opp.; LH to RH Hold)
//Timing: QQ QaQ QaQ //
NOTE - General: May start from step 3.
NOTE - Lead-Hold-Shaping: RH to RH Hold may be used. In this case the RH to RH Hold may pass over the Man’s head and placed on his neck over steps 3-5 then released to take LH to RH Hold over steps 6-8, or simply changed to LH to RH Hold. The hold may also be released at the end of step 2 and regained on step 6.
NOTE - Couple position/ General Action: Steps 6-8 may be replaced by a Jive Ronde Chasse (both Man and Lady) to end in L Side Same Pos as a precede to Simple Spin.

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Overview

Starting Position	Open Position
Turn	Man turns ¼ right Lady turns ¾ left
Ending Position	Open Position
Duration	Eight steps over 1½ bars

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back	Increase tone in L arm and extend it slightly forward		Q
2	Replace weight to RF	Slightly retract L arm		Q
3 - 5	Compact chasse LRL	Raise L hand, commence to circle it anti-clockwise	¼ R	Q a Q
6 - 8	Forward chasse RLR	Continue to circle L hand. Lower arm and lead Lady back at end of her turn		Q a Q

Follower

Step	Foot Position	Turn	Count
1	RF back		Q
2	Replace weight to LF		Q
3 - 5	Turning chasse RLR	Begin ¾ L	Q a Q
Between 5 and 6		End ¾ L	
6 - 8	Backward chasse LRL		Q a Q

Link

Start: LF bwd (Open Opp.; LH to RH Hold)
Finish: RF to side (Close Opp.; Normal Hold)
//Timing: QQ QaQ QaQ //
NOTE - General: Steps 1-5 only may be used. May start from step 3

Overview

Starting Position	Open Position
Turn	No turn
Ending Position	Closed Position
Duration	Eight steps over 1½ bars

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Leader

Step	Foot Position	Lead/Hold	Count
1	LF back	Increase tone in L arm and extend it slightly forward	Q
2	Replace weight to RF	Slightly retract L arm	Q
3 - 5	Forward chasse LRL to end in Closed Position	Gradually return arms to normal position	Q a Q
6 - 8	Side chasse RLR	Weight changes	Q a Q

Follower

Step	Foot Position	Count
1	RF back	Q
2	Replace weight to LF	Q
3 - 5	Forward chasse RLR	Q a Q
6 - 8	Side chasse LRL	Q a Q

Whip

Start: RF crossed behind LF (Open Opp.; Normal Hold)
Finish: RF to side (Close Opp.; Normal Hold)
//Timing: QQ QaQ //
NOTE - General: More or less turn may be made.

Overview

Starting Position	Closed Position
Turn	Man turns ⅝ right minimum and up to 1⅛ right maximum Lady turns ⅞ right minimum and up to 1⅜ right maximum On step 1, turn is commenced towards end of preceding beat of music
Ending Position	Fallaway Position
Duration	Five steps over 1 bar

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	Cross RF behind LF toe turned out	Lead Lady forward towards R side	¼ R	Q
Between 1 and 2			¼ R	
2	LF side	Weight change		Q

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Step	Foot Position	Lead/Hold	Turn	Count
3 - 5	RF side, very small step to chasse RLR to end in FP	Turn Lady to R	⅛ R	Q a Q

Follower

Step	Foot Position	Turn	Count
1	LF forward towards Man's R side	¼ R	Q
Between 1 and 2		¼ R	
2	RF forward between Man's feet, small step		Q
3 - 5	Side chasse LRL to end in FP	⅜ R	Q a Q

Whip Throwaway

Start: RF crossed behind LF (Close Opp.; Normal Hold)
Finish: RF to side (Open Opp.; LH to RH Hold)
//Timing: QQ QaQ //
NOTE - General: Steps 1-2 may be repeated.

Overview

Starting Position	Closed Position
Turn	Man and Lady turn ⅝ right On step 1, turn is commenced towards end of preceding beat of music Additional turn may be made on steps 1 and 2 as in the Whip
Ending Position	Open Position
Duration	Five steps over 1 bar

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	Cross RF behind LF toe turned out	Lead Lady forward towards R side	¼ R	Q
Between 1 and 2			¼ R	
2	LF side	Weight change		Q
3 - 5	Compact chasse RLR to end in OP almost facing Lady	Release R hand hold towards the end of 3. Extend L arm leading Lady away	⅛ R	Q a Q

