# Cha Cha Cha — Figure Descriptions

## Basic Movements - Closed, Open, In Place

**CLOSE BASIC MOVEMENT**
Start: LF fwd T turned out (Close Opp.; Normal Hold)
Finish: RF to side (Close Opp.; Normal Hold)
//Timing: 2 3 4&1 2 3 4&1 //
NOTE - General: Steps 1-5 or 6 - 10 only may be used.
NOTE - Couple Position: May be danced in Open Opposing position with any appropriate hold.
NOTE - Quantity of turn: Up to ½ turn to L can be made

### Overview - Closed Basic

| | |
|---|---|
| **Starting Position** | Closed Position |
| **Turn** | Man and Lady turn ¼ (or up to ½) left |
| **Footwork** | Ball flat throughout |
| **Lead** | Weight changes throughout |
| **Hold** | Normal hold |
| **Ending Position** | Closed Position |
| **Duration** | Ten steps over 2 bars |

### Leader - Closed Basic

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | LF forward | Begin ⅛ L | 2 |
| 2 | Replace weight to RF | | 3 |
| 3 - 5 | LF side and slightly back to chasse LRL | End ⅛ L | 4 & 1 |
| 6 | RF back | Begin ⅛ L | 2 |
| 7 | Replace weight to LF | | 3 |
| 8 - 10 | RF side to chasse RLR | End ⅛ L | 4 & 1 |

### Follower - Closed Basic

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF back | Begin ⅛ L | 2 |
| 2 | Replace weight to LF | | 3 |
| 3 - 5 | RF side to chasse RLR | End ⅛ L | 4 & 1 |
| 6 | LF forward | Begin ⅛ L | 2 |
| 7 | Replace weight to RF | | 3 |
| 8 - 10 | LF side and slightly back to chasse LRL | End ⅛ L | 4 & 1 |


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**OPEN BASIC MOVEMENT**
Start: LF fwd T turned out (Open Opp.; LH to RH)
Finish: RF fwd (Open Opp.; LH to RH)
//Timing: 2 3 4&1 2 3 4&1 //
NOTE - General: Steps 1-3 or 4-6 only may be used.
NOTE - Couple Position: May be danced in Close Opposing Position
NOTE - General Action/ Timing/Hold: Steps 3-5 may be replaced with 3 Cha Cha Locksteps bwd( 4&1 2&3 4&1) and steps 8 - 10 may be replaced by 3 Cha Cha Locksteps fwd (4&1 2&3 4&1). The hold may change from RH to RH on the first Lockstep to LH to LH on the second Lockstep and back to RH to RH or any other appropriate hold depending on the following figure.

### Overview - Open Basic

| | |
|---|---|
| **Starting Position** | Open or Closed Position |
| **Turn** | No turn |
| **Footwork** | Ball flat throughout |
| **Lead** | Weight changes throughout |
| **Hold** | Normal hold, L to R hand hold or without hold |
| **Ending Position** | Open or Closed Position |
| **Duration** | Ten steps over 2 bars |
| **Foot Position** | Similar to the Closed Basic with the following exceptions:<br>**Man** dances the first chasse backward and the second chasse forward<br>**Lady** dances the first chasse forward and the second chasse backward |

## Spot Turns – to Right, to Left

**SPOT TURN TO RIGHT**
Start: LF fwd and slightly across the body (L Side Same; Release Hold)
Finish: LF to side (Open Opp.; LH to RH)
//Timing: 2 3 4&1 //

### Overview - Spot Turn Right

| | |
|---|---|
| **Starting Position** | Closed, Open, Promenade and Open Counter Promenade Position |
| **Turn** | **Man** one complete turn right<br>**Lady** one complete turn left |
| **Footwork** | Ball flat throughout |
| **Duration** | Five steps over 1 bar |


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| | |
|---|---|
| **Foot Position** | Two forward walks and a chasse circling to the left or right and ended to side |
| **Note** | Spot Turn may be danced solo by Man or Lady. May also be danced as a solo turn where one foot remains on a spot around which the circle is made. |

### Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward | If using hold, increase tone in arm, turn with body then release hold | ¼ R | 2 |
| 2 | Keeping RF in place, replace weight to RF | | ½ R | 3 |
| 3 - 5 | LF side to chasse LRL | Take required hold at end of 5 | ¼ R | 4 & 1 |

### Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF forward | ¼ L | 2 |
| 2 | Keeping LF in place, replace weight to LF | ½ L | 3 |
| 3 - 5 | RF side to chasse RLR | ¼ L | 4 & 1 |

**SPOT TURN TO L**
Start: RF fwd and slightly across the body (R Side Same; Release Hold)
Finish: RF to side (Open Opp.; RH to LH)
//Timing: 2 3 4&1 //
NOTE - General Action: Steps 3-5 may be replaced by a Cha Cha Lockstep fwd (Man) and Cha Cha Lockstep bwd (Lady).

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# Underarm Turns - to Right, to Left

**UNDERARM TURN TURNING R**
Start: RF bwd (L Diag. R Angle; Lady turns under Man’s LH)
Finish: RF to side (Close Opp.; Normal Hold)
//Timing: 2 3 4&1 //

NOTE - General Action: Steps 3-5 may be replaced by a Cha Cha Lockstep fwd (Man) and Cha Cha Lockstep bwd (Lady)

**UNDERARM TURN TURNING L**
Start: LF fwd T turned out (L Diag. Same; Lady turns under Man’s LH)
Finish: LF to side (Close Opp.; Normal Hold)
//Timing: 2 3 4&1 //

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# Switch Turns – to Right, to Left

*(ISTD only)*
Start:
Finish:
//Timing: //

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# New York – to Left Side Position, to Right Side Position

**NEW YORK TO L**
Start: RF fwd and across body, T turned out (R Side Same; RH to LH)
Finish: RF to side (Open Opp.; RH to LH)
//Timing: 2 3 4&1 //
NOTE - Timing: Guapacha Timing may be used
NOTE - General Action: Cha Cha Chasse to side may be replaced by a Three Step Turn for Man and Lady, or Lady only. It may also be replaced by a Ronde Chasse.

**NEW YORK TO R**
Start: LF fwd and across body, T turned out (L Side Same; LH to RH)
Finish: LF to side (Open Opp.; LH to RH)
//Timing: 2 3 4&1 //
NOTE - Timing: Guapacha Timing may be used.
NOTE - General Action: Cha Cha Chasse to side may be replaced by a Three Step Turn for Man and Lady, or Lady only. It may also be replaced by a Ronde Chasse.

## Overview

| | |
|---|---|
| **Starting Position** | Closed or Open Position |
| **Starting Hold** | Take left to right hand hold at end of previous step |
| **Turn** | Man turns ¼ right, ½ left, ¼ right<br>Lady turns ¼ left, ½ right, ¼ left |
| **Footwork** | Ball flat throughout |
| **Ending Position** | Closed or Open Position |
| **Duration** | Ten steps over 2 bars |

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward in LSP toe turned out | Increase tone in L arm and turn it with body over steps 1 - 5 | ¼ R | 2 |
| 2 | Replace weight to RF | | Begin ¼ L | 3 |



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| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 3 - 5 | LF side to chasse LRL | Regain double hand hold | End ¼ L | 4 & 1 |
| 6 | RF forward in RSP | Release L hand | ¼ L | 2 |
| 7 | Replace weight to LF | Increase tone in R arm and | Begin ¼ R | 3 |
| 8 - 10 | RF side to chasse RLR | turn it with body over steps 6 - 10 Regain required hold | End ¼ R | 4 & 1 |

### Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF forward in LSP | ¼ L | 2 |
| 2 | Replace weight to LF | Begin ¼ R | 3 |
| 3 - 5 | RF side to chasse RLR | End ¼ R | 4 & 1 |
| 6 | LF forward in RSP | ¼ R | 2 |
| 7 | Replace weight to RF | Begin ¼ L | 3 |
| 8 - 10 | LF side to chasse LRL | End ¼ L | 4 & 1 |

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## Hand to Hand–to Left Side Position, to Right Side Position

**HAND TO HAND TO L**
Start: LF bwd (R Side Same; RH to LH)
Finish: LF to side (Open Opp.; RH to LH)
//Timing: 2 3 4&1 //

**HAND TO HAND TO R**
Start: RF bwd (L Side Same; LH to RH)
Finish: RF to side (Open Opp.; LH to RH)
//Timing: 2 3 4&1 //

### Overview

| | |
|---|---|
| **Starting Position** | Closed Position |
| **Starting Hold** | Take double hand hold at end of preceding step |
| **Turn** | Man turns ¼ left, ½ right, ¼ left<br>Lady turns ¼ right, ½ left, ¼ right<br>Step 1 turn is commenced towards end of previous beat of music |
| **Footwork** | Ball flat throughout |
| **Ending Position** | Closed Position |
| **Duration** | Fifteen steps over 3 bars |


