Foxtrot — Figure Descriptions

Feather Step

Start: RF fwd (Closed Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: SQQ //
NOTE - Foot Placement/Couple position: Step 1 may be taken fwd in CBMP in Outside Partner Position.

Three Step

Start: LF fwd (Closed Position)
Finish: LF fwd (Closed Position)
//Timing: SQQ //

Natural Turn

Start: RF fwd and slightly to side (Closed Position)
Finish: RF bwd (Closed Position)
//Timing: SQQ //
NOTE - Foot Placement/Couple position: Step 1 may be danced in CBMP in Outside Partner Position.

Reverse Turn(Including Feather Finish)

Reverse Turn
Start: LF fwd and slightly to side (Closed Position)
Finish: LF bwd (Closed Position)
//Timing: SQQ //
Feather Finish
Start: RF bwd and slightly to side (Closed Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: SQQ //

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Change of Direction

Start: LF fwd and slightly to side (Closed Position)
Finish: LF fwd (Closed Position)
//Timing: SSSS //
NOTE - Quantity of turn: It may turn ½ to L when danced into a corner.

Basic Weave

Start: LF fwd (Closed Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: QQQQQQ //
NOTE - General: Steps 2-3 may be repeated (Extended Basic Weave)

Reverse Wave

Start: LF fwd and slightly to side (Closed Position)
Finish: LF fwd (Closed Position)
//Timing: SQQ SQQ QSQ //
NOTE - General: Steps 1-4, 1-6 or 4-6 only may be used.
NOTE- Rise and Fall: when steps 1-4 are used as a preceding figure to Basic Weave there is no lowering action on step 3. The lowering will occur at the end of step 4.

Closed Impetus Turn and Feather Finish

Impetus
Start: LF bwd and slightly to side (Closed Position)
Finish: LF to side and slightly bwd (Closed Position)
//Timing: SSS //
Feather Finish
Start: RF bwd and slightly to side (Closed Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: SQQ //

Natural Weave

Start: RF fwd and slightly to side (Closed Position)
Finish: RF fwd in CBMP (Outside Partner Position)

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//Timing: SQQ QQQQ //
NOTE - General: Steps 3-4 may be repeated (Extended Natural Weave).
NOTE - Foot Placement/Couple position: It may start from Prom Pos. Step 1 may be danced in CBMP in Outside Partner Position.

Weave from Promenade Position

Start: RF fwd and across in CBMP (Promenade Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: SQQ QQQQ //
NOTE - General: Steps 3-4 may be repeated (Extended Weave from PP)
NOTE - Foot Placement/Couple position: Step 1 may be danced fwd in CBMP in Outside Partner Position.

Hover Feather

(ISTD only)
Start:
Finish:
//Timing: //

Hover Telemark

Start: LF diag fwd (Closed Position)
Finish: LF diag fwd (Closed Position)
//Timing: SQQ //

Natural Telemark

Start: RF fwd and slightly to side (Closed Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: SQQQQ //
NOTE - Couple position: Step 1 may be danced fwd in CBMP in Outside Partner Position.

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Natural Twist Turn

Start: RF fwd (Closed Position)
Finish: RF in CBMP (Outside Partner Position)
//Timing: SQ&Q SQQ //
NOTE - Couple position: it may start in Prom Pos. Step 1 may be taken fwd in CBMP in Outside Partner Position.

Top Spin

Start: LF bwd in CBMP (Outside Partner Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: QQQQ //

Double Reverse Spin

Start: LF FWD and slightly to side (Closed Position)
Finish: LF closes to RF w/o weight, weight on R foot (Closed Pos)
//Timing: SQ (Q) (SQ&Q Lady) //
NOTE - Timing: Alternative timing of SSQQ may be used.

Closed Telemark

Start: LF fwd and slightly to side (Closed Position)
Finish: LF to side and slightly fwd (Closed Position)
//Timing: SQQ //

Open Telemark and Feather Ending

Telemark to PP
Start: LF fwd and slightly to side (Closed Position)
Finish: LF to side (Promenade Position)
//Timing: SQQ //
Feather Ending
Start: RF fwd in CBMP (Promenade Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: SQQ //

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Open Natural Turn

Start: RF fwd and across in CBMP (Promenade Position)
Finish: RF bwd R side leading (Closed Position)
//Timing: SQQ //
NOTE - Couple position: Step 1 may be danced in CBMP in Outside Partner Position.

Outside Swivel

Start: LF bwd in CBMP (Outside Partner Position)
Finish: Weight on LF (Promenade Position)
//Timing: S //
NOTE - Timing: Additional S may be used.
NOTE - Quantity of turn: Swivel may be turned up to 3/8 to R.

Natural Zig Zag from Promenade Position

Start: RF fwd and across in CBMP (Promenade Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: SQQQQ //

Hover Cross

Start: RF fwd and slightly to side (Closed Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: SQQ QQQQ //
NOTE - Foot Placement/Couple position: It may start from Promenade Position. Step 1 may be danced fwd in CBMP in Outside Partner Position.

Curved Feather to Back Feather

Curved Feather
Start: RF fwd (Closed Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: SQQ //
NOTE - Foot Placement/Couple position: Step 1 may be taken fwd in CBMP in Outside Partner Position.
Back Feather
Start: LF bwd in CBMP (Outside Partner Position)

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Finish: LF bwd in CBMP (Outside Partner Position)
//Timing: SQQ //

Open Impetus

Start: LF bwd and slightly to side (Closed Position)
Finish: LF diag fwd L side leading (Promenade Position)
//Timing: SQQ //

Hover Telemark to Promenade Position

Start: LF diag fwd (Closed Position)
Finish: LF to side (Promenade Position)
//Timing: SQQ //

Fallaway Reverse and Slip Pivot

Start: LF fwd in CBMP (Closed Position)
Finish: RF bwd (Slip Pivot) (Closed Position)
//Timing: QQQQ //
NOTE - Timing: alternative timing S&QQ or SQQS may be used.
NOTE - Quantity of turn: The figure may be danced without turn on step 4, when danced into a corner.

Natural Hover Telemark

Start: RF fwd and slightly to side (Closed Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: SQQ SQQ //
NOTE - Couple position: Step 1 may be danced fwd in CBMP in Outside Partner Position. It may start in Promenade Position.

Bounce Fallaway with Weave Ending

Start: LF fwd and slightly to side (Closed Position)
Finish: RF fwd in CBMP (Outside Partner Position)
//Timing: S&QQ QQQQ //

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NOTE - General: Figure may be extended by repeating steps 4-5.

Outside Spin

Start: LF bwd in CBMP (Outside Partner Position)
Finish: LF to side (Closed Position)
//Timing: SQQ //
NOTE - Timing: alternative timing &QQ may be used.
NOTE - Quantity of turn: When the outside Spin is underturned (no Pivot on step 3) the following step will be taken bwd.

Heel Pull Finish

(WDSF only)
Start: LF bwd (Closed Position)
Finish: LF fwd (Closed Position)
//Timing: QSQ //
NOTE - General: Steps 1-2 only may be used (Timing QQS-Hesitation).
NOTE - Timing: Alternative timing SSS or QQS may be used.

Whisk

(WDSF only)
Start: LF fwd (Closed Position)
Finish: LF crossed behind RF (Promenade Position)
//Timing: SQQ //
NOTE - Quantity of turn: It may turn up to ¼ to L.

Back Whisk

(WDSF only)
Start: LF bwd (Outside Partner Position)
Finish: LF crossed behind RF (Promenade Position)
//Timing: SQQ //
NOTE - Quantity of turn: It may turn up to 3/8 to R.

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Double Reverse Spin

(WDSF only)
Start: LF FWD and slightly to side (Closed Position)
Finish: LF closes to RF w/o weight, weight on R foot (Closed Pos)
//Timing: SQ (Q) (SQ&Q Lady) //
NOTE - Timing: Alternative timing of SSQQ may be used.

Curved Three Step

(WDSF only)
Start: LF fwd (Closed Position)
Finish: LF fwd in CBMP (Closed Position)
//Timing: SQQ //

Curved Feather from PP

(WDSF only)
Start: RF fwd in CBMP (Promenade Position)
Finish: Weight on R foot (Outside Partner Position)
//Timing: SQQ //

Quick Open Reverse

(WDSF only)
Start: RF fwd in CBMP (Outside Partner Position)
Finish: Weight on R foot (Outside Partner Position)
//Timing: SQ&Q SQQ //
NOTE - General: Steps 1-4 only may be used. The figure can start from step 2.
NOTE - Couple position: The figure may start from Promenade Position.

Extended Reverse Weave

(WDSF only)
Start: LF fwd and slightly to side (Closed Position)
Finish: LF fwd (Closed Position)
//Timing: SQQ SQQ SQQ SQQ QSQ //
NOTE - General: Steps 1-9, 1-12, 6-12 or 6-15 only may be used.

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Reverse Pivot

(WDSF only)
Start: RF diag BWD (Closed Position)
Finish: Weight on R F (Closed Position)
//Timing: S //
NOTE - Timing: Alternative timing Q or & may be used. If Q is used the timing of the following figure will change.

Hover Corte

(WDSF only)
Start: RF bwd and slightly to side (Closed Position)
Finish: Transfer weight to RF (Closed Position)
//Timing: SQQ //
NOTE - Timing: alternative timing SSS may be used
NOTE - Couple Position: it may start in Promenade Position
NOTE - General: follow with Weave Ending (3-6 Basic Weave)

Progressive Chasse to Right

(WDSF only)
Start: LF fwd and slightly to side (Closed Position)
Finish: RF to side and slightly bwd (Closed Position)
//Timing: S Q&Q //
NOTE - General: follow with Weave Ending (3-6 Basic Weave)

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