Follower

Step	Foot Position	Turn	Count
1	LF forward towards Man's R side	¼ R	Q

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Step	Foot Position	Turn	Count
Between 1 and 2		¼ R	
2	RF between Man's feet small step		Q
3 - 5	LF side and slightly back to chasse LRL to end LF back in Open Position almost facing Man	⅛ R	Q a Q

Walks - Slow, Quick

PROMENADE WALKS - SLOW
Start: LF bwd (Close Fallaway; Prom Hold)
Finish: RF fwd (Close Opp.; Normal Hold)
//Timing: QQ QaQ QaQ //
NOTE - General: Steps 3-5 or 3-8 may be repeated. It may start from step 3.
PROMENADE WALKS - QUICK

Start: LF bwd (Close Fallaway; Prom Hold)
Finish: RF closed to LF, weight on LF (Close Prom; Normal Hold)
//Timing: QQ QQQQ //
NOTE - General: Steps 3-4 or 3-6 may be repeated. It may start from step 3.
NOTE - Quantity of turn: It may turn up to ¼ to L

Overview

Promenade Walks Slow

Starting Position	Closed Position or Promenade Position
Turn	Man turns ⅛ left (CP) or no turn (PP) Lady turns ¼ right (CP) or ⅛ R (PP), ¼ left, ¼ right On step 1, turn commences towards end of preceding beat of music
Ending Position	Promenade Position
Duration	Eight steps over 1½ bars or fourteen steps over 2½ bars by repeating steps 3 - 8

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back in Fallaway	Turn Lady R	⅛ L	Q
2	Replace weight to RF in PP	Begin to turn Lady L		Q
3 - 5	LF diagonally forward to chasse LRL	Turn Lady to L on steps 3 and 4. Begin to turn Lady to R on 5		Q a Q
6 - 8	RF forward and across in PP and CBP to chasse RLR	Continue to turn Lady R on 6, weight changes on 7 and 8		Q a Q

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Follower

Step	Foot Position	Turn	Count
1	RF back in Fallaway	¼ R	Q
2	Replace weight to LF in PP		Q
3 - 5	Side chasse RLR	¼ L over 3 - 4 ¼ R over 5 - 6	Q a Q
6 - 8	Forward chasse RLR		Q a Q

American Spin

Start: LF bwd (Open Opp.; RH to RH Hold)
Finish: RF Diag. fwd (Open Opp.; LH to RH Hold)
//Timing: QQ QaQ QaQ //
NOTE - General: May start from step 3.
NOTE - Lead-Hold-Shaping: LH to RH Hold may be used. Lady may turn under Man’s LH or RH on step 5.

Overview

Starting Position	Open Position
Starting Lead/Hold	Right to right hand hold
Turn	Man no turn Lady turns one full turn right
Ending Position	Open Position
Duration	Eight steps over 1½ bars

Leader

Step	Foot Position	Lead/Hold	Count
1	LF back	Increase tone in L arm and extend it slightly forward	Q
2	Replace weight to RF	Slightly retract L arm	
3 - 5	Close LF near to RF slightly forward for compact chasse LRL	Retract R arm to lead Lady forward	Q a Q
Between 5 and 6		Increase tone in arm on 5, then turn Lady R releasing hold	
6 - 8	Compact chasse RLR	Catch Lady's R hand in R or L hand at end of her turn	Q a Q

Follower

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Step	Foot Position	Lead/Hold	Turn	Count
1	RF back			Q
2	Replace weight to LF			Q
3 - 5	Forward chasse RLR			Q a Q
Between 5 and 6		Increase tone in arm and lean against Man's hand	½ R on RF	
6 - 8	LF diagonally back to chasse LRL to end LF back		½ R	Q a Q

Windmill

Start: LF bwd (Open Opp.; LH to RH and RH to LH Hold)
Finish: RF to side and slightly fwd (Open Opp.; LH to RH and RH to LH Hold)
//Timing: QQ QaQ QaQ //
NOTE - General: It may start from step 3.
NOTE - General Action: Lady may dance a Running Chasse action on steps 3-5.