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### Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF back in RSP | Release L hand. Increase tone | ¼ L | 2 |
| 2 | Replace weight to RF | in R arm and turn it with body | Begin ¼ R | 3 |
| 3 - 5 | LF to side to chasse LRL | Regain double hand hold on 5 | End ¼ R | 4 & 1 |
| 6 | RF back in LSP | Release R hand | ¼ R | 2 |
| 7 | Replace weight to LF | | Begin ¼ L | 3 |
| 8 - 10 | RF to side to chasse RLR | Regain double hand hold on 10 | End ¼ L | 4 & 1 |
| 11 - 15 | Repeat steps 1 - 5 | | | 2 3 4 & 1 |

### Follower

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | RF back in RSP | Hold both arms steady | ¼ R | 2 |
| 2 | Replace weight to LF | | Begin ¼ L | 3 |
| 3 - 5 | RF to side to chasse RLR | | End ¼ L | 4 & 1 |
| 6 | LF back in LSP | | ¼ turn L | 2 |
| 7 | Replace weight to RF | | Begin ¼ R | 3 |
| 8 - 10 | LF to side to chasse LRL | | End ¼ R | 4 & 1 |
| 11 - 15 | Repeat steps 1 - 5 | | | 2 3 4 & 1 |

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# Fan

Start: RF bwd (L Diag. R Angle; RH releases Hold)
Finish: RF to side (fan L Angle; LH to RH)
//Timing: 2 3 4&1 //
NOTE - Timing: Guapacha Timing may be used.
NOTE - General Action/Couple Position: May end in Open Opp. Pos. Man turns ¼ to L at the end of step 2 and dances a Cha Cha Lock fwd or three Cha Cha Locks fwd ( lady as chart or 3 Cha Cha Locks bwd) or a Cha Cha Chasse to side( Lady Cha Cha Chasse to side) The figure may be used as a Foot Change- in this case Lady will dance a Spiral Cross on step 7 and follow with Cha Cha Chasse to side to end in L Side Same Position. Man will replace steps 8-10 with side Rock (RF, LF) timed 4 1 and release hold at the end

### Overview

| | |
|---|---|
| **Starting Position** | Closed Position |
| **Turn** | Man turns ⅛ left<br>Lady turns ⅜ left |
| **Footwork** | Ball flat throughout |
| **Ending Position** | Fan Position |



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| | |
|---|---|
| **Duration** | Ten steps over 2 bars |

### Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward | Weight Changes | | 2 |
| 2 | Replace weight to RF | | Begin ⅛ L | 3 |
| 3 - 5 | LF side and slightly back to chasse LRL | | End ⅛ L | 4 & 1 |
| 6 | RF back | Lower L arm to waist level increase tone in L arm | | 2 |
| 7 | Replace weight to LF | Release R hand hold | | 3 |
| 8 - 10 | RF side to chasse RLR | Slightly extent L arm to indicate Lady's back step | | 4 & 1 |

### Follower

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | RF back | | | 2 |
| 2 | Replace weight to LF | | Begin ⅛ L | 3 |
| 3 - 5 | RF side to chasse RLR | | End ⅛ L | 4 & 1 |
| 6 | LF forward | | | 2 |
| 7 | RF back and slightly side | Brace R arm slightly | ⅛ L | 3 |
| 8 - 10 | LF back to chasse LRL | | ⅛ L | 4 & 1 |

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# Hockey Stick

Start: LF fwd T turned out (Fan L Angle; LH to RH)
Finish: RF fwd (Open Opp.; LH to RH)
//Timing: 2 3 4&1 2 3 4&1 //
NOTE - General Action: Ronde Chasse may be replaced by Slip Close Chasse. Steps 8-10 may be replaced by 3 Cha Cha Locks fwd for Man, bwd for Lady

### Overview

| | |
|---|---|
| **Starting Position** | Fan Position |
| **Turn** | Man turns ⅛ right<br>Lady turns ⅝ left |
| **Footwork** | Ball flat throughout |
| **Ending Position** | Open Position |
| **Duration** | Ten steps over 2 bars |



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### Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward | Slightly release L arm tone | | 2 |
| 2 | Replace weight to RF | Contract L arm and gradually | | 3 |
| 3 - 5 | Compact chasse LRL | raise it in front of Lady's head | | 4 & 1 |
| 6 | RF back | Turn Lady L by extending L arm | ⅛ R | 2 |
| 7 | Replace weight to LF | Lower L arm | | 3 |
| 8 - 10 | RF forward to chasse RLR | Slightly extend L arm forward | | 4 & 1 |

### Follower

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | Close RF to LF | | | 2 |
| 2 | LF forward | | | 3 |
| 3 - 5 | RF forward to chasse RLR | | | 4 & 1 |
| 6 | LF forward | Turn under Man's arm | Begin ⅝ L | 2 |
| 7 | RF back and slightly side | | | 3 |
| 8 - 10 | LF back to chasse LRL | | End ⅝ L | 4 & 1 |

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# Alemana

Start: LF fwd, T turned out (Fan L Angle; LH to RH)
Finish: RF fwd and slightly across the body (R Diag. Opp.; Normal Hold)
//Timing: 2 3 4&1 2 3 4&.1 //
NOTE_ General: Steps 6-10 only may be used.
NOTE - General Action: Man’s step 6 may be danced as a Bwd Walk and step 7 as a Side Walk.
NOTE -General Action/Couple Position: Steps 8 -10 may be replaced by a side Chasse for Man and Lady danced in Close Opp. or Open Opp. Position.

### Overview

| | |
|---|---|
| **Starting Position** | Fan Position |
| **Turn** | Man no turn<br>Lady turns 1¼ right |
| **Footwork** | Ball flat throughout |
| **Ending Position** | Closed Position |
| **Duration** | Ten steps over 2 bars |

### Leader



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| Step | Foot Position | Lead/Hold | Count |
|---|---|---|---|
| 1 | LF forward | Slightly release L arm tone | 2 |
| 2 | Replace weight to RF | Contract L arm | 3 |
| 3 - 5 | Compact chasse LRL | Raise L hand above Lady's R shoulder | 4 & 1 |
| 6 | RF back | Circle L hand clockwise over | 2 |
| 7 | Replace weight to LF | steps 6 - 7 | 3 |
| 8 - 10 | Compact chasse RLR | Lower L arm to required hold on 10 | 4 & 1 |

### Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | Close RF to LF | | 2 |
| 2 | LF forward | | 3 |
| 3 - 5 | RF forward to chasse RLR | Begin 1¼ R | 4 & 1 |
| 6 | LF forward | | 2 |
| 7 | RF forward | | 3 |
| 8 - 10 | LF forward to chasse LRL | End 1¼ R | 4 & 1 |

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# Three Cha Cha Cha’s

**THREE CHA CHA CHAS TO R**
Start: RF to side (Open Opp.; LH to RH)
Finish: RF to side (Open Opp.; LH to RH)
//Timing: 4&1 2&3 4&1 //
NOTE - General: Three Cha Cha Chas to R may replace steps 3-5 of Hand to Hand to R, New York to L, Spot Turn to L, Underarm Turn to R, Time Step. Steps 4 -9 only may be danced.

**THREE CHA CHA CHAS TO L**
Start: LF to side (Open Opp.; RH to LH)
Finish: LF to side (Open Opp.; RH to LH)
//Timing: 4&1 2&3 4&1 //
NOTE - General: Three Cha Cha Chas to L may replace steps 3-5 of Hand to Hand to L, New York to R, Spot Turn to R, Underarm Turn to L and steps 8-10 of Time Step. Steps 4 -9 only may be danced.

### Overview

Three chasses are danced progressively in one direction

| | |
|---|---|
| **Starting Position** | Closed or Open Position |
| **Hold** | Normal hold, left to right hand hold or double hand hold |
| **Turn** | No turn or gradually curving up to ⅜ left |


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| | |
|---|---|
| **Count** | 4 & 1, 2 & 3, 4 & 1 |
| **Duration** | Nine steps over 1½ bars |

**Alternatives**

**Three Cha Cha Chas Backward Man** Three backward chasses commenced on LF **Lady** Three forward chasses commenced on RF

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# Natural Top

Start: RF crossed behind LF, T turned out (Close Opp.; Normal Hold)
Finish: RF fwd and slightly across the body (R Side Opp.; Normal Hold)
//Timing: 2 3 4&1 2 3 4&1 2 3 4&1 //
NOTE - General: Steps 1-10 or 11-15 only may be used.
NOTE - General Action/Couple Position: Steps 13-15 may be replaced by a side Chasse for Man and Lady danced in Close Opp. or Open Opp. Position.

