



# Q.A.D.S.

Queensland Associated Dance Studios Inc.

The QADS will be presenting a Workshop on Saturday 25th February

Time: 9.30am for a 10.00am start

Venue: Nolan Hall Nundah

**Cost of admission is \$20.00 however, the workshop is FREE to QADS members.**

(Coffee, tea and biscuits will be available free of charge throughout the day)

## Lecturers



### **Andrew Thorp**

Andrew works as a senior clinician at Allsports Physiotherapy Clinic at Albany Creek.

His clinical interests include assessing and correcting lower limb biomechanical injuries, head, neck and jaw pain as well as optimising sport specific rehabilitation.

Andrew's main topic will be discussing how to prevent injuries to ankles and knees and subsequent treatment if these occur.

### **Donna Shingler**



Donna has been a World and British Champion in the Ballroom style. Donna, along with her husband Alan Shingler has performed all over the World. Appearing on the BBC, GMTV, Albert Hall in London the famous Budokan in Japan, and performing for royalty, just to name a few. Donna and Alan are Directors of their own Ballroom studio, Dancespace Wollongong.

Donna will be discussing what she looks for when adjudicating and some of her pet peeves!

Her lectures are interactive so bring along your dancing shoes!

### **Kath Massey**



In 2009, Kath Massey established Massey Online Management (MOM), providing an industry experienced and skilled support service for holiday parks, property managers, hotels, resorts and SMEs. Using a range of digital eMarketing, reservation systems and social media tools, MOM assists properties to increase occupancy and revenue by managing and promoting the business in the online space.

Kath will be talking about the importance of communicating with your existing clients, creating opportunities for new clients to find you, and how building and maintaining a strong online presence contributes to both.