Overview

Starting Position	Open Position
Starting Lead/Hold	Double hand hold
Turn	Man turns ½ left Lady turns ½ left
Ending Position	Open Position
Duration	Eight steps over 2 bars

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back	Increase tone in L arm and extend it slightly forward		Q
2	Replace weight to RF	Slightly retract L arm		Q
Between 2 and 3			⅜ L	
3 - 5	Turn L on RF then forward chasse LRL to end in CP	Extend L arm downwards and L, R arm upwards and R Incline body slightly L.		Q a Q
Between 5 and 6		On 5, rotate L hand slightly R from wrist. Arms are extended from the elbows keeping elbows near to body	⅛ L	
6 - 8	RF side and slightly forward to chasse RLR to end RF forward	Return arms and body to starting position		Q a Q

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Follower

Step	Foot Position	Lead/Hold	Turn	Count
1	RF back			Q
2	Replace weight to LF			Q
3 - 5	3 small runs forward passing in front of Man's body, then turn to end RF back and slightly side in CP	Incline body slightly R	⅜ L	Q a Q
Between 5 and 6			⅛ L	
6 - 8	Backward chasse LRL	Return body to normal on 6		Q a Q

Spanish Arms

Start: LF bwd (Open Opp.; LH to RH and RH to LH Hold)
Finish: RF slightly fwd (Open Opp.; LH to RH Hold)
//Timing: QQ QaQ QaQ QQ QaQ QaQ //
NOTE - General: Steps 1-8 or 9-16 only may be used.

Overview

Starting Position	Open Position
Starting Lead/Hold	Double hand hold
Turn	Man turns ⅜ right Lady turns ¼ left, ⅛ right An additional ⅛ right may be made over steps 6 - 8 for both Man and Lady
Ending Position	Open Position
Duration	Eight steps over 1½ bars

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back	Increase tone in L arm and extend it slightly forward		Q
2	Replace weight to RF	Slightly retract L arm		Q
3 - 5	Very small forward chasse LRL to end LF side and slightly forward in TP, Lady in front and slightly forward	Raise L hand and circle it anti-clockwise R hand at Lady's waist level	¼ R	Q a Q
Between 5 and 6		Give slight pull with R hand and commence to circle L hand clockwise	⅛ R	

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Step	Foot Position	Lead/Hold	Turn	Count
6 - 8	Forward chasse RLR	Continue to circle L hand clockwise Lower arm and lead Lady back at end of her turn		Q a Q

Follower

Step	Foot Position	Lead/Hold	Turn	Count
1	RF back			Q
2	Replace weight to LF			Q
3 - 5	Forward chasse RLR turning underarm. End RF side and slightly back in TP in front of Man, slightly to his R.		¼ L	Q a Q
Between 5 and 6		In TP the L arm is across front of body at waist level	⅛ R on RF	
6 - 8	LF diagonally back to chasse LRL			Q a Q

Stop to Go

Start: LF bwd (Open Opp.; LH to RH Hold)
Finish: RF diag. fwd (Open Opp.; LH to RH Hold)
//Timing: QQ QaQ QQ QaQ //
NOTE - General: May start from step 3.
NOTE - Lead-Hold-Shaping: Man may release hold on step 2. He puts the RH on Lady’s back or shoulder on step 4-5, release on step 6 and takes LH to RH hold on step 10.

Overview

Starting Position	Open Position
Turn	Man no turn Lady turns ½ left, ½ right
Ending Position	Open Position
Duration	Ten steps over 2 bars

Leader

Step	Foot Position	Lead/Hold	Count
1	LF back	Increase tone in L arm and extend it slightly forward	Q
2	Replace weight to RF	Slightly retract L arm	Q
3 - 5	Forward chasse LRL to RSP	Raise L hand and circle anti-clockwise. On 5 place R hand on Lady's back to check her turn. Lower L arm	Q a Q
6	RF forward in Right Side Position, toe turned out	With L hand lead Lady back	Q

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Step	Foot Position	Lead/Hold	Count
7	Replace weight to LF in RSP	With R hand lead Lady forward	Q
8 - 10	Very small backward chasse RLR to OP	Raise L hand and circle clockwise, releasing R hand contact. Lower arm and lead Lady back at end of her turn	Q a Q

Follower

Step	Foot Position	Turn	Count
1	RF back		Q
2	Replace weight to LF		Q
3 - 5	Forward chasse RLR turning underarm to end RF back in RSP	½ L	Q a Q
6	LF back in RSP		Q
7	Replace weight to RF in RSP		Q
8 - 10	Forward chasse LRL turning underarm, to end LF back in OP	½ R	Q a Q

Shoulder Spin

Start: LF bwd (Open Opp.; RH to RH Hold)
Finish: RF slightly bwd (Open Opp.; LH to RH Hold)
//Timing: QQ QaQ QaQ QQ QaQ QaQ //

Change of Hands behind back

Start: LF bwd (Open Opp.; LH to RH Hold)
Finish: RF to side (Open Opp.; LH to RH Hold)
//Timing: QQ QaQ QaQ //
NOTE - General: May start from step 3.
NOTE - Lead-Hold-Shaping: Alternatively man may place Lady’s RH on his waist on step 5, release the hold and allow the Lady’s hand to trail around his waist, regaining LH to RH hold at the end of the turn.

