

Foxtrot

[Approved Syllabus](#) · Standard Style

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1. [Feather Step](#)
2. [Three Step](#)
3. [Natural Turn](#)
4. [Reverse Turn\(Including Feather Finish\)](#)
5. [Change of Direction](#)
6. [Basic Weave](#)
7. [Reverse Wave](#)
8. [Closed Impetus Turn and Feather Finish](#)
9. [Natural Weave](#)
10. [Weave from Promenade Position](#)
11. [Hover Feather](#) (*ISTD only*)
12. [Hover Telemark](#)
13. [Natural Telemark](#)
14. [Natural Twist Turn](#)
15. [Top Spin](#)
16. [Double Reverse Spin](#)
17. [Closed Telemark](#)
18. [Open Telemark and Feather Ending](#)
19. [Open Natural Turn](#)
20. [Outside Swivel](#)
21. [Natural Zig Zag from Promenade Position](#)
22. [Hover Cross](#)
23. [Curved Feather to Back Feather](#)
24. [Open Impetus](#)
25. [Hover Telemark to Promenade Position](#)
26. [Fallaway Reverse and Slip Pivot](#)
27. [Natural Hover Telemark](#)
28. [Bounce Fallaway with Weave Ending](#)
29. [Outside Spin](#)
30. [Heel Pull Finish](#) (*WDSF only*)
31. [Whisk](#) (*WDSF only*)
32. [Back Whisk](#) (*WDSF only*)
33. [Double Reverse Spin](#) (*WDSF only*)
34. [Curved Three Step](#) (*WDSF only*)
35. [Curved Feather from PP](#) (*WDSF only*)
36. [Quick Open Reverse](#) (*WDSF only*)
37. [Extended Reverse Weave](#) (*WDSF only*)
38. [Reverse Pivot](#) (*WDSF only*)
39. [Hover Corte](#) (*WDSF only*)
40. [Progressive Chasse to Right](#) (*WDSF only*)

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