## Overview

| | |
|---|---|
| **Starting Position** | Closed Position |
| **Turn** | Up to 2½ turns right. Turn is continuous and square to partner. |
| **Lead** | Weight changes throughout |
| **Footwork** | Ball flat throughout. Heel of the RF should not lower until LF commences to move. The legs should be slightly flexed when feet are crossed and straighten when feet are<br>apart. There is no hip movement. |
| **Ending Position** | Closed Position |
| **Duration** | Fifteen steps over 3 bars. Steps 1 - 4 and 15 may be danced over 1 bar. |

## Leader

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF behind LF toe to heel, toe turned out | Begin 2½ R | 2 |
| 2 | LF side | | 3 |
| 3 - 14 | Repeat steps 1 - 2 six times | | 4 & 1 2 3 4 & 1 2 3 4 & |
| 15 | Close RF to LF | End 2½ R | 1 |

## Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | LF side | Begin 2½ R | 2 |
| 2 | RF in front of LF, with R toe turned out | | 3 |



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| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 3 - 14 | Repeat steps 1 - 2 six times | | 4 & 1 2 3 4 & 1 2 3 4 & |
| 15 | LF side | End 2½ R | 1 |

# Natural Opening Out Movement

*(ISTD only)*
Start:
Finish:
//Timing: //

## Overview

| | |
|---|---|
| **Starting Position** | Closed Position |
| **Turn** | Man slight body turn right and back<br>Lady turns up to ½ right, ½ left |
| **Footwork** | Ball flat throughout |
| **Ending Position** | Closed Position |
| **Duration** | Five steps over 1 bar |

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward or side in RSP | Increase tone in L arm Lower L hand to chest level Widen hold in R arm | Slight body turn R | 2 |
| 2 | Replace weight to RF | Retain tone in arms | | 3 |
| 3 - 5 | Compact Chasse LRL to end in CP | Gradually return arms to required hold | Body returns to normal position | 4 & 1 |

## Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF back | ½ R on LF | 2 |
| 2 | Replace weight to LF | Begin ½ L | 3 |
| 3 - 5 | RF to side to chasse RLR | End ½ L | 4 & 1 |

# Shoulder to Shoulder – to Right Side, to Left Side


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Start: LF fwd OP, T turned out (L Diag. Opp.; w/o Hold)
Finish: RF to side (Open Opp.; w/o Hold)
//Timing: 2 3 4&1 2 3 4&1 //
NOTE - General: Steps 1-5 or 6-10 only may be used. Man may dance Lady's steps and vice versa.
NOTE - Timing: Guapacha Timing may be used.

## Overview

| | |
|---|---|
| **Starting Position** | Open Position |
| **Turn** | Man turns ¼ left, ¼ right, ¼ left<br>Lady turns ¼ left, ¼ right, ¼ left |
| **Lead/Hold** | Weight changes throughout, with or without hold |
| **Footwork** | Ball flat throughout |
| **Ending Position** | Promenade Position |
| **Duration** | Fifteen steps over 3 bars |

## Leader

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | LF forward OP on Lady's L side | | 2 |
| 2 | Replace weight to RF | | 3 |
| 3 - 5 | LF side to chasse LRL to end LF side and slightly forward | ¼ L | 4 & 1 |
| 6 | RF forward OP on Lady's R side | | 2 |
| 7 | Replace weight to LF | | 3 |
| 8 - 10 | RF side to chasse RLR to end RF side and slightly forward | ¼ R | 4 & 1 |
| 11 | LF forward OP on Lady's L side | | 2 |
| 12 | Replace weight to RF | | 3 |
| 13 - 15 | LF side to chasse LRL to end LF side and slightly forward | ¼ L | 4 & 1 |

## Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF back | | 2 |
| 2 | Replace weight to LF OP on Man's L side | | 3 |
| 3 - 5 | RF side to chasse RLR to end RF side and slightly back | ¼ L | 4 & 1 |
| 6 | LF back | | 2 |
| 7 | Replace weight to RF OP on Man's R side | | 3 |
| 8 - 10 | LF side to chasse LRL to end LF side and slightly back | ¼ R | 4 & 1 |
| 11 | RF back | | 2 |
| 12 | Replace weight to LF OP on Man's L side | | 3 |
| 13 - 15 | RF side to chasse RLR to end RF side and slightly back | ¼ L | 4 & 1 |



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# Time Steps

Start: RF closed to LF (Close Opp.; w/o Hold hold)
Finish: LF to side (Close Opp.; w/o Hold)
//Timing: 2 3 4 &1 2 3 4&1 //
NOTE - General: Steps 1-5 or 6 - 10 only may be used. When all steps are danced in place it is known as BASIC IN PLACE. When steps 3 -5 are replaced with a Merengue Chasse bwd an steps 8 -10 with a Merengue Chasse fwd for both partners it is known as THERE AND BACK
NOTE -Couple Position: May be danced in Open Opposing Position or Extended Open Opp. Pos.
NOTE - Timing, Foot Placement: When the Time Step is danced using the Guapacha Timing, the foot placement of steps 1 and 6 will be crossed behind in Latin Cross Position.

## Overview

| | |
|---|---|
| **Starting Position** | Closed Postion or Open Position |
| **Turn** | No turn |
| **Footwork** | Ball flat throughout |
| **Lead** | Visual |
| **Hold** | Without hold |
| **Ending Position** | Closed or Open Position |
| **Duration** | Five steps over 1 bar |
| **Note** | Man dances a Time Step LF while Lady dances a Time Step RF and vice versa or Man may dance a Spot Turn while Lady dances a Time Step and vice versa |

### Time Step Left Foot

| Step | Foot Position | Count |
|---|---|---|
| 1 | LF behind RF toe slightly turned out | 2 |
| 2 | Replace weight to RF | 3 |
| 3 - 5 | LF side to chasse LRL | 4 & 1 |

# Cross Basic

Start: LF fwd, T turned out (Close Opp.; Normal Hold)
Finish: RF to side (Close Opp.; Normal Hold)
//Timing: 2 3 4&1 2 3 4&1 //
NOTE - General: Steps 6-10 only may be used.
NOTE - General Action: Steps 3-5 for Man may be replaced by a bwd Lockstep.
NOTE - Timing: Guapacha timing may be used.


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## Overview

| | |
|---|---|
| **Starting Position** | Closed Position |
| **Turn** | Man and Lady turn ½ left |
| **Footwork** | Ball flat throughout |
| **Lead/Hold** | Weight changes throughout |
| **Ending Position** | Closed Position |
| **Duration** | Ten steps over 2 bars |

## Leader

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | Cross LF in front of RF toe turned out | Begin ¼ L | 2 |
| 2 | RF back | | 3 |
| 3 - 5 | LF side and slightly forward to chasse LRL | End ¼ L | 4 & 1 |
| 6 | Cross RF behind LF toe turned out | Begin ¼ L | 2 |
| 7 | LF forward | | 3 |
| 8 - 10 | RF side and slightly back to chasse RLR | End ¼ L | 4 & 1 |

## Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | Cross RF behind LF toe turned out | Begin ¼ L | 2 |
| 2 | LF forward | | 3 |
| 3 - 5 | RF side and slightly back to chasse RLR | End ¼ L | 4 & 1 |
| 6 | Cross LF in front of RF toe turned out | Begin ¼ L | 2 |
| 7 | RF back | | 3 |
| 8 - 10 | LF side and slightly forward to chasse LRL | End ¼ L | 4 & 1 |

# Hip Twists – Closed, Open, Advanced

**CLOSE HIP TWIST**
Start: LF fwd T turned out (Close Opp.; Normal Hold)
Finish: RF to side (Fan L Angle; LH to RH)
//Timing: 2 3 4&1 2 3 4&1 //
NOTE - General: Steps 1-5 or 6-10 only may be used.
NOTE - General Action: Steps 8-10 may be replaced by a Cha Cha Lock fwd or three Cha Cha Locks fwd (Man) and a Cha Cha Lock bwd or three Cha Cha Locks bwd (Lady). When steps 1-5 only are used Lady may dance a Cha Cha Chasse on steps 3-5 turning L to end in Close Opp. Pos.
NOTE - Lead/ Hold/ Shaping: It may be danced with RH to RH Hold, changing to LH to RH hold on step 7.
NOTE - General Action/ Couple Position: The figure may be used as a Foot Change- in this case Lady will dance a Spiral Cross on step 7 and follow with Cha Cha Chasse to side to end in L Side Same Position. Man will replace steps 8-10 with Rock to side (RF, LF) timed 4 1 and release hold at the end.


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**OPEN HIP TWIST**
Start: LF fwd, T turned out (Open Opp. LH to RH)
Finish: RF to side (Fan L Angle; LH to RH)
//Timing: 2 3 4&1 2 3 4&1 //
NOTE - General: Steps 1-5 or 6 -10 only may be used.
NOTE -Couple Position: May be danced in Open Opposing position
NOTE - Timing: Guapacha Timing may be used.
NOTE - General Action/ Couple Position: The figure may be used as a Foot Change- in this case Lady will dance a Spiral Cross on step 7 and follow with Cha Cha Chasse to side to end in L Side Same Position. Man will replace steps 8-10 with a side Rock (RF, LF) timed 4 1 and release hold at the end.