Overview

Starting Position	Open Position
Turn	Man turns ½ left Lady turns ½ right
Ending Position	Open Position

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Duration	Eight steps over 1½ bars

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back	Increase tone in L arm and extend it slightly forward		Q
2	Replace weight to RF	Slightly retract L arm		Q
3 - 5	Forward chasse LRL towards lady's R side	Place R hand over Lady's R hand on 3, leading Lady towards R side. Release L hand hold on 5	⅛ L	Q a Q
6 - 8	Turning chasse RLR to end RF back	Take both hands behind back on 6. Swap Lady's R hand from R hand to L hand behind back. On step 8 release R hand hold and extend L arm forward to normal position	⅜ L	Q a Q

Follower

Step	Foot Position	Turn	Count
1	RF back		Q
2	Replace weight to LF		Q
3 - 5	Forward chasse RLR	⅛ R	Q a Q
6 - 8	Turning chasse LRL to end LF back	⅜ R	Q a Q

Fallaway Throwaway

Start: LF bwd (Close Fallaway; Prom Hold)
Finish: RF fwd and slightly to side (Open Opp.; LH to RH Hold)
//Timing: QQ QaQ QaQ //
NOTE - General: May start from step 3.
NOTE - Couple position: May start in Open Opposing Position with LH to RH or RH to RH Hold.
NOTE - General Action: Man may replace the Rock Action (steps 1-2) with a Side Rock

Overview

Starting Position	Closed Position
Turn	Man turns ¼ left Lady turns ¼ right, ½ left For step 1, turn is commenced towards end of preceding beat of music
Ending Position	Open Position
Duration	Eight steps over 1½ bars

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back in Fallaway	Turn Lady R	⅛ L	Q

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Step	Foot Position	Lead/Hold	Turn	Count
2	Replace weight to RF in PP			Q
3 - 5	LF diagonally forward to chasse LRL	Turn Lady L		Q a Q
Between 5 and 6		Lower L hand on 5 and incline body slightly L	⅛ L	
6 - 8	Forward chasse RLR	Lead Lady back with R hand, release R hand hold, returning body to normal position		Q a Q

Follower

Step	Foot Position	Lead/Hold	Turn	Count
1	RF back in Fallaway		¼ R	Q
2	Replace weight to LF in PP		Begin ⅜ L	Q
3 - 5	Side chasse RLR to end RF side and slightly back		End ⅜ L	Q a Q
Between 5 and 6		Incline body slightly R	⅛ L	
6 - 8	Backward chasse LRL	Return body to normal position		Q a Q

Curly Whip

Start: LF bwd (Open Opp.; LH to RH Hold)
Finish: LF to side (Close Opp.; Normal Hold)
//Timing: QQ QaQ //
NOTE - General: May be followed by a Jive Chasse to side as a choreographic link.
NOTE - Couple position/Lead-Hold-Shaping: Steps 1-2 may also be danced in Normal Hold in Close Opp. Pos, in which case Man will dance a Checked Fwd Step on step 1.

Overview

Starting Position	Closed Position
Turn	Man turns ½ right Lady turns ½ left
Ending Position	Closed Position
Duration	Five steps over 1 bar

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF forward	Lower and extend L arm forward		Q
2	Replace weight to RF	Begin to raise L arm		Q

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Step	Foot Position	Lead/Hold	Turn	Count
3 - 5	Side chasse LRL	Raise L arm and circle hand anticlockwise. Loosen R hand hold on Lady's back for Lady to turn within circle of arm. Regain normal hold at end of Lady's turn	½ R	Q a Q

Follower

Step	Foot Position	Turn	Count
1	RF back		Q
2	Replace weight to LF	Begin ½ L	Q
3	Compact chasse RLR underarm	End ½ L	Q a Q

Simple Spin

Start: LF closed to RF (Open Opp.; Release Hand Hold)
Finish: RF closed to LF (Open Opp.; LH to RH Hold)
//Timing: QQ //
NOTE - Couple Position/ General Action: may start in Open Same Position or L Side Same position. When starting in L Side Same position Man may dance Lady’s steps starting with RF and turning to L.

