Figures Beyond the Approved Syllabus

*These figures are **not** part of the Approved Syllabus.* The syllabus and competition performance restrictions in Rule 39 apply only to the figures listed in the Approved Syllabus. The figures on this page are recorded for reference and may be danced in events where no syllabus restriction applies.

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Samba

Outside Basic

Overview

Basic movement variation	
Starting Position	Closed Position
Starting Alignment	Man facing Wall Lady backing Wall
Turn	Man and Lady turn ⅛ left, ⅛ right
Lead/Hold	Weight changes, retain tone in arms throughout
Footwork	Ball flat throughout
Rhythm	Basic Bounce
Ending Position	Closed Position
Duration	Eight steps over 4 bars

Leader

Step	Foot Position	Alignment	Turn	Count
1	RF forward	Facing W	⅛ L	1

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Step	Foot Position	Alignment	Turn	Count
2	Close LF to RF with pressure without weight	Backing DC against LOD		2
3	LF back			1
4	Close RF to LF with pressure without weight			2
5	RF forward OP	Facing DW	⅛ R	1
6	Close LF to RF with pressure without weight	Backing C		2
7	LF back			1
8	Close RF to LF with pressure without weight			2

Follower

Step	Foot Position	Alignment	Turn	Count
1	LF back	Backing W	⅛ L	1
2	Close RF to LF with pressure without weight	Facing DC against LOD		2
3	RF forward OP			1
4	Close LF to RF with pressure without weight			2
5	LF back	Backing DW	⅛ R	1
6	Close RF to LF with pressure without weight	Facing C		2
7	RF forward			1
8	Close LF to RF with pressure without weight			2

Rumba

Syncopated Cuban Rocks

Overview

Starting Position	Any position where Man and Lady have feet apart, and may be danced forward, backward or to the side
Turn	No turn
Footwork	Flat throughout
Ending Position	Starting position
Duration	Four steps over 1 bar

Leader

Step	Foot Position	Lead/Hold	Count
1	Replace part weight to LF	Weight changes	2
2	Replace part weight to RF		&
3	Replace weight to LF		3
4	Replace weight to RF		4 1

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Follower

Step	Foot Position	Count
1	Replace part weight to RF	2
2	Replace part weight to LF	&
3	Replace weight to RF	3
4	Replace weight to LF	4 1

Paso Doble

Alternative Entries to Promenade Position

Overview

Method 2 Starting Position Closed or Contact Position **Starting Alignment** Man facing Centre **Lady** backing Centre **Foot Position** Chasse Right or Sur Place steps 1 and 2 Fallaway Reverse **Ending Position** Promenade Position on Line of Dance

Method 3 Starting Position Closed or Contact Position **Starting Alignment** Man facing Centre **Lady** backing Centre **Foot Position** Chasse Right or Sur Place steps 1 and 2 Open Telemark **Ending Position** Promenade Position on Line of Dance

Method 4 Starting Position Closed or Contact Position **Starting Alignment** Man facing Centre **Lady** backing Centre **Ending Position** Promenade Position on Line of Dance

Leader

Step	Foot Position
1 - 2	Chasse Right or Sur Place steps 1 and 2
3	RF side and slightly back
4	LF back PO
5	RF side and slightly back
6	LF side in PP

Follower

Step	Foot Position
1 - 2	Chasse Right or Sur Place steps 1 and 2
3	LF side and slightly back
4	RF back PO
5	LF side and slightly back
6	RF side in PP

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Jive

Overturned Change of Places Left to Right

Overview

Starting Position	Open Position
Turn	Man turns ⅜ right Lady turns one full turn left, ½ right
Ending Position	Open Position
Duration	Eight steps over 1½ bars

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back	Increase tone in L arm and extent slightly forward		Q
2	Replace weight to RF	Slightly retract L arm		Q
3 - 5	Compact chasse LRL	Raise L hand, commence to circle it anti-clockwise.	¼ R	Q a Q
Between 5 and 6		Man lowers L arm and rotates hand to R from wrist until palm is turned outwards and turning Lady strongly L. Lady's arm is given a slight gentle twist	⅛ R	
6 - 8	Forward chasse RLR	At the end of 8 turn Lady R by rotating hand slightly L from wrist		Q a Q

Follower

Step	Foot Position	Turn	Count
1	RF back		Q
2	Replace weight to LF		Q
3 - 5	Turning chasse RLR On step 5 LF crosses loosely in front of RF in TP in front of Man	½ L	Q a Q
Between 5 and 6		½ L on RF	
6 - 8	Forward chasse LRL or three small runs forward to end facing Man with LF back	Towards end of 8 ½ R on LF	Q a Q

Double Cross Whip

Overview

Starting Position	Closed Position

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Turn	Man turns 1⅛ right Lady turns 1⅜ right On step 1, turn is commenced towards end of preceding beat of music
Ending Position	Closed Position
Duration	Seven steps over 1½ bars

Leader

Step	Foot Position	Turn	Count
1	Cross RF behind LF toe turned out	¼ R	Q
Between 1 and 2		¼ R	
2	LF side		Q
3	Cross RF behind LF toe turned out	¼ R	Q
Between 3 and 4		¼ R	
4	LF side		Q
5 - 7	Side chasse RLR	⅛ R	Q a Q

Follower

Step	Foot Position	Turn	Count
1	LF forward towards Man's R side	¼ R	Q
Between 1 and 2		¼ R	
2	RF forward and across LF		Q
3	LF forward towards Man's R side	¼ R	Q
Between 3 and 4		¼ R	
4	RF forward and across LF		Q
5 - 7	Side chasse LRL	⅜ R	Q a Q

Overturned Fallaway Throwaway

Overview

Starting Position	Closed Position
Turn	Man turns ⅜ left Lady turns ⅛ right, one complete turn left On step 1, turn is commenced towards end of preceding beat of music
Ending Position	Open Position
Duration	Eight steps over 1½ bars

Leader

Step	Foot Position	Lead/Hold	Turn	Count
1	LF back in Fallaway	Turn Lady R	⅛ L	Q
2	Replace weight to RF in PP	Begin to turn Lady L		Q

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Step	Foot Position	Lead/Hold	Turn	Count
Between 2 and 3			⅛ L	
3	LF forward in PP	Lead lady forward		Q
4	RF crosses behind LF in PP			a
5	LF forward in PP			Q
Between 5 and 6		Man lowers L arm and rotates hand to R from wrist until palm is turned outwards hence turning Lady strongly L. Lady's arm is given a slight gentle twist	⅛ L	
6 - 8	Forward chasse RLR to end RF forward	On step 6 lead Lady back with R hand, then release R hand hold. On steps 7 and 8, extend L arm forward to OP		Q a Q

Follower

Step	Foot Position	Turn	Count
1	RF back in Fallaway	⅛ R	Q
2	Replace weight to LF in PP		Q
3 - 5	Side chasse RLR to end RF side and slightly back		Q a Q
Between 5 and 6		⅞ L	
6 - 8	Forward chasse LRL with back to Man	⅛ L	Q a Q

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