## Overview

| | |
|---|---|
| **Starting Position** | Closed Position |
| **Turn** | Man slight body turn right and then left to original position<br>Lady turns ½ right, ½ left, ⅜ right, ⅝ left<br>On steps 1, 3, 6 turn is commenced towards end of previous beat of music |
| **Footwork** | Ball flat throughout |
| **Ending Position** | Fan Position |
| **Duration** | Ten steps over 2 bars |

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF side in RSP | Increase tone in L arm, lower L hand to chest level. Widen hold of R arm | Slight body turn R | 2 |
| 2 | Replace weight to RF | Retain tone in arms | Begin body turn L | 3 |
| 3 - 5 | Compact chasse LRL | Retain tone, return arms to normal position | End body turn in normal position | 4 & 1 |
| Between 5 and 6 | | Lower L arm to Promenade shape | | |
| 6 | RF back | Return L arm to L side | | 2 |
| 7 | Replace weight to LF | Lead Lady to twist L by increasing tone in L arm. Release R hand hold | | 3 |
| 8 - 10 | RF side to chasse RLR | Slightly extend L arm | | 4 & 1 |

## Follower

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | RF back | | ½ R on LF | 2 |
| 2 | Replace weight to LF | | | 3 |
| 3 - 5 | RF side to chasse RLR | | ½ L | 4 & 1 |
| 6 | LF forward, small step | Strong twist, keeping as square to Man as possible | ⅜ R | 2 |
| 7 | RF back and slightly side | | ⅝ L, body turns less | 3 |


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| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 8 - 10 | LF back to chasse LRL | | Complete body turn | 4 & 1 |

## Overview

| | |
|---|---|
| **Starting Position** | Open Position |
| **Turn** | Man turns ¼ left<br>Lady turns ⅜ right, ⅝ left<br>On step 6 turn is commenced towards end of previous beat of music |
| **Footwork** | Ball flat throughout |
| **Ending Position** | Fan Position |
| **Duration** | Ten steps over 2 bars |

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward | Slightly extend L arm forward | | 2 |
| 2 | Replace weight to RF | Lead Lady forward by contracting L arm | | 3 |
| 3 - 5 | Slip chasse LRL | to end L hand close to L hip | | 4 & 1 |
| Between 5 and 6 | | Lead Lady to twist R by bracing L arm | | |
| 6 | RF back small step | Move L arm to L side | | 2 |
| 7 | Replace weight to LF | Lead lady L by increasing tone in L arm | Begin ¼ L | 3 |
| 8 - 10 | RF side to chasse RLR | Slightly extend L arm | End ¼ L | 4 & 1 |

## Follower

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | Close RF to LF | | | 2 |
| 2 | LF forward | | | 3 |
| 3 - 5 | RF forward to chasse RLR | Resist pressure of Man's L arm on 5 by increasing tone | | 4 & 1 |
| 6 | LF forward, small step | Strong twist keeping as square to Man as possible | ⅜ R | 2 |
| 7 | RF back and slightly side | | Begin ⅝ L | 3 |
| 8 - 10 | LF back to chasse LRL | | End ⅝ L | 4 & 1 |

## Overview

| | |
|---|---|
| **Starting Position** | Closed Position |
| **Turn** | Man some body turn, then ⅛ left<br>Lady turns ½ right, ⅝ left, ½ right, ¾ left |
| **Footwork** | Ball flat throughout |
| **Ending Position** | Fan Position |
| **Duration** | Ten steps over 2 bars |

## Leader



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| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward in RSP | Increase tone in L arm and lower L hand to chest level Widen hold of R arm | Slight body turn R | 2 |
| 2 | Replace weight to RF | Maintain tone in arms | Begin turn L | 3 |
| 3 - 5 | LF behind RF to chasse LRL | Maintain tone and return arms to normal position | | 4 & 1 |
| Between 5 and 6 | | Lower L arm to Promenade shape | | |
| 6 | RF back | Lower L arm to L side | End ⅛ L | 2 |
| 7 | Replace weight to LF | Lead Lady to twist L by increasing tone in L arm, release R hand hold | | 3 |
| 8 - 10 | RF side to chasse RLR | Slightly extend L arm | | 4 & 1 |

### Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF back | ½ R on LF | 2 |
| 2 | Replace weight to LF | Begin ⅝ L | 3 |
| 3 - 5 | RF forward in line with LF Resist pressure of Man's towards man's R side L arm on 5 to chasse RLR | End ⅝ L | 4 & 1 |
| 6 | LF forward passing in front Remain as square to Man of Man as possible | ½ R | 2 |
| 7 | RF forward and slightly across then turn to end RF back | ⅛ L then ⅝ L on RF body turns less | 3 |
| 8 - 10 | LF back to chasse LRL | Body completes turn | 4 & 1 |

---

# Aida

Start: RF bwd (L Side Same; LH to RH)
Finish: RF to side (Open Opp.; LH to RH)
//Timing: 2 3 4&1 2 3 4&1 2 3 4&1 //
NOTE - General Action/ Timing: Alternative Ending- after step 5 Man turns ¼ to L (Lady ¼ to R) to end in Open Opp. Pos. and they both dance a Rock Action and Compact Chasse timed 2 3 4&1. The Lady may replace the last step of the preceding Chasse with a Spiral Cross and then follow with steps 6-10 of Open Hip Twist and then continue as chart.

### Overview

| | |
|---|---|
| **Starting Position** | Contact Position |
| **Turn** | Man turns ⅜ right<br>Lady turns ⅜ left |



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| | |
|---|---|
| **Footwork** | Ball flat throughout |
| **Ending Position** | Side by side in V-shaped Position, complete with Ending |
| **Duration** | Five steps over 1 bar |

### Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | RF back | Increase tone in L arm, release R hand hold | Begin ⅜ R | 2 |
| 2 | LF back | Slightly lower L arm and turn | | 3 |
| 3 - 5 | RF back to chasse RLR | it with body over steps 2 - 5 | End ⅜ R | 4 & 1 |

### Follower

| Step | Foot Position | Count |
|---|---|---|
| 1 | LF back | Begin ⅜ L 2 |
| 2 | RF back | 3 |
| 3 - 5 | LF back to chasse LRL | End ⅜ L 4 & 1 |

---

# Spiral

*(ISTD only)*
Start:
Finish:
//Timing: //

### Overview

A spiral turn, danced by the Lady is a turn left made on RF or right made on LF, which allows the other foot to cross in front without weight. Normally a spiral turn will end with ankles crossed

| | |
|---|---|
| **Starting Position** | Closed Position |
| **Turn** | Man turns ⅛ left<br>Lady turns ½ right, 1⅞ left<br>On step 4 turn is commenced towards end of previous beat of music |
| **Footwork** | Man ball flat throughout<br>Lady ball flat throughout, except on step 5 ball flat RF, toe of LF |
| **Ending Position** | Fan Position |
| **Duration** | Ten steps over 2 bars |



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### Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward | Increase tone in L arm, lower L hand to chest level. Widen hold of R arm, lead Lady R with body turn | Slight body turn R | 2 |
| 2 | Replace weight to RF | Use body turn to lead Lady to turn L assisting with R hand | Begin body turn L | 3 |
| 3 - 5 | Compact chasse LRL | With R hand continue to turn Lady L | Complete body turn | 4 & 1 |
| Between 5 and 6 | | Raise L hand above Lady's R shoulder and circle anti-clockwise | in normal position | |
| 6 | RF back | Continue to turn lady, begin to lower L arm to waist level | | 2 |
| 7 | Replace weight to LF | Increase tone in L arm | Begin ⅛ L | 3 |
| 8 - 10 | RF side to chasse RLR | Slightly extend L arm, L hand still | End ⅛ L | 4 & 1 |

### Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF back | ½ R | 2 |
| 2 | Replace weight to LF | Begin ¼ L | 3 |
| 3 - 5 | RF side to chasse RLR | End ¼ L | 4 & 1 |
| Between 5 and 6 | Spiral Turn | ⅞ L on RF | |
| 6 | LF forward | ⅛ L | 2 |
| 7 | RF back and slightly side | Begin ⅝ L | 3 |
| 8 - 10 | LF back to chasse LRL | End ⅝ L | 4 & 1 |

---

# Cuban Break - Left Foot, Right Foot, Split

**CUBAN BREAKS TO R**
Start: LF fwd and across body, T turned out (L Side Same; LH to RH)
Finish: LF to side (Open Opp.; LH to RH)
//Timing: 2& 3& 4&1 //
NOTE - Couple Position: Possible amalgamations • Steps 1-2 in L Side Same, Steps 3-4 in Open Opp., Steps 5-6 in R Side Same, Step 7 in Open Opp. • Steps 1-7 in L Side Same • Steps 1-7 in Open Opp. • Steps 1-6 in L Side Same, Step 7 in Open Opp. • Cuban Breaks to R danced in Open Opp. Pos. without turn followed by two taps with RF crossed behind LF w/o weight and Cha Cha Chasse to R. Lady dances steps 1-5 of Open Basic followed by Cuban Breaks to L in Open Opp. Pos. Lady may also dance man’s steps on the opposite foot.