Overview

Starting Position	Open Counter Promenade Position with left to right hand hold
Turn	Man turns ¼ left Lady turns one full turn right
Ending Position	Open Position with left to right hand hold
Duration	Two steps over ½ bar

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	Close LF to RF	Lower L hand to turn Lady to R then immediately release hold	⅛ L	Q
2	Replace weight to RF	Regain L to R hand hold at end of Lady's turn	⅛ L	Q

Follower

Step	Foot Position	Turn	Count
1	Turn to R on LF, then RF forward, small step	½ R on LF	Q
2	Turn to R on RF then LF back and slightly side	½ R on RF	Q

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Reverse Whip

Start: LF bwd (Close Fallaway; Prom Hold)
Finish: RF to side (Close Opp.; Normal Hold)
//Timing: QQ QaQ QQ QaQ //
NOTE - General: May start from step 3.
NOTE - General: Steps 6-7 may be repeated
NOTE - General Action: Man may replace the Rock Action (steps 1-2) with a Side Rock

Overview

Starting Position	Closed Position
Turn	Man turns one complete turn left Lady turns ⅛ right, 1⅛ left On step 1, turn is commenced towards end of preceding beat of music
Ending Position	Closed Position
Duration	Ten steps over 2 bars

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back in Fallaway	Turn Lady R	⅛ L	Q
2	Replace weight to RF in PP	Begin to turn Lady L		Q
3	LF forward and across RF in Closed Position	Weight change	Begin ¼ L	Q
4	RF to side and slightly back			a
5	LF in front of RF		End ¼ L	Q
6	RF forward and slightly to side		Begin ⅝ L	Q
7	Swivel on ball of LF ending LF in front of RF		End ⅝ L	Q
8 - 10	Side chasse RLR			Q a Q

Follower

Step	Foot Position	Turn	Count
1	RF back in Fallaway	⅛ R	Q
2	Replace weight to LF in PP		Q
3 - 5	RF to side in CP to chasse RLR. End RF back and slightly to side	½ L	Q a Q
6	LF behind RF	Begin ⅝ L	Q
7	RF back and slightly to side	End ⅝ L	Q
8 - 10	Side chasse LRL		Q a Q

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Rolling off the arm

Start: LF bwd (Open Opp.; RH to RH Hold)
Finish: RF diag.fwd (Open Opp.; RH to RH Hold)
//Timing: QQ QaQ QQ QaQ //
NOTE - Lead-Hold-Shaping: RH to LH Hold may be used through this figure. Double Hold may also be used, releasing the hold with LH on step 7.
NOTE - General Action/Quantity of turn: The Lady may be lead to increase the Quantity of Turn over steps 7-10 by 1 whole turn, replacing a Jive chased with Volta Cross Chasse (Double Spin)

Overview

Starting Position	Open Position
Starting Lead/Hold	Right to left hand hold
Turn	Man turns ⅞ right Lady turns ¼ left, 1⅛ right An additional ⅛ right may be made over steps 8 - 10 for both Man and Lady
Ending Position	Open Position+D901
Duration	Ten steps over 2 bars

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back	Increase tone in L arm and extend it slightly forward		Q
2	Replace weight to RF	Slightly retract L arm		Q
3 - 5	LF forward to chasse LRL to end LF side and slightly forward in Right Side Position	R arm on R side to lead Lady into crook of arm, R hand at Lady's waist level	¼ R	Q a Q
6 - 7	2 walks forward, RL, in RSP	Towards end of 7 give slight pull with R hand and start to circle R hand clockwise to roll Lady out of arm	½ R	Q Q
Between 7 and 8			⅛ R	
8 - 10	Forward chasse RLR to end in Open Position	Continue to circle R hand clockwise then extend arm to lead Lady back		Q a Q

Follower

Step	Foot Position	Turn	Count
1	RF back		Q
2	Replace weight to LF		Q
3 - 5	RF forward to chasse RLR to end RF back and slightly side in RSP	¼ L	Q a Q

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Step	Foot Position	Turn	Count
6 - 7	2 walks back, LR, in RSP	½ R over 6 - 7 ½ R on RF	Q Q
Between 7 and 8		⅛ R	
8 - 10	LF diagonally back to chasse LRL to end LF back		Q a Q

Chicken Walks

Start: LF slightly bwd, weight on RF (Open Opp.; LH to RH Hold)
Finish: RF slightly bwd, weight on LF (Close Opp.; LH to RH Hold)
//Timing: SSSS //
NOTE - General: Steps 1-2 may be repeated
NOTE - Timing: This figure may be danced QQQQ or SSQQQQ repeating steps 3 and 4. Any other suitable combination of Q and S may be used.

