Dancesport Australia Disability Learn to Dance Workshops

This is a 2 hour workshop for participants with disability who want to learn to dance.
There will be 2 types of workshop:
For wheelchair users – this is the Para Dance Workshop
For participants who are standing – this is the All Abilities Workshop
(for example Blind, Deaf, ABI, NeuroDiverse, Limb differences)

What will happen:

The venues are open spaces. There will be seats for anyone who needs to rest. There are accessible toilets, and light refreshments will be available.
The workshops will have people with different types of disabilities, as well as volunteers who will help you learn to dance.

There are 2 presenters. They are very experienced teachers who have been teaching dance to people with disability for many years.

They will teach several dances. Some of these are danced solo – without a partner. Some dances are with partners. Dancesport is danced with a Leader and a Follower, with hand holding or a hand on your arm or back. If this is uncomfortable for anyone, it is ok to let the teacher know, and dance solo. These will be done in a group, with everyone dancing at the same time. The presenter stands at the front of the class, and explains the dance with words, gestures and demonstration. Blind dancers will have additional support during demonstrations.
The volunteers will participate at the same time. Many of these are also teachers. Participants are able to get additional support from volunteers. Support workers and carers will also learn to dance and support their clients. They can have fun too!

The dances for the workshop are all designed for beginners.
Most people do not learn every part of a dance right away. It usually takes time. The presenters and teachers are very experienced, so they understand mistakes are very

normal, and they will not make comments about them. Sometimes presenters will offer additional suggestions to some dancers to help their learning. Its possible a suggestion will be for some dancers and not others, based on their needs.

What happens next:

Teachers from studios in each state will be at the workshops. They will provide information about classes in the future, so participants can continue to learn if they wish.

How do I register to attend?

There are links for each event, in each state. CLICK HERE
Scroll to the Capital City nearest you, then select either the Para Dance Workshop, or the All Abilities Workshop. Click the link, type your email, and your name. A reminder email will be sent 2 weeks prior to the workshops.

Locations:

There are workshops in Victoria, South Australia, New South Wales and Queensland. All dates are listed here, with links to the venues:

Victoria – 1-2 March 2025
Para Dance - 12:30 pm to 2:30 pm on 1 March 2025
All Abilities - 12:30 pm to 2:30 pm on 2 March 2025
Springers Leisure Centre - 400 Cheltenham Rd, Keysborough VIC

South Australia - 29-30 March 2025
Para Dance - 12:30 pm to 2:30 pm on 29 March 2025
All Abilities - 12:30 pm to 2:30 pm on 30 March 2025
Repat Health Precinct - SPF Hall - 216 Daws Rd, Daw Park SA

New South Wales - 22 June 2025
Para Dance - 12:30 pm to 2:30 pm on Sunday 22 June 2025
All Abilities - 12:30 pm to 2:30 pm on Sunday 22 June 2025
Wentworth Point Community Centre Function Rooms 1&2- 10 Footbridge Bvd, Wentworth Point NSW

Queensland - 16 - 17 August 2025
All Abilities - 12:30 pm to 2:30 pm on Saturday 2025
Para Dance - 12:30 pm to 2:30 pm on Sunday 2025
Milton Para Clubhouse- 2 Kilroe St, Milton QLD

Dancesport Australia Disability Support can be contacted here:
disabilitytraining@dancesport.org.au