**CUBAN BREAKS TO L**
Start: RF fwd and across body, T turned out (R Side Same; RH to LH)


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Finish: RF to side (Open Opp.; RH to LH)
//Timing: 2& 3& 4&1 //
NOTE - Couple Position: Possible amalgamations • Steps 1-2 in R Side Same, Steps 3-4 in Open Opp., Steps 5-6 in L Side Same, Step 7 in Open Opp. • Steps 1-7 in R Side Same • Steps 1-7 in Open Opp. • Steps 1-6 in R Side Same, Step 7 in Open Opp.

**SPLIT CUBAN BREAK TO R**
Start: LF fwd and across body, T turned out (L Side Same; LH to RH)
Finish: LF to side (Open Opp.; LH to RH)
//Timing: 2&3 (or 4&1) //
NOTE - General: Split Cuban Break to R is always followed by a Split Cuban Break to L.
NOTE - Timing: The first Split Cuban Break is always danced on 2&3 and the following on 4&1.
NOTE -Couple Position: possible amalgamations • Steps 1-2 in L Side Same, Step 3 in Open Opposing • Steps 1-3 in L Side Same • Steps 1-3 in Open Opposing

**SPLIT CUBAN BREAK TO L**
Start: RF fwd and across body, T turned out(R Side Same; RH to LH)
Finish: RF to side (Open Opp.; RH to LH)
//Timing: 2&3 (or 4&1) //
NOTE -General: Split Cuban Break to L is always followed by a Split Cuban Break to R.
NOTE - Timing: The first Split Cuban Break is always danced on 2&3 and the following on 4&1.
NOTE -Couple Position: possible amalgamations • Steps 1-2 in R Side Same, Step 3 in Open Opposing • Steps 1-3 in R Side Same • Steps 1-3 in Open Opposing

## Overview

| | |
|---|---|
| **Starting Position** | Closed, Open, Left Side or Right Side Position without hold or releasing hold at the end of previous figure |
| **Turn** | May be danced with or without turn |

**Cuban Break Left Foot**

## Leader and Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | LF forward and across, small step, toe turned out | ⅛ R | 2 |
| 2 | Replace weight to RF | Begin ⅛ L | & |
| 3 | LF side | End ⅛ L | 3 |
| 4 | Replace weight to RF | | & |
| 5 - 7 | Repeat steps 1 - 3 LRL | ⅛ R, ⅛ L | 4 & 1 |

**Cuban Breaks Right Foot**

## Leader and Follower


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| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF forward and across, small step, toe turned out | ⅛ L | 2 |
| 2 | Replace weight to LF | Begin ⅛ R | & |
| 3 | RF side | End ⅛ R | 3 |
| 4 | Replace weight to LF | | & |
| 5 - 7 | Repeat steps 1 - 3 RLR | ⅛ L, ⅛ R | 4 & 1 |

### Spiral (continued)

### Alternatives

**End in Open Position Man** turns ⅜ L over steps 7 - 10

## Overview

### Split Cuban Break in Open CPP

| | |
|---|---|
| **Starting Position** | Open Counter Promenade Position |
| **Turn** | Man turns ¼ right, ¼ left<br>Lady turns ¼ left, ¼ right |
| **Ending Position** | Open Counter Promenade Position |
| **Duration** | Six steps over 1 bar |

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward and across body small step, toe turned out | | ¼ R | 2 |
| 2 | Replace weight to RF | | Begin ¼ L | & |
| 3 | LF side and slightly back | | End ¼ L | 3 |
| 4 | RF foward and across body toe turned out | R arm forward across body R hand touches Lady's L hand | | 4 |
| 5 | Replace weight to LF | | | & |
| 6 | RF side | | | 1 |

## Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF forward and across body small step, toe turned out | ¼ L | 2 |
| 2 | Replace weight to LF | Begin ¼ R | & |
| 3 | RF side and slightly back | End ¼ R | 3 |
| 4 | LF forward and across body small step, toe turned out | | 4 |
| 5 | Replace weight to RF | | & |
| 6 | LF side | | 1 |

### Split Cuban Break from Open CPP and Open PP



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| | |
|---|---|
| **Starting Position** | Open Counter Promenade Position |
| **Hold** | Left to right hand hold |
| **Turn** | Man turns ¼ right, ¼ left<br>Lady turns ¼ left, ¼ right |
| **Ending Position** | Open Counter Promenade Position |
| **Duration** | Six steps over 1 bar |

### Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward, toe turned out | | ¼ R | 2 |
| 2 | RF in place | | Begin ¼ L | & |
| 3 | LF side in Open PP | R to L hand hold | End ¼ L | 3 |
| 4 | RF foward, toe turned out | | | 4 |
| 5 | LF in place | | | & |
| 6 | RF side in Open CPP | L to R hand hold | | 1 |

### Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF foward, toe turned out | ¼ L | 2 |
| 2 | LF in place | Begin ¼ R | & |
| 3 | RF side in Open PP | End ¼ R | 3 |
| 4 | LF forward, toe turned out | | 4 |
| 5 | RF in place | | & |
| 6 | LF side in Open CPP | | 1 |

**Precedes, Follows and Alternatives listed on page 35**

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# Sweetheart

Start: LF fwd, T turned out (Open Opp.; RH to RH)
Finish: RF to side and slightly fwd (Close Opp.; Normal Hold)
//Timing: 2 3 4&1 2 3 4&1 2 3 4&1 2 3 4&1 //
NOTE - Timing: Guapacha timing may be used
NOTE - General: Steps 6 - 15 may be omitted.
NOTE - General Action/ Timing/ Couple Position: At the end of step 15 as the Lady ends in R Diag. Same Position the Man may take a Shadow Hold and continue with an alternative ending as follows: Both dance a Checked Bwd Walk (Man RF, Lady LF), Wt Transfer in Place, Running Chasse Fwd, Checked Fwd Walk, Wt Transfer in Place, Running Chasse Bwd. Man follows with steps 6-10 of Close Basic to end in Fan L Angle Position, releasing hold on step 7 and taking LH to RH Hold at the end of step 10. Lady follows with Checked Back Walk, Wt Transfer in Place with a Swivel (¼ turn to R) and a Bwd Lockstep to end in Fan L Angle.



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## Overview

| | |
|---|---|
| **Starting Position** | Open Position with R hand to R hand hold |
| **Turn** | Man slight body turn right and then left<br>Lady turns ⅛ left, ¼ right |
| **Footwork** | Ball flat throughout |
| **Ending Position** | Fan Position |
| **Duration** | Thirty steps over 6 bars |

## Leader

| Step | Foot Position | Lead/ Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward | Slightly extend R arm forward to lead Lady forward | | 2 |
| 2 | Replace weight to RF | Contract R arm to turn Lady L | | 3 |
| 3 - 5 | LF side to chasse LRL to end in RSP | Gradually raise R arm to R side | | 4 & 1 |
| Between 5 and 6 | | Join L hand to L hand and raise joined hands to shoulder level | | |
| 6 | RF forward in RSP toe turned out | Lower L arm slightly forward to lead Lady to step back | Slight body turn R | 2 |
| 7 | Replace weight to LF | | | 3 |
| 8 - 10 | RF side to chasse RLR moving behind Lady's back to LSP | Return L arm to previous position | Body returns to normal position | 4 & 1 |
| 11 | LF forward in LSP toe turned out | Lower R arm slightly forward to lead Lady to step back | Slight body turn L | 2 |
| 12 | Replace weight to RF | | | 3 |
| 13 - 15 | LF side to chasse LRL moving behind Lady's back to RSP | Return R arm to previous position | Body returns normal position | 4 & 1 |
| 16 | RF back | Weight changes, hold arms steady | | 2 |
| 17 | Replace weight to LF | | | 3 |
| 18 - 20 | 3 small steps or lock step forward RLR | | | 4 & 1 |
| 21 | LF forward | | | 2 |
| 22 | Replace weight to RF | | | 3 |
| 23 - 25 | 3 small steps or lock step back LRL | | | 4 & 1 |
| 26 | RF back | | | 2 |
| 27 | Replace weight to LF | Slightly extend L arm to L side to lead Lady forward and across<br>Release L to L hand hold | | 3 |
| 28 - 30 | RF side to chasse RLR to end in FP | Turn Lady R passing her R hand into L hand and release hold with R hand | | 4 & 1 |