Overview

Starting Position	Open Position
Turn	Man no turn Lady turns hips alternating left and right
Ending Position	Open Position
Duration	Man Four steps over 1 bar Lady Seven steps over 1 bar

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back, small step with part weigth	Retain tone in L arm		Q
2	Taking full weight to LF, RF back, small step with part weight			Q
3	Taking full weight to RF, LF back, small step with part weight			Q
4	Taking full weight to LF, RF back, small step	Release tone and slightly retract tone		Q

Follower

Step	Foot Position	Lead/Hold	Turn	Count
1	Point RF forward in line with LF, without weight. L knee flexed, R leg straight	Match tone in R arm to Man’s arm tone	Turn hips R	Q
2	Take weight to RF, having moved it slightly toward RF Begin to straighten R knee		Return hips to normal	a

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Step	Foot Position	Lead/Hold	Turn	Count
3	Point LF in line with RF, without weight, R knee flexed, L leg straight		Turn hips L	Q
4	Take weight to Lf, having moved it slightly towards RF Begin to straighten L knee		Return hips to normal	a
5	Point RF forward in line with LF without weight, L knee flexed, R leg straight		Turn hips R	Q
6	Close RF to LF		Return hips to normal	a
7	LF forward			Q

Toe Heel Swivel

Start: LF bwd (Open Opp.; LH to RH and RH to LH Hold)
Finish: RF fwd and across body (Open Prom; LH to RH and RH to LH Hold)
//Timing: QQ QQS QQS //
NOTE - General: Steps 3-8 may be repeated
NOTE - General Action/ Timing: Last step may be followed by a Break Action timed (1)a2
NOTE - Timing: The following alternative timing may be used: QQ QQQ QQQ.

Overview

Starting Position	Open Position
Starting Lead/Hold	Double hand hold. Additional closeness achieved by restricting extension of Man's arms in preceding chasse
Turn	Man turns ⅛ right, ¼ left; ¼ right; ¼ left; ¼ right; ¼ left Lady turns ⅛ left, ¼ right; ¼ left; ¼ right; ¼ left; ¼ right
Ending Position	Open Position
Duration	Eight steps over 2 bars or fourteen steps over 3½ bars by repeating steps 3 to 8

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back	Increase tone in L arm and extend it slightly forward		Q
2	Replace weight to RF	Slightly retract L arm and increase tone in arms	⅛ R on RF	Q
3	Swivel R on RF to CPP and place LF close to RF on toe without weight	Upper body and arms held still maintaining arm tone	¼ L on RF	Q
4	Swivel L on LF to PP and place LF diagonally forward on heel without weight		¼ R on RF	Q

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Step	Foot Position	Lead/Hold	Turn	Count
5	Swivel R on RF and LF forward and across in CPP	Weight change, retaining tone in arms	¼ L on LF	Q
6	Swivel L on LF to PP and toe without weight	Retain tone in arms	¼ L on LF	Q
7	Swivel to R on LF to CPP and place RF diagonally forward on heel without weight	Retain tone in arms	¼ R on LF	Q
8	Swivel to L on LF and RF forward and across in PP	Weight change retaining tone in arms	¼ L on LF	Q

Follower

Step	Foot Position	Lead/Hold	Turn	Count
1	RF back			Q
2	Replace weight to LF			Q
3	Swivel to L on LF in CPP and replace RF close to LF on toe, without weight	Retain tone in arms to heed Man's lead	⅛ L on LF	Q
4	Swivel to R on LF to PP and place RF diagonally forward on heel, without weight		¼ R on LF	Q
5	Swivel to L on LF and RF forward and across in CPP		¼ L on LF	Q
6	Swivel to R on RF to PP and place LF close to RF on toe, without weight		¼ R on RF	Q
7	Swivel to L on RF to CPP and place LF diagonally forward on heel, without weight		¼ L on RF	Q
8	Swivel to R on RF and LF forward and across in PP		¼ R on RF	Q

Stalking Walks, Flicks and Break

Start: LF bwd (Open Opp.; LH to RH and RH to LH hold)
Finish: Weight on RF (Open Prom; LH to RH and RH to LH Hold)
//Timing: QQQQ QQQQ QQQQ QQQQ Q(Q Q)aQ //

Overview

Starting Position	Closed Position
Turn	Man turns ⅛ left, ⅛ right Lady turns ¼ right, ¼ left Commence to turn towards end of preceding beat of music
Ending Position	Promenade Position
Duration	Twenty steps over 5 bars

