Foxtrot

Approved Syllabus · Standard Style

Click a figure to jump to its description.

1. Feather Step
2. Three Step
3. Natural Turn
4. Reverse Turn(Including Feather Finish)
5. Change of Direction
6. Basic Weave
7. Reverse Wave
8. Closed Impetus Turn and Feather Finish
9. Natural Weave
10. Weave from Promenade Position
11. Hover Feather *(ISTD only)*
12. Hover Telemark
13. Natural Telemark
14. Natural Twist Turn
15. Top Spin
16. Double Reverse Spin
17. Closed Telemark
18. Open Telemark and Feather Ending
19. Open Natural Turn
20. Outside Swivel
21. Natural Zig Zag from Promenade Position
22. Hover Cross
23. Curved Feather to Back Feather
24. Open Impetus
25. Hover Telemark to Promenade Position
26. Fallaway Reverse and Slip Pivot
27. Natural Hover Telemark
28. Bounce Fallaway with Weave Ending
29. Outside Spin
30. Heel Pull Finish *(WDSF only)*
31. Whisk *(WDSF only)*
32. Back Whisk *(WDSF only)*
33. Double Reverse Spin *(WDSF only)*
34. Curved Three Step *(WDSF only)*
35. Curved Feather from PP *(WDSF only)*
36. Quick Open Reverse *(WDSF only)*
37. Extended Reverse Weave *(WDSF only)*
38. Reverse Pivot *(WDSF only)*
39. Hover Corte *(WDSF only)*
40. Progressive Chasse to Right *(WDSF only)*

UNCONTROLLED COPY – the current version of this rule is published at https://dancesport.org.au/dswiki/doku.php?id=syllabus:foxtrot:start

From:
https://dancesport.org.au/dswiki/ - **DSA Rules**

Permanent link:
https://dancesport.org.au/dswiki/doku.php?id=syllabus:foxtrot:start

Last update: **2026/06/22 15:20**

This printed or downloaded copy is not a controlled document. Always check the link above for the current version of this rule.

UNCONTROLLED COPY – the current version of this rule is published at https://dancesport.org.au/dswiki/doku.php?id=syllabus:foxtrot:start