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**Lady's part listed on following page**

**Sweetheart (continued)**

## Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF back | | 2 |
| 2 | LF forward small step | Begin ½ L | 3 |
| 3 - 5 | RF forward to chasse RLR to end RF back and slightly side in RSP | End ½ L | 4 & 1 |
| 6 | LF back toe turned out | Slight body turn L | 2 |
| 7 | Replace weight to RF | | 3 |
| 8 - 10 | LF side to chasse LRL to end LF back and slightly side in LSP | Body returns to normal position | 4 & 1 |
| 11 | RF back toe slightly turned out | Slight body turn R | 2 |
| 12 | Replace weight to LF | | 3 |
| 13 - 15 | RF side to chasse RLR to end RF back and slightly side in RSP | Body returns to normal position | 4 & 1 |
| 16 | LF back | | 2 |
| 17 | Replace weight to RF | | 3 |
| 18 - 20 | 3 small steps or lock step forward LRL | | 4 & 1 |
| 21 | RF forward | | 2 |
| 22 | Replace weight to LF | | 3 |
| 23 - 25 | 3 small steps or lock step backward RLR | | 4 & 1 |
| 26 | LF back | | 2 |
| 27 | RF forward and across | Begin ¼ R | 3 |
| 28 - 30 | LF side and slightly back to chasse LRL. End LF back in FP | End ¼ R | 4 & 1 |

# Curl

Start: LF fwd.,T turned Out (Open Opp.; LH to RH)
Finish: RF to side (Fan L Angle; LH to RH)
//Timing: 2 3 4&1 2 3 4&1 //
NOTE - General: Steps 1-5 or 6-10 only may be used.
NOTE -General Action/Quantity of Turn/Couple Position: Man may turn ¼ to L on steps 7 and dance a Fwd Cha Cha Lockstep or 3 Cha Cha Locksteps fwd ( Lady as chart or 3 Cha Cha Locksteps bwd.) or a Cha Cha Chasse to side ( Lady replaces a bwd Lock with a Side Chasse)
NOTE - General Action/ Couple Position: The figure may be used as a Foot Change- in this case Lady will dance a Spiral Cross on step 6 and follow with Cha Cha Chasse to side to end in L Side Same Position. Man will replace steps 8-10 with Rock to side (RF LF) timed 4 1 and release hold at the end.



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## Overview

| | |
|---|---|
| **Starting Position** | Open Position with L to R hand hold |
| **Turn** | Man turns ⅛ left<br>Lady turns 1⅜ left |
| **Footwork** | Man ball flat throughout<br>Lady ball flat, except on step 5 ball flat RF, toe of LF |
| **Ending Position** | Fan Position |
| **Duration** | Ten steps over 2 bars |

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward, toe turned out | | | 2 |
| 2 | Replace weight to RF | | | 3 |
| 3 - 5 | Compact chasse LRL | Raise L arm, lead Lady to turn L | | 4 & 1 |
| 6 | RF back | Continue to turn Lady, begin to lower L arm to waist level | | 2 |
| 7 | Replace weight to LF | Increase tone in L arm | Begin ⅛ L | 3 |
| 8 - 10 | RF side to chasse RLR | Slightly extend L arm, L hand still | End ⅛ L | 4 & 1 |

## Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF back | | 2 |
| 2 | Replace weight to LF | | 3 |
| 3 - 5 | RF forward to chasse RLR | | 4 1 |
| Between 5 and 6 | Spiral Turn | ⅝ L on RF | |
| 6 | LF forward | ⅛ L | 2 |
| 7 | RF back and slightly side | Begin ⅝ L | 3 |
| 8 - 10 | LF back to chasse LRL | End ⅝ L | 4 & 1 |

# Hip Twist Spiral

**CLOSE HIP TWIST SPIRAL**
Start: LF fwd, T turned out (Back R Diag. Same; Normal Hold)
Finish: RF to side (Open Opp.; LH to RH)
//Timing: 2 3 4&1 2 3 4&1 //
NOTE - General: Steps -6-10 only may be used.
NOTE - General Action/ Couple Position: It may end in Fan L Angle Position. Lady overturns Spiral Cross and her Three Step Turn Should finish LF bwd and Man will dance a Hip Twist Chasse to end in Fan L Angle or a fwd Lockstep to end in Open Opposing Position. The figure may be used as a Foot Change-in this case Lady will overturn the Spiral Cross on step 6 and follow with three step turn to end in L Side Same Position. Man will not turn on step 5 and replace steps 8-10 with Rock to side (RF,


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LF) timed 4 1 releasing the hold at the end.

**OPEN HIP TWIST SPIRAL**
Start: LF fwd, T turned out (Open Opp.; LH to RH)
Finish: Weight on RF (Open Opp.; LH to RH)
//Timing: 2 3 4&1 2 3 4&1 //
NOTE - General: Steps 6-10 only may be used.
NOTE - General Action/ Couple Position: It may end in Fan L Angle Position. Lady overturns Spiral Cross and her Three Step Turn Should finish LF bwd and Man will dance a Hip Twist Chasse to end in Fan L Angle or a fwd Lockstep to end in Open Opposing Position. The figure may be used as a Foot Change- in this case Lady will overturn the Spiral Cross on step 6 and follow with three step turn to end in L Side Same Position. Man will not turn on step 5 and replace steps 8-10 with Rock to side (RF LF) timed 4 1 releasing the hold at the end.

## Overview

| | |
|---|---|
| **Starting Position** | Closed Position |
| **Turn** | Man turns ⅜ left<br>Lady turns ½ right, ⅝ left, ¼ right, 1¾ left |
| **Footwork** | Man ball flat throughout<br>Lady ball flat, except on step 5 ball flat RF, toe of LF |
| **Ending Position** | Open Counter Promenade Position |
| **Duration** | Ten steps over 2 bars |

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward in line with RF | Increase tone in L arm and lower L hand to chest level Widen hold of R arm and lead Lady R with body turn | Slight body turn R | 2 |
| 2 | Replace weight to RF | Maintain tone in arms | | 3 |
| 3 - 5 | Ronde chasse LRL to end in PP | Maintain tone and return arms to normal position slightly R | ⅛ L on step 3 body turns slower | 4 & 1 |
| Between 5 and 6 | | Lower L arm to Promenade shape | | |
| 6 | RF back | Lower L arm to L side slightly | Begin ¼ L | 2 |
| 7 | Replace weight to LF | Raise L hand above Lady's R shoulder, circle anticlockwise | End ¼ L | 3 |
| 8 - 10 | Forward chasse RLR to end RF diagonally forward in Open CPP | Continue to turn Lady, gradually lowering hand to below shoulder level | | 4 & 1 |

## Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF back in RSP | ½ R | 2 |



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| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 2 | Replace weight to LF | | 3 |
| 3 - 5 | Twist chasse RFR to end RF diagonally forward in PP | ⅝ L on step 3 ¼ R on step 4 | 4 & 1 |
| 6 | LF forward passing in front of Man | | 2 |
| 7 | RF forward in line with LF then Spiral turn underarm | 1 turn L | 3 |
| 8 | LF forward | ⅛ L | 4 |
| 9 | Close RF to LF | ½ L | & |
| 10 | LF diagonally forward in Open CPP | ⅛ L | 1 |

# Turkish Towel

Start: LF fwd, T turned Out (Open Opp.; RH to RH)
Finish: RF fwd (Open Opp.; LH to RH)
//Timing: 2 3 4&.1 2 3 4&1 2 3 4&.1 2 3 4&1 2 3 4&.1 2 3 4&1 //
NOTE - Timing: Guapacha timing may be used
NOTE - General: Steps 11- 20 may be omitted.
NOTE - General Action: Steps 28-30 may be replaced by 3 fwd Locksteps (Man), 3 bwd Locksteps (Lady)

## Overview

| | |
|---|---|
| **Starting Position** | Open Position |
| **Hold** | Right to right hand hold |
| **Turn** | Man turns ⅛ left, ⅛ right<br>Lady turns 1⅜ right, 1⅜ left |
| **Footwork** | Man ball flat throughout<br>Lady ball flat, except on step 25 ball flat RF, toe of LF |
| **Ending Position** | Open Position |
| **Duration** | Thirty steps over 6 bars |

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward | Release L arm tone slightly to lead Lady to step back | | 2 |
| 2 | Replace weight to RF | Contract L arm | | 3 |
| 3 - 5 | LF side to chasse LRL | Lead Lady forward by gradually | | 4 & 1 |
| 6 | RF back | raising L arm above Lady's R shoulder | | 2 |
| 7 | Replace weight to LF | Lead Lady to turn by circling L | | 3 |
| 8 - 10 | RF side to chasse RLR | hand clockwise over 6 - 9 | ⅛ L | 4 & 1 |
| Between 10 and 11 | | Take L to L hand hold at hip level on L side | | |