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Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back in Fallaway	Turn Lady R	⅛ L	Q
2	Replace weight to RF in PP	Begin to turn Lady L		Q
3	Point LF to side in PP without weight	Incline body L		Q
4	LF side in PP small step	Straighten body		Q
5	Point RF forward and across in PP and CBP without weight	Incline body R		Q
6	RF forward in PP and CBP, small step	Straighten body		Q
7	Point LF to side in PP without weight	Incline body L		Q
8	LF side in PP small step	Straighten body		Q
9	Flick RF forward and across in PP off the floor		Slight body turn L	Q
10	Close RF near to LF	Turn Lady to L	¼ R	Q
11	Flick LF forward and across in CPP off the floor		Slight body turn R	Q
12	Close LF near to RF		¼ L	Q
13	Flick RF forward and across in PP off the floor		Slight body turn L	Q
14	Close RF near to LF	Turn Lady to L	¼ R	Q
15	Flick LF forward and across in CPP off the floor		Slight body turn R	Q
16	Close LF near to RF		¼ L	Q
17	RF forward and across in PP and CBP			Q
18	Hold this position			Q
19	Take part weight back to LF			a
20	Replace weight forward to RF in PP			Q

Overview

Follower

Step	Foot Position	Lead/Hold	Turn	Count
1	RF back in Fallaway		¼ R	Q
2	Replace weight to LF in PP			Q
3	Point RF side in PP without weight	Incline body R		Q
4	RF side in PP, small step	Straighten body		Q
5	Point LF forward and across in PP and CBP without weight	Incline body L		Q
6	LF forward in PP and CBP small step	Straighten body		Q
7	Point RF side in PP without weight	Incline body R		Q
8	RF to side in PP, small step	Straighten body		Q
9	Flick LF forward and across in PP, off the floor		Slight body turn R	Q
10	Close left foot near to RF		¼ L	Q
11	Flick RF forward and across in CPP off the floor		Slight body turn L	Q

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Step	Foot Position	Lead/Hold	Turn	Count
12	Close RF near to LF		¼ R	Q
13	Flick LF forward and across in PP, off the floor		Slight body turn R	Q
14	Close left foot near to RF		¼ L	Q
15	Flick RF forward and across in CPP off the floor		Slight body turn L	Q
16	Close RF near to LF		¼ R	Q
17	LF forward and across in PP and CBP			Q
18	Hold position			Q
19	Take part weight to RF			a
20	Replace weight forward to LF in PP			Q

Hip Bump (Left Shoulder Shove)

Start: LF bwd (Open Opp.; LH to RH Hold)
Finish: RF diag., fwd to end RF bwd (Open Opp.; LH to RH Hold)
//Timing: QQQQ QaQ //
NOTE - General: It may start from step 3. Steps 3-4 may be replaced by a Jive Chasse.

Overview

Starting Position	Open Position
Turn	Man turns ¼ right, ¼ left Lady turns ¼ left, ¼ right
Ending Position	Closed Position
Duration	Nine steps over 1½ bars

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back	Increase tone in left arm and extend it slightly forward		Q
2	Replace weight to RF	Slightly retract left arm		Q
3 - 5	Forward chasse LRL to end LF side in LSP	Gradually return arms to normal position	¼ R	Q a Q
6	Hold position and bump L shoulder against Lady's R shoulder or L hip against her R hip			a
7 - 9	Side chasse RLR to end RF back		¼ L	Q a Q

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Follower

Step	Foot Position	Count
1	RF back	Q
2	Replace weight to LF	Q
3 - 5	Forward chasse RLR to end RF side in LSP	¼ L
6	Hold position and bump R shoulder against Man's L shoulder or R hip against his L hip	a
7 - 9	Side chasse LRL to end LF back in OP	¼ R Q a Q

Mooch

Start: LF bwd (Close Opp.; Normal Hold)
Finish: RF to side (Close Opp.; Normal Hold)
//Timing: QQQQ QQQQ QaQ QQQQ QQQQ QaQ //
NOTE - General: Steps 1-11 or 12-22 only may be used.
NOTE - General Action: Flicks may be replaced by a Kicking action.

Miami Special

Start: LF bwd (Open Opp.; RH to RH Hold)
Finish: RF to side (Open Opp.; LH to RH Hold)
//Timing: QQ QaQ QaQ //
NOTE - General Action: Man and lady may dance a Ronde Chasse on Steps 6-8.

Chugging

Start: LF bwd (Open Opp.; RH to RH Hold)
Finish: RF diag. Fwd (Open Opp.; LH to RH Hold)
//Timing: QQ QaQ QaQ QaQ QaQ QaQ QaQ //
NOTE - General: Steps 9-14 may be repeated. Steps 1-14 only may be used. Steps 15-20 may be replaced by steps 3-8 of Overturned Fallaway Throwaway.
NOTE - General Action: Lady may substitute steps 9-14 with a series of Flick Ball Change steps with the RF.

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Catapult

Start: LF bwd (Open Opp.; RH to RH Hold)
Finish: RF diag.fwd. (Open Opp.; LH to RH Hold)
//Timing: QQ QaQ QaQ QQ QaQ QaQ //

Change of Place from R to L with Double Spin

(WDSF only)
Start: LF bwd (Close Fallaway; Prom Hold)
Finish: RF fwd and slightly to side (Open Opp.; LH to RH Hold)
//Timing: QQ QaQ QaQ //
NOTE - General: May start from step 3.

Overview

Similar to Change of Place Right to Left with the Lady led to dance an additional complete turn right

over steps 5 to 8 Starting Position Closed Position **Turn** Man turns ¼ left **Lady** turns ¼ right, ¼ left, 1¾ right **Ending Position** Open Position **Duration** Eight steps over 1½ bars

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back in Fallaway	Turn Lady R	⅛ L	Q
2	Replace weight to RF in PP	Begin to turn Lady L		Q
3 - 5	LF diagonally forward to chasse LRL	Turn Lady L on 3 - 4 Raise L arm circle clockwise releasing R hand hold		Q a Q
Between 5 and 6		Increase Lady's speed of turn during step 5	⅛ L	
6 - 8	Forward chasse RLR	Keep L arm raised. Lower on 8 to arrest Lady's turn		Q a Q

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Follower

Step	Foot Position	Turn	Count
1	RF back in Fallaway	¼ R	Q
2	Replace weight to LF in PP	Begin ¼ L	Q
Between 2 and 3		End ¼ L	
3 - 5	Side chasse RLR	1⅛ R end of 5	Q a Q
6 - 8	Turning chasse LRL to end LF back	⅝ R	Q a Q

Rock to Simple Spin

(WDSF only)
Start: LF bwd (Open Opp.; LH to RH Hold)
Finish: RF closes to LF (Open Opp.; LH to RH Hold)
//Timing: QQQQ //
NOTE - General: RH to RH Hold or RH to LH Hold may be used

Sugar Push

(WDSF only)
Start: Position Held; Weight on RF (Open Opp.; LH to RH Hold)
Finish: RF fwd and slightly across body (Open Opp.; LH to RH Hold)
//Timing: QaQ QQ QaQ //
NOTE - General: May start from step 4.
NOTE - General Action: Steps 1-3 may be replaced by Rock Action or/and by 2 steps taken slightly Fwd. Steps 1-3 may be used as an alternative to the Rock Action

Ball Change

(WDSF only)
Start: LF pointed diag. fwd w/o wt (Open Opp.; LH to RH Hold)
Finish: RF in place (Open Opp.; LH to RH Hold)
//Timing: QaQ //
NOTE - General Action: When the LF is kicked (jumping action of the standing leg) it is called KICK BALL CHANGE. When the LF is flicked (no jumping action) it is called FLICK BALL CHANGE. When the

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position is held on the step 1 it is called BREAK BALL CHANGE

Overview

Ball Change with Flick To be used as alternative to steps 1 and 2 of Link

Starting Position	Open Position
Turn	No turn
Ending Position	Closed Position
Duration	Three steps over ½ bar

Leader

Step	Foot Position	Count
1	Flick LF forward from knee slightly off floor or point LF forward without weight on toe outside edge	Q
2	LF back with part weight, small step on toe	a
3	Replace weight to RF	Q

Follower

Step	Foot Position	Count
1	Flick RF forward from knee slightly off floor or point RF forward without weight on toe outside edge	Q
2	RF back with part weight small step on toe	a
3	Replace weight to LF	Q

Ball Change with Hesitation To be used as alternative to steps 1 and 2 of Link - more often danced by Lady

Starting Position	Open Position
Turn	No turn
Ending Position	Closed Position
Duration	Three steps over ½ bar

Leader

Step	Foot Position	Count
1	Hold position with weight on RF	Q
2	Close LF to RF or replace weight to LF	a
3	RF forward	Q

Follower

Step	Foot Position	Count
1	Hold position with weight on LF	Q

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Step	Foot Position	Count
2	Close RF to LF or replace weight to RF	a
3	LF forward	Q

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