Cha Cha Cha

Approved Syllabus · Latin American Style

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1. Basic Movements-Closed, Open, In Place
2. Spot Turns – to Right, to Left
3. Underarm Turns - to Right, to Left
4. Switch Turns – to Right, to Left *(ISTD only)*
5. New York – to Left Side Position, to Right Side Position
6. Hand to Hand–to Left Side Position, to Right Side Position
7. Fan
8. Hockey Stick
9. Alemana
10. Three Cha Cha Cha's
11. Natural Top
12. Natural Opening Out Movement *(ISTD only)*
13. Shoulder to Shoulder – to Right Side, to Left Side
14. Time Steps
15. Cross Basic
16. Hip Twists – Closed, Open, Advanced
17. Aida
18. Spiral *(ISTD only)*
19. Cuban Break - Left Foot, Right Foot, Split
20. Sweetheart
21. Curl
22. Hip Twist Spiral
23. Turkish Towel
24. Foot Changes
25. Reverse Top *(ISTD only)*
26. Opening Out from Reverse Top *(ISTD only)*
27. Rope Spinning
28. Follow My Leader
29. Side Step to Left, to Right *(ISTD only)*
30. There and Back *(ISTD only)*
31. Chase *(ISTD only)*
32. Syncopated Open Hip Twist *(WDSF only)*
33. Continuous Overturned Lock *(WDSF only)*
34. Swivels *(WDSF only)*
35. Walks & Whisks *(WDSF only)*

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