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| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 11 | LF back, toe turned out | Move L arm slightly forward | Slight body turn L | 2 |
| 12 | Replace weight to RF | Move R arm slightly R | | 3 |
| 13 - 15 | LF side to chasse LRL | Gradually reverse arm positions | Body returns | 4 & 1 |
| 16 | RF back, toe turned out | Move R arm slightly forward | Slight body turn R | 2 |
| 17 | Replace weight to LF | Move L arm slightly L | | 3 |
| 18 - 20 | RF side to chasse RLR | Gradually reverse arm positions | | 4 & 1 |
| 21 - 25 | Repeat steps 11 - 15 LR LRL to end in RSP | As 11 - 15. Release L hand hold on 23 | Body returns | 2 3 4 & 1 |
| Between 25 and 26 | | Move R arm down and forward Release R to R hand hold | | |
| 26 | RF back, toe turned out | Turn Lady L by extending | Slight body turn R | 2 |
| 27 | Replace weight to LF | L arm then lower L arm | | 3 |
| 28 - 30 | RF forward to chasse RLR | Extend L arm forward slightly | ⅛ R | 4 & 1 |

**Lady's part listed on previous page**

**Turkish Towel (continued)**

## Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF back | | 2 |
| 2 | LF forward small step | | 3 |
| 3 - 5 | RF forward to chasse RLR | | 4 & 1 |
| 6 | LF forward | ½ R | 2 |
| 7 | RF forward | ½ R | 3 |
| 8 - 10 | LF forward to chasse LRL moving behind Man's back to his L side to end LF side and slightly forward | ⅜ R | 4 & 1 |
| 11 | RF forward OP on L side, toe slightly turned out | Slight body turn R | 2 |
| 12 | Replace weight to LF | | 3 |
| 13 - 15 | RF side to chasse RLR moving behind Man's back to his R side | Body returns | 4 & 1 |
| 16 | LF forward OP on R side, toe slightly turned out | Slight body turn L | 2 |
| 17 | Replace weight to RF | | 3 |
| 18 - 20 | LF side to chasse LRL moving behind Man's back his L side | Body returns | 4 & 1 |
| 21 - 25 | Repeat steps 11 - 15 RL RLR to end with RF forward and slightly slightly side | Slight body turn R on step 21 then body returns | 2 3 4 & 1 |
| Between 25 and 26 | Spiral Turn | ¾ L on RF | |
| 26 - 30 | Continue with Spiral steps 6 - 10 | ⅝ L | 2 3 4 & 1 |



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# Foot Changes

Start:
Finish:
//Timing: //

## Overview

To enable the dancing of certain figures in Side or Shadow Positions, Foot Changes are inserted between figures, to bring the Man and Lady onto the same foot and in the correct position

**Foot Change from Opposite Foot to Same Foot**

**Commence in Open Position and end RSP or Right Shadow Position with weight on LF**

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 - 5 | Open Basic steps 1 - 5 | | | 2 3 4 & 1 |
| 6 | RF back | | | 2 |
| 7 | Replace weight to LF | | | 3 |
| 8 | RF diagonally forward | Release L hand | | 4 |
| 9 | LF forward and across to Lady's L side to end LF back in RSP or R Shadow Position | | ½ R | 1 |

## Follower

**1 - 10** Open Basic steps 1 - 10

**Commence in Open Position and end RSP or Right Shadow Position with weight on RF**

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward | | | 2 |
| 2 | Tap RF next to LF without weight | Release L hand | ½ R | 3 |
| 3 - 5 | RF forward to chasse RLR to end RSP or R Shadow P | | | 4 & 1 |



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## Follower

**1 - 5** Basic steps 1 - 5

**Commence in Open Position and end with Lady behind with weight on RF**

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 - 6 | Open Hip Twist steps 1 - 6 | | | 2 3 4 & 1 |
| 7 | Replace weight to LF | Release L hand | Begin ¾ L | 2 |
| 8 | RF side | | | 3 |
| 9 | LF back | | End ¾ L | 4 & 1 |

## Follower

**1 - 10** Open Hip Twist steps 1 - 10 to end LF back

**Commence in OP and end in LSP with weight on RF**

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 - 6 | Open Hip Twist steps 1 - 6 | | | 2 3 4 & 1 2 |
| 7 | Replace weight to LF | Release L hand | Begin 1 turn L | 3 |
| 8 | RF side | | | 4 |
| 9 | LF side | | End 1 turn L | 1 |

## Follower

**1 - 10** Open Hip Twist turning 1⅞ L over steps 7 - 10 to end LF side

## Overview

**Commence in OP and end with Lady in front with weight on RF**

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 - 6 | Open Hip Twist steps 1 - 6 | | | 2 3 4 & 1 2 |
| 7 | Replace weight to LF | Release L hand | Begin 1¼ L | 3 |
| 8 | RF side | | | 4 |
| 9 | LF forward | | End 1¼ L | 1 |



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## Follower

**1 - 10** Open Hip Twist steps 1 - 10 2⅛ L over 7 - 10 to end LF forward

**Foot Change from Same Foot to Opposite Foot**

**Commence Lady behind Man with weight on RF (both) and end in OP**

## Leader

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | LF forward | | 2 |
| 2 | RF forward | ½ L | 3 |
| 3 | Replace weight to LF | | 4 |
| 4 | RF forward | | 1 |

## Follower

**1 - 5** Basic steps 6 - 10

**Commence Lady behind Man with weight on RF (both) and end in OP**

## Leader

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | LF forward | | 2 |
| 2 | Tap RF next to LF | ½ L | 3 |
| 3 | RF forward to chasse RLR without weight | | 4 & 1 |

## Follower

**1 - 5** Basic steps 6 - 10

**Commence with weight on RF (both) Lady behind Man and end in OP**

## Leader

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | LF forward and across | | 2 |
| 2 | Replace weight to RF | | 3 |
| 3 | LF forward | ½ L | 4 |
| 4 | RF forward | | 1 |

## Follower



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| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | LF forward and across | | 2 |
| 2 | Replace weight to LF | | 3 |
| 3 - 5 | LF forward to chasse LRL | 1 turn L | 4 & 1 |

**Commence with Lady in front of Man Man** turns 1 L **Lady** turns 1½ L

**Commence in Left Side Position Man** turns ¼ L **Lady** turns ¾ L

**Commence in Right Side Position Man** turns ¾ L **Lady** turns 1¼ L

### Overview

**Commence with weight on LF and end in OP**

### Leader

**1** RF forward and across 2 **2** Replace weight to LF 3 **3 - 5** Forward chasse RLR 4 & 1

### Follower

**1** RF forward and across 2 **2** Replace weight to LF 3 **3** RF forward 4 **4** LF back 1

**Commence with Lady behind Man** turns ½ R **Lady** turns 1 R

**Commence with Lady in front Man** turns 1 R **Lady** turns ½ R

**Commence in LSP Man** turns ¾ R **Lady** turns ¼ R

**Commence in RSP Man** turns ¼ R **Lady** turns ¾ R

**The following figures may be danced on the same foot**

---

## Reverse Top

*(ISTD only)*
Start:
Finish:
//Timing: //



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## Overview

| | |
|---|---|
| **Starting Position** | Contact Position |
| **Turn** | Up to 2½ turns left<br>Man and Lady rotate around Man's left toe which remains in place |
| **Lead/Hold** | Weight changes throughout |
| **Footwork** | Ball flat throughout |
| **Hip Action** | Knees do not straighten fully on steps 1 - 15, therefore only a slight natural hip movement is used |
| **Ending Position** | Contact Position |
| **Duration** | Fifteen steps over 3 bars |

## Leader

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | RF side and slightly forward | Begin 2½ L | 2 |
| 2 | Swivel on ball of LF to end L heel opposite R toe, toe turned out | | 3 |
| 3 | RF side and slightly forward | | 4 & 1 |
| 4 - 15 | Repeat steps 2 and 3 six times LRLRL RLRLR | End 2½ L | 2 3 4 & 1 |

## Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | LF behind RF | Begin 2½ L | 2 |
| 2 | RF back and slightly side | | 3 |
| 3 - 5 | LF back, toe turned out, to chasse LRL | | 4 & 1 |
| 6 | RF back and slightly side | | 2 |
| 7 | LF behind RF | | 3 |
| 8 - 10 | RF back and slightly side to chasse RLR | | 4 & 1 |
| 11 - 15 | Repeat steps 1 - 5 LR LRL | End 2½ L | |

---

# Opening Out from Reverse Top

*(ISTD only)*
Start:
Finish:
//Timing: //

## Overview

| | |
|---|---|
| **Starting Position** | Contact Position |



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| | |
|---|---|
| **Turn** | Man turns ⅜ left<br>Lady turns ⅝ left |
| **Footwork** | Ball flat throughout |
| **Ending Position** | Fan Position |
| **Duration** | Five steps over 1 bar |

### Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | RF side and slightly forward | Release R hand | Begin ⅜ L | 2 |
| 2 | LF in front of RF | Lead Lady by increasing tone in | | 3 |
| 3 | RF side in FP | L arm, retain normal position as | | 4 |
| 4 | LF towards front of RF, toe turned out | body turns Slightly extend L arm, L hand still | | & |
| 5 | RF side and slightly forward | | End ⅜ L | 1 |

### Follower

| Step | Foot Position | Turn | Count |
|---|---|---|---|
| 1 | LF behind RF | Begin ⅝ L | 2 |
| 2 | RF back and slightly side | | 3 |
| 3 - 5 | LF back, toe turned out, to chasse LRL to end LF back in FP | End ⅝ L | 4 & 1 |

---

# Rope Spinning

Start: LF to side (R Back Diag L Angle.; RH to LH)
Finish: LF fwd (R Diag. Opp.; Normal Hold)
//Timing: 2 3 4&1 2 3 4&1 //
NOTE -General Action/Couple Position: Steps 8-10 may be replaced with a Cha Cha Chasse to side for Man and Lady danced in Open Opp. or Close Opp. Position. On the last step of the preceding figure the Lady will dance a Spiral Cross to end in R Diag. L Angle Position.

### Overview

The rope spinning action commences on the last step of the preceding figure when the Man leads Lady to Spiral Turn to her right under his raised left arm as he leans R, releasing hold with R hand to end with Lady on his R side facing away

| | |
|---|---|
| **Turn** | Man body turn only<br>Lady turns 2 complete turns right |
| **Footwork** | Man ball flat throughout<br>Lady preceding step ball flat RF, Toe of LF; then ball flat throughout |



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| | |
|---|---|
| **Ending Position** | Closed Position |
| **Duration** | Six steps over 2 bars |

### Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| Between preceding step and 1 | | Lead Lady to spiral R under raised L arm, release hold with R hand | Body turn R | (& 1) |
| 1 | LF side | Lead Lady with L hand to | Begin body turn L | 2 |
| 2 | Replace weight to RF | walk forward circling from | | 3 |
| 3 - 5 | Close LF to RF to chasse LRL to end in LSP | Man's R side, behind his back over steps 1 - 10 | End body turn in normal position | 4 & 1 |
| 6 | RF back | | | 2 |
| 7 | Replace weight to LF | | | 3 |
| 8 - 10 | Almost close LF to RF to chasse RLR | Take required hold | | 4 & 1 |

### Follower

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|

**Between preceding step and 1 Spiral Turn** 1 turn R on LF (& 1) **1 - 5** 2 walks forward RL Circle R behind man's back ½ R 2 3 4 & 1 then RF forward to chasse RLR to end in LSP **6 - 10** 2 walks forward LR Circle R to end facing Man ½ R 2 3 4 & 1 then LF forward to chasse LRL

---

# Follow My Leader

Start: LF fwd (Open Opp.; w/o Hold)
Finish: RF fwd (Open Opp.; LH to RH)
//Timing: 2 3 4&1 2 3 4&1 2 3 4&1 (&)2 3 4&1 2 3 4&1 //
NOTE - General: Man may replace steps 1-2 with steps 16-17.
NOTE - General Action: Lady’s steps 18-26 may be replaced by Three Cha Cha Locks Bwd.
NOTE - General/Couple Position: Steps 1-10 may be used as a Foot Change from Open Opposing to L Side Same Position. Man and Lady will turn ¼ to R at the end of step 7 and finish with a Cha Cha Chasse LRL. Steps 16-20 may also be used as a Foot Change from L Side Same to open Opposing Position, preceded by a Spot Turn to L that ends with a Fwd Lockstep in Back Open Same Position.



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## Overview

| | |
|---|---|
| **Starting Position** | Closed Position |
| **Turn** | Man turns ⅝ right, ¾ left, ¾ right, ⅝ left<br>Lady turns 1⅛ right, ¾ left, ¾ right, ¾ left, ⅝ right |
| **Footwork** | Man ball flat throughout |
| **Foot Position** | Steps 2 - 20 make up “figure eight” patterns. When turning right Man takes slightly<br>smaller steps; when turning left Lady takes slightly smaller steps |
| **Ending Position** | Open Position |
| **Duration** | Twenty-five steps over 5 bars |

## Leader

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | RF forward | Raise arms. Begin to turn Lady R by circling L hand clockwise. Release R hand | Begin ⅝ R | 2 |
| 2 | LF forward | Continue to turn Lady R and | | 3 |
| 3 - 5 | RF forward to chasse RLR | gradually lower L arm behind back, release L hand hold on 4 | End ⅝ R | 4 & 1 |
| 6 | LF forward | Visual leads | Begin ¾ L | 2 |
| 7 | RF forward | | | 3 |
| 8 - 10 | LF forward to chasse LRL | | End ¾ L | 4 & 1 |
| 11 - 20 | Repeat steps 1 - 10 RL RLR LR LRL | | ¾ R over 11 - 15 ⅝ L over 16 - 20 | 2 3 4 & 1 2 3 4 & 1 |
| 21 | RF back | | | 2 |
| 22 | Replace weight to LF | | | 3 |
| 23 - 25 | RF side to chasse RLR | Take desired hold at end of figure | | 4 & 1 |

## Follower

| Step | Foot Position | Lead/Hold | Turn | Count |
|---|---|---|---|---|
| 1 | LF forward | Turn under raised arms | Begin 1⅛ R | 2 |
| 2 | RF forward | | | 3 |
| 3 - 5 | LF forward to chasse LRL | | End 1⅛ R | 4 & 1 |
| 6 | RF forward | | Begin ¾ L | 2 |
| 7 | LF forward | | | 3 |
| 8 - 10 | RF forward to chasse RLR | | End ¾ L | 4 & 1 |
| 11 | LF forward | | Begin ¾ R | 2 |
| 12 | RF forward | | | 3 |
| 13 - 15 | LF forward to chasse LRL | | End ¾ R | 4 & 1 |
| 16 - 20 | Repeat steps 6 - 10 | | ¾ L | 2 3 4 & 1 |
| 21 - 22 | Repeat steps 11 and 12 LR | | Begin ⅝ R | 2 3 |
| 23 - 25 | LF forward to chasse LRL in OP | | End ⅝ R | 4 & 1 |



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## Side Step to Left, to Right

*(ISTD only)*
Start:
Finish:
//Timing: //

---

## There and Back

*(ISTD only)*
Start:
Finish:
//Timing: //

---

## Chase

*(ISTD only)*
Start:
Finish:
//Timing: //

---

## Syncopated Open Hip Twist

*(WDSF only)*
Start: LF fwd, T turned out (Open Opp.; LH to RH)
Finish: RF to side (Fan L Angle; LH to RH)
//Timing: 2 3 4&1 2 3 4&1 //
NOTE - General: Steps 6-10 only may be used.
NOTE -General Action/Quantity of Turn/Couple Position: Man may turn ¼ to L on steps 7-9 to end in Open Opposing Position. The Lady will replace step 9 with a Side walk.
NOTE - General Action/ Couple Position: The figure may be used as a Foot Change- in this case Lady will dance a Spiral Cross on step 6 and follow with Cha Cha Chasse to side to end in L Side Same Position. Man will replace steps 8-10 with Rock to side (RF LF) timed 4 1 and release hold at the end.


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## Continuous Overturned Lock

*(WDSF only)*
Start: LF fwd (Open Opp.; LH to RH)
Finish: RF fwd (Close Same; LH to RH)
//Timing: 2 (&)3& 4&1 //
NOTE -General Action/Couple Position: Lady may replace step 3 with a Forward Walk Turning to end in Open Opp. Position.

## Swivels

*(WDSF only)*
Start: RF in place (L Diag.R Angle; Normal Hold)
Finish: RF to side (Fan L Angle; LH to RH)
//Timing: 2 3 4&1 //
NOTE - Foot Placement: start with feet apart and weight on LF (normally after a Ronde Chasse)
NOTE -Couple Position/ Quantity of Turn/General Action: It may end in Open Opp. Position. Man turns ¼ to L on steps 3-5, Lady replaces step 5 with a side Walk.

## Walks & Whisks

*(WDSF only)*
Start: LF fwd (L side Same; w/o Hold)
Finish: LF to side and slightly fwd (Open Opp.; LH to RH)
//Timing: 2 3 4&1 2&3 4&1 //
NOTE - General: Man may dance Lady’s steps and vice versa. Steps 6-11 only may be danced.
NOTE - General Action: Steps 3-5 may be replaced by a Cha Cha Lock Fwd, steps 6-11 may be replaced by Time Step